

20th Diss Otters Open Sprint Meet

Level 3 Licence Open Meet (3ER171007)

Sportspark, UEA, Norwich, NR4 7TJ

15th October 2017

Please make sure you only enter events for which you have qualified. Qualifying Times listed are CUT OFF TIMES – you must not be faster than the cut off time. Just tick the events you wish to enter after you have discussed entry with your coach. If you do not have a time for the event you wish to enter, please get a time from your coach BEFORE submitting your entry form.

Under ASA Laws & Technical Rules

INDIVIDUAL ENTRY FORM			
FORENAME:		SURNAME:	
SQUAD:	CS / CA / CY	AGE (AS AT 15/10/17):	
SEX:		DATE OF BIRTH:	
EMAIL ADDRESS:			
TELEPHONE NO:			
ASA REGISTRATION NO			
EVENT	COST PER EVENT	Tick Entered Events	Coach Time if no previous time
50M FREESTYLE	£4.00		
100M FREESTYLE	£4.00		
50M BACKSTROKE	£4.00		
100M BACKSTROKE	£4.00		
50M BREASTSTROKE	£4.00		
100M BREASTSTROKE	£4.00		
50M BUTTERFLY	£4.00		
100M BUTTERFLY	£4.00		
200M IM	£4.00		
400 FREESTYLE	£4.00		
	TOTAL ENTRIES	x £4.00	£
	Admin Fee	@ £5.00	£ 5.00
	Total		£

CLOSING DATE FOR ENTRIES IS FRIDAY 18th AUGUST 2017

Please return this form to Debbie Robertson, 4 St George Loke, Sprowston, Norwich, NR7 8TJ, with a cheque made payable to: **City of Norwich Swimming Club Ltd**. Alternatively, put in the Hewitt Green Box or UEA mailbox. No Late entries will be accepted.