



East Swimming
2017 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend One - Luton
29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 111 Womens 200m Butterfly

Regional Records - Junior 2:14.39 Senior 2:12.96

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Mia LEECH	15	Co Peterboro	2:24.72	704	-	1:08.94	-
2.	Olivia NORMAN	15	Colchester	2:28.31	660	-	-	-
3.	Annabelle KITCHING	15	Chelmsford	2:30.74	631	32.84	1:10.01	1:50.40
4.	Millie WARD	15	Brentwood	2:31.40	623	-	-	-
5.	Katy CHAMBERS	15	St Felix Sch	2:31.61	621	32.63	1:10.85	1:52.24
6.	Zara KEEGAN	15	Co Cambridge	2:32.53	610	34.95	1:12.93	1:53.88
7.	Abbie MCCARTHY	15	Colchester	2:33.45	600	33.98	1:11.03	1:52.73
8.	Lauren THOMAS	15	C Beds SS	2:33.68	598	33.55	1:11.42	1:52.88
9.	Olivia SEAL	15	Hatfield	2:35.36	580	34.70	1:13.24	-
10.	Niamh PERRY	15	West Suffolk	2:35.75	575	-	-	-
11.	Jessica PENKUL	15	Bishop Stort	2:36.73	565	34.97	1:14.12	1:56.93
12.	Georgia PEASE	15	Basildon Ph	2:40.89	524	33.62	1:13.13	-
13.	Tia GARDINER	15	Chelmsford	2:44.25	492	34.13	1:14.58	2:00.14
14.	Amber HEAD	15	Rochford	2:44.44	491	34.49	1:15.10	2:00.51
15.	Rachael JOHNSON	15	West Norfolk	2:49.10	450	33.76	1:14.62	2:01.80
16.	Rosie MUSPRATT	15	West Norfolk	2:51.44	431	35.74	1:17.95	2:04.41
17.	Jennifer READ	15	West Norfolk	2:53.57	415	35.70	1:19.01	2:07.09
18.	Anya FLETCHER	15	Bishop Stort	2:57.36	387	-	1:17.10	-

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Poppy RICHARDSON	16	Co Peterboro	2:21.68	745	-	-	-
2.	Lauren HARRISON	16	Co Peterboro	2:29.45	646	32.87	1:10.50	1:50.51
3.	Isabelle MARSHALL	16	Basildon Ph	2:42.74	506	-	1:14.86	1:21.98
4.	Ellen NORTHWOOD	16	Berkhamsted	2:47.10	467	35.77	1:16.08	2:02.65
5.	Bethany BYRNE	16	Thurrock	2:47.81	461	36.11	1:17.01	2:02.66
6.	Hannah TAPLIN	16	Deben	2:52.69	422	37.66	1:18.92	2:03.52

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Shannon STOTT	17	Hatfield	2:20.87	756	31.23	1:05.95	1:43.19
2.	Philippa SHUTTLEWORTH	20	Hatfield	2:27.66	667	32.64	1:09.01	1:48.58
3.	Millie EMMANS	18	Co Cambridge	2:29.07	650	33.23	1:09.67	-
4.	Hannah MCNAUL	17	West Suffolk	2:30.55	633	32.31	1:09.48	1:49.52
5.	Danielle RAYNER	21	March	2:32.18	614	-	-	-
6.	Lauren GRICE	18	Leighton Buz	2:33.43	600	-	-	-
7.	Jessica FARROW	17	Hatfield	2:37.87	553	35.47	1:14.01	1:55.66
8.	Hannah CURRELL	18	Hitchin	2:38.64	546	-	-	-
9.	Georgina CURTIS	17	C Beds SS	2:39.27	539	33.65	1:10.30	1:52.76
10.	Madeleine CHAMBERS	17	St Felix Sch	2:39.58	536	34.56	1:14.72	1:56.77
11.	Alexia NABARRO	18	Putteridge	2:41.24	520	-	1:14.24	1:58.41
12.	Megan COOK	17	Harlow Pen	2:44.37	491	-	-	-
13.	Tegan WOLLASTON	18	Cheshunt	2:46.00	477	35.07	1:15.13	2:00.64
14.	Megan CLAYDON	17	Deben	2:46.04	476	33.78	1:14.27	1:59.57
15.	Ceri HEARD	18	Watford SC	2:46.16	475	35.56	1:15.61	2:00.39
16.	Peyton EWBANK	17	Norwich Swan	2:53.81	413	33.41	1:14.09	2:01.43
17.	Melissa ELEY	17	Chelmsford	2:54.56	407	35.51	1:16.98	2:05.19



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EVENT 112 Mens 50m Backstroke

Regional Records - Junior 27.54 Senior 25.95

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Samuel PERKS	15	Basildon Ph	28.49	719
2.	Jonathon ADAM	15	Co Cambridge	28.55	715
3.	Myles ROBINSON-YOUNG	15	Co Peterboro	29.31	666
4.	Manfred BATTLE	15	Stowmarket	29.59	649
5.	James COOPER	15	Basildon Ph	29.68	644
6.	Liam BRENNAN	15	Basildon Ph	29.76	639
7.	Jack TREMAIN	15	Modernian	29.82	635
8.	Jack BOWYER	15	West Suffolk	29.88	632
9.	Herbie KINDER	15	Co Peterboro	30.05	622
10.	Ismail RAHIM	15	Berkhamsted	30.61	591
11.	Edward CAMPFIELD	15	Harpenden	30.71	585
12.	Lewis MOORE	15	Deben	30.72	585
12.	Elliott DAY	15	teamipswich	30.72	585
14.	Matthew ROTHWELL	15	Co Peterboro	30.94	573
15.	Thomas CADENHEAD	15	Co St Albans	31.33	553
16.	Collins SALIBOKO	15	St Felix Sch	31.35	552
17.	Matthew ANDERSON	15	Deben	31.49	544
18.	Aidan HOWARD	15	Leiston	31.69	534
19.	Glenn HARRISON	15	Hitchin	31.78	530
20.	Elliott LEDGER	15	March	31.83	528
21.	Ben PARADISE	15	Basildon Ph	31.98	520
22.	Tommy CHANDLER	15	Gt Yarmouth	32.27	507
23.	Isaac BACHU	15	Diss Otters	32.38	501

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Thomas CLARE	16	teamipswich	28.01	751
2.	Daniel CHADA	16	Bishop Stort	28.79	699
3.	Joshua SMITH	16	DunmowAtlant	28.82	697
4.	Matthew TITMAN	16	Co Cambridge	29.42	659
5.	John BOYLE	16	DunmowAtlant	29.67	644
6.	Taylor BOWEN	16	West Suffolk	30.05	622
7.	Jack SANGSTER	16	Modernian	30.07	621
8.	Evan THOMAS-MANSFIELD	16	West Suffolk	30.30	608
9.	James CHENNELLS	16	Berkhamsted	30.35	605
10.	Charles WHYTE	16	West Suffolk	30.38	603
11.	Lewis BAYLEY	16	Southend	30.40	602
12.	Jude LIDDARD	16	Co St Albans	30.41	602
13.	Matteo TONTODONATI	16	Bishop Stort	30.42	601
14.	George HART	16	C Beds SS	30.46	599
15.	Marcus KEMP	16	Watford SC	30.51	596
16.	Harrison LEES	16	Watford SC	30.61	591
17.	Samuel WORTLEY	16	West Suffolk	30.65	588
18.	Callum WOLLASTON	16	Cheshunt	30.66	588
19.	Matthew TATUM	16	Diss Otters	30.79	581
20.	Jamie BRACKSTON	16	Hitchin	30.84	578
21.	Thomas STANBURY	16	Potters Bar	31.24	557
22.	Andrei GARE	16	Southend	31.25	557
23.	Charles RENNIE	16	Braintree	31.38	550
24.	Jacob CLARKE	16	West Suffolk	31.65	536

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Oliver FITT	18	St Ives	27.38	796
2.	Matthew GRAY	17	Co Peterboro	27.86	762
3.	Harry CONSTANTINE	17	Hatfield	27.88	760
4.	Samuel PEASE	18	Basildon Ph	27.96	755
5.	Ruben DEKKER	24	Co Cambridge	27.98	753
6.	Nathan WELLS	19	West Norfolk	28.00	752
7.	Cameron MANLEY	18	C Beds SS	28.05	748
8.	Jamie SCHOLLES	17	Co Peterboro	28.07	747
9.	Charlie POND THOMPSON	24	Hatfield	28.27	733
10.	Conor HARROLD	24	Basildon Ph	28.36	727
11.	Ryan KELLY	18	Chelmsford	28.39	725
12.	James WOODWARD	17	Potters Bar	28.71	704
13.	Liam CURRAN	19	Putteridge	28.92	691
14.	Elliott WYLIE	18	Hatfield	28.97	687
15.	Lucas DYSON-DIAZ	17	Hatfield	29.21	672
16.	Reece NICHOLLS	17	Basildon Ph	29.27	669
17.	Sam GAMBLE	18	Hitchin	29.45	657
18.	Ben POGSON	25	West Norfolk	29.51	654
19.	Jordan MANN	19	Norwich Swan	29.52	653
20.	Ignacio LARGHERO	18	Newmarket	29.53	653
21.	Thomas PICKERING	17	Linslade	29.57	650
22.	Dalton YALLOP	20	Beccles Town	29.62	647



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23. Samuel COTTEE	17	teamipswich	29.75	639
24. Harry FOX	18	Basildon Ph	30.06	621
25. Oliver KENNY	20	West Norfolk	30.11	619
26. Jake THOMAS-MANSFIELD	17	St Felix Sch	30.14	617
27. Michael JUDD	19	Dunstable	30.19	614
28. Louis SPONG	18	DunmowAtlant	30.26	610
29. Tyler BERRY	17	Basildon Ph	30.31	607
30. Michael LARDNER	18	St Ives	30.42	601
31. Thomas BOYT	18	Felixstowe	30.74	584



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Weekend One - Luton
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EVENT 113 Womens 50m Freestyle

Regional Records - Junior 26.57 Senior 26.09

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Mia MASPERS	15	teamipswich	27.02	765
2.	Macy LAWRENCE	15	Basildon Ph	27.31	744
3.	Rebecca WATT	15	DunmowAtlant	27.76	713
4.	Anna BLAKELEY	15	Co Peterboro	27.99	698
5.	Amie PHILPOT	15	teamipswich	28.00	697
6.	Abbie LOW	15	Chelmsford	28.16	686
7.	Rebecca STROUD	15	Brentwood	28.35	674
8.	Mackenzie WHYATT	15	Co Peterboro	28.41	670
9.	Emily LUSH	15	Cheshunt	28.45	668
10.	Lija RADZIUNAITE	15	Stowmarket	28.48	666
11.	Shona MCKENNA	15	Hemel Hemp	28.51	664
12.	Mia CARTER	15	Bishop Stort	28.52	663
13.	Megan PYE	15	UEA Norwich	28.58	659
14.	Keira FROSDICK	15	West Norfolk	28.63	656
15.	Grace LEECH	15	Gt Yarmouth	28.76	648
16.	Sarah CARROLL	15	Bishop Stort	28.82	645
17.	Emily JONES	15	Modernian	28.84	643
18.	Chloe MOLONEY	15	DunmowAtlant	28.85	643
19.	Amelia MONAGHAN	15	Co Peterboro	28.98	635
20.	Erin LEE	15	Basildon Ph	29.12	626
20.	Maisie EASTER	15	UEA Norwich	29.12	626
22.	Mia FURSEDONNE	15	Basildon Ph	29.19	622
23.	Olivia NORMAN	15	Colchester	29.20	622
24.	Nicole CHANDLER	15	teamipswich	29.24	619
24.	Lauren THOMAS	15	C Beds SS	29.24	619
26.	Hannah SHARP	15	Modernian	29.37	612
27.	Billie GRANT	15	Hatfield	29.39	610
28.	Ella TOLLIDAY	15	St Felix Sch	29.40	610
29.	India WESTON	15	Norfolk Vikg	29.52	603
30.	Fiona HOLMES	15	Watford SC	29.73	591
31.	Zara KEEGAN	15	Co Cambridge	29.74	590
32.	Freya LINES	15	St Felix Sch	29.95	579
33.	Madeline WRIGHT	15	UEA Norwich	29.98	577
34.	Millie WARD	15	Brentwood	30.05	573
35.	Memphis FLEMING	15	Runnymede	30.13	569
36.	Abbie MCCARTHY	15	Colchester	30.14	568
	Morgan COATES	15	West Norfolk	DQ	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Poppy RICHARDSON	16	Co Peterboro	28.29	678
2.	Sonia TUMIOTTO	16	St Felix Sch	28.36	673
3.	Chloe LENCE	16	Modernian	28.43	669
4.	Jessica MANSFIELD	16	Huntingdon	28.49	665
5.	Lauren WATT	16	Newmarket	28.51	664
6.	Amy PEMBERTON	16	Berkhamsted	28.82	645
7.	Celeste ANDREW	16	Harlow Pen	28.85	643
8.	Niamh ADCOCK	16	UEA Norwich	28.96	636
9.	Brianna MAZEY	16	Tring	29.06	630
10.	Phoebe HAYDEN	16	teamipswich	29.14	625
11.	Alice FENDER	16	Hemel Hemp	29.21	621
12.	Martine TRAN	16	Thurrock	29.22	620
13.	Angel DUNDERDALE	16	UEA Norwich	29.34	613
	Josie PRETIOUS-WHITE	16	Bishop Stort	DQ	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Martha DULEY	18	Colchester	26.64	793
2.	Mollie ALLEN	19	Co Peterboro	26.67	791
3.	Meghan MAYBANKS	17	DunmowAtlant	27.14	756
4.	Elinor DULEY	17	Colchester	27.32	743
5.	Bethany SAUNDERS	18	Co Peterboro	27.45	734
6.	Lauren SIMPKINS	19	Putteridge	27.49	732
7.	Rebecca SHERWIN	17	teamipswich	27.55	727
8.	Katrin HEIDER	25	Co Cambridge	27.72	716
9.	Rachel WELLINGS	17	Co Peterboro	27.85	707
10.	Molly OLLINGTON	19	West Suffolk	27.91	703
11.	Abigail WHITING	18	West Norfolk	27.96	700
12.	Rebecca BURTON	19	Co Peterboro	27.97	699
13.	Amy YOUNG	18	Bishop Stort	28.01	696
14.	Tara COLEMAN	21	Deben	28.11	690
15.	Agatha MALIKOVA	22	Co Cambridge	28.14	688
15.	Lauren HALL	18	Co Cambridge	28.14	688
17.	Lucy JESSOP	17	Brentwood	28.37	673



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18. Georgina TALLON	17 Potters Bar	28.38	672
19. Katie CONYERS	17 Potters Bar	28.40	671
19. Kioni BROOMFIELD	17 Dereham	28.40	671
21. Shannon STOTT	17 Hatfield	28.49	665
22. Jessica WESTLAKE	18 St Felix Sch	28.52	663
23. Jade BREWER	19 Leiston	28.56	661
24. Cathryn THOMSON	27 St Ives	28.71	651
25. Georgia HARROD	17 DunmowAtlant	28.94	637
26. Leanne CAREY	18 Watford SC	28.99	634
27. Amelia PEDDLE	17 Epping For't	29.00	634
28. Beatrice BARDER	18 Co St Albans	29.16	624
29. Faye HERMON	18 Felixstowe	29.43	608



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Weekend One - Luton
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EVENT 114 Mens 100m Breaststroke

Regional Records - Junior 1:07.00 Senior 1:01.42

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Reese HOUSDEN	15	Hatfield	1:11.36	634	32.98
2.	Joshua BRISTOW	15	Modernian	1:12.20	614	33.53
3.	Sam PERKINS	15	teamipswich	1:12.38	610	33.66
4.	Oliver CASHIN	15	Co Cambridge	1:12.47	608	34.74
5.	Lewis MOORE	15	Deben	1:12.63	604	35.17
5.	Ayotobi LAGUDA	15	Hatfield	1:12.63	604	-
7.	Adam HARDY	15	teamipswich	1:13.44	585	-
8.	Bryn COUSER	15	Bishop Stort	1:13.63	581	34.13
9.	Mal STAFF	15	UEA Norwich	1:14.52	561	36.28
10.	Liam BRENNAN	15	Basildon Ph	1:14.90	553	35.03
11.	Yannik WILSON	15	Harpenden	1:15.08	549	19.98
12.	Freddie SYMONDS	15	Team Luton	1:15.22	546	36.09
13.	Joseph COLDWELL	15	Hemel Hemp	1:16.09	528	35.11
14.	Tommy CHANDLER	15	Gt Yarmouth	1:16.46	521	37.05
15.	William HANDLEY	15	Stowmarket	1:16.80	514	36.04
16.	Henry PEARCE	15	Co Peterboro	1:16.97	511	-
17.	Callum HAROLD	15	Bishop Stort	1:17.29	504	36.52
18.	Benjamin HARVEY	15	Basildon Ph	1:17.56	499	37.09
19.	Tolu ELESIN	15	Potters Bar	1:17.57	499	36.40
20.	Jack MANSFIELD	15	Harlow Pen	1:17.64	498	36.91
21.	Kieran MCCARTHY	15	Co St Albans	1:17.71	496	34.95
22.	Jack WILLIAMS	15	Basildon Ph	1:18.01	491	35.35
23.	Dominic MCCARTHY	15	Hoddesdon	1:18.13	488	35.86
24.	Silvester HAVRILLAY	15	Harlow Pen	1:18.20	487	36.17
25.	Evan TAYLOR	15	St Ives	1:18.53	481	36.60
26.	Mason HUNNISETT	15	Basildon Ph	1:18.94	473	37.03
27.	Sam MEAD	15	Dunstable	1:19.14	470	37.67
28.	Kai BORROMEO	15	Modernian	1:19.26	467	37.81

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Charles RAYNER	16	Hatfield	1:08.02	722	32.88
2.	Ralph MUNCER	16	Co St Albans	1:10.00	669	32.71
3.	Samuel BRYAN	16	Basildon Ph	1:10.29	661	33.28
4.	Cole JAMES	16	Hatfield	1:10.92	645	33.36
5.	Jack RICHES	16	UEA Norwich	1:14.17	569	34.76
6.	Maxim DE WILDT	16	Co Cambridge	1:14.32	566	34.58
7.	Taylor BOWEN	16	West Suffolk	1:14.73	557	-
7.	Joseph RICHARDSON	16	Harpenden	1:14.73	557	34.17
9.	Charles RENNIE	16	Braintree	1:14.94	552	35.01
10.	Nathan SWIFT	16	Putteridge	1:15.10	549	35.08
11.	Samuel SKUSE	16	Beccles Town	1:15.25	546	35.39
12.	Matthew WOULDHAM	16	Co Peterboro	1:15.36	543	35.86
13.	Conor FERGUSON	16	C Beds SS	1:15.55	539	34.92
14.	Marcus KEMP	16	Watford SC	1:15.64	538	36.16
15.	Raffaele GRACI	16	Putteridge	1:16.71	516	34.32
16.	Oliver HARRIS	16	West Norfolk	1:17.17	507	34.87
17.	Lewis BAYLEY	16	Southend	1:17.43	502	36.77
18.	Samuel GAINES	16	Hemel Hemp	1:17.95	492	37.13
19.	George HART	16	C Beds SS	1:18.47	482	-
20.	Thomas HAMILTON	16	Royston	1:18.54	481	36.46
	William RICHARDS	16	Dunstable	DQ		

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Lawrence PALMER	25	Putteridge	1:05.15	807	30.31
2.	Brandon NABARRO	20	Putteridge	1:07.04	750	31.50
3.	Nathan HUGHES	17	Hatfield	1:07.26	743	31.76
4.	Cameron MANLEY	18	C Beds SS	1:07.31	742	31.28
5.	Benjamin ARKLE	18	Co Cambridge	1:07.82	727	-
6.	Thomas WIGGINS	18	Co Peterboro	1:09.29	687	32.32
7.	Robin TURNER	17	Bishop Stort	1:09.51	681	32.59
8.	David SHIPMAN	17	Potters Bar	1:09.55	680	31.74
9.	William LOVEMAN	17	Co St Albans	1:10.52	655	33.66
10.	Finlay RYAN	18	Norwich Swan	1:10.58	654	33.92
11.	Jordan BATSON	21	Putteridge	1:10.66	652	-
12.	Ole MILLS	18	Halstead	1:10.67	652	33.45
12.	Jack CHRISTIE	19	Hemel Hemp	1:10.67	652	31.79
14.	Jack PICKERING	19	teamipswich	1:11.11	641	33.81
15.	Samuel PEASE	18	Basildon Ph	1:11.29	636	33.14
16.	Alex FLORANCE	17	West Norfolk	1:11.38	634	33.30
17.	Samuel COTTEE	17	teamipswich	1:11.39	634	-



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18. Christopher GREENHALGH	21	West Suffolk	1:11.46	632	33.92
19. Daniel HURST	18	Berkhamsted	1:11.97	620	33.82
20. Luke BRYAN	17	West Norfolk	1:12.02	618	33.79
21. Harry WAGNER	19	Newmarket	1:12.08	617	33.67
22. Christopher SEARLE	25	Dereham	1:12.14	616	33.25
23. Kyle PANTON	22	DunmowAtlant	1:13.11	593	34.38
24. Nathan WELLS	19	West Norfolk	1:13.18	591	34.41
25. Ryan JARVIS	18	Putteridge	1:13.19	591	-
26. Spencer PRIOR	18	Colchester	1:13.21	591	34.21
27. Jack FILER	19	Berkhamsted	1:13.74	579	33.74
28. Joseph COLLINS	18	Bishop Stort	1:13.76	578	35.08
29. Matthew GRAY	17	Co Peterboro	1:13.98	573	35.48
30. Sydney NEWNHAM-STEBBIN	18	Lstof & OB	1:14.66	558	34.67
31. Nicholas MITCHELL	18	Colchester	1:14.72	557	34.74
32. Matthew MCLAUGHLIN	24	DunmowAtlant	1:14.92	553	34.85
Myles TURNER	17	West Suffolk	DQ		
Georgios NIKOLAKOUDIS	20	Co Cambridge	DQ		



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Weekend One - Luton
29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 115 Womens 200m Breaststroke

Regional Records - Junior 2:34.33 Senior 2:31.43

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Amelia MONAGHAN	15	Co Peterboro	2:38.20	779	36.00	1:16.10	1:58.01
2.	Sophie PAYNE	15	Hatfield	2:43.34	717	-	1:19.02	-
3.	Keira FROSDICK	15	West Norfolk	2:44.26	706	36.05	1:17.70	2:01.03
4.	Vejune PETRAITYTE	15	Basildon Ph	2:46.78	678	36.93	1:19.41	2:03.95
5.	Aoife MARLEY	15	Witham Dolph	2:49.53	649	39.67	1:21.86	2:07.26
6.	India WESTON	15	Norfolk Vikg	2:50.30	641	39.12	1:21.62	-
7.	Lauren SCOTT	15	Chelmsford	2:54.36	600	39.44	1:22.74	-
8.	Kristin QUIGLEY	15	Modernian	2:54.97	594	40.26	1:25.51	-
9.	Zara KEEGAN	15	Co Cambridge	2:55.16	592	41.06	1:24.77	2:11.17
10.	Freya LINES	15	St Felix Sch	2:55.72	587	38.63	1:23.33	2:10.22
11.	Sonja LOWDON	15	Hitchin	2:56.85	576	40.17	1:23.81	2:11.14
12.	Eloise BAILEY	15	Modernian	2:56.88	576	41.23	1:24.98	2:11.70
13.	Rebecca WEST	15	Thurrock	2:56.97	575	39.08	1:23.04	2:10.01
14.	Nia JORDAN	15	Hatfield	2:57.53	570	40.87	1:24.94	2:12.05
15.	Amber HEAD	15	Rochford	2:58.03	565	40.88	1:25.98	2:12.19
16.	Nicole CHANDLER	15	teampipswich	2:58.71	559	41.03	1:26.24	2:13.94
17.	Georgia PURKIS	15	Hemel Hemp	2:59.20	555	40.21	1:25.63	2:12.83
18.	Grace MIDDLETON	15	Co Cambridge	3:00.91	540	40.03	1:25.85	2:14.77
19.	Rosie MUSPRATT	15	West Norfolk	3:01.03	539	-	1:25.82	-
20.	Rachael JOHNSON	15	West Norfolk	3:01.55	534	42.13	1:27.26	2:16.21
21.	Livia BROOKES	15	Co Cambridge	3:01.83	532	41.12	1:26.67	2:15.04
22.	Rebecca GROGAN	15	C Beds SS	3:02.26	528	41.69	1:28.81	2:15.25
23.	Katherine DAYNES	15	Halstead	3:04.61	508	-	1:27.39	2:17.29
24.	Victoria BRAKENBURY	15	Hitchin	3:08.47	478	39.30	1:26.03	2:16.84
25.	Eleanor GALVIN	15	Co St Albans	3:13.66	439	42.35	1:29.76	2:21.49

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Lauren HARRISON	16	Co Peterboro	2:40.15	755	36.87	1:17.68	1:59.53
2.	Abigail HURST	16	Berkhamsted	2:46.04	686	36.96	1:18.17	2:02.30
3.	Honey HARVEY	16	Gt Yarmouth	2:46.42	682	38.11	1:19.28	2:04.12
4.	Alara NORTON	16	Hatfield	2:48.05	664	-	1:18.80	-
5.	Celyn WALMSLEY	16	Team Luton	2:48.95	655	38.65	1:20.89	2:04.27
6.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	2:53.04	613	40.34	1:23.58	2:09.26
7.	Katie LINES	16	Lstof & OB	2:53.86	605	38.75	1:22.86	2:08.00
8.	Lauren WATT	16	Newmarket	2:54.99	594	38.22	1:21.37	2:08.34
9.	Rebecca MERRILL	16	Norwich Swan	2:56.79	577	-	1:24.59	-
10.	Maia MCPHERSON Molly LEE	16 16	Witham Dolph West Norfolk	2:59.14 DNF	555	40.76	1:26.53	2:13.63

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Rebecca BURTON	19	Co Peterboro	2:37.06	793	34.80	1:14.28	1:55.51
2.	Natalie COOGANS	20	West Norfolk	2:41.24	741	37.36	1:18.39	-
3.	Louise BUSH	26	UEA Norwich	2:43.57	714	-	1:16.89	-
4.	Laura COPPING	17	Hatfield	2:46.01	687	38.67	1:19.22	2:03.67
5.	Cira FLETCHER	19	Bishop Stort	2:46.47	681	37.81	1:20.15	2:04.16
6.	Amber HUGHES	18	Hatfield	2:47.97	665	38.90	1:21.30	2:04.36
7.	Hannah MCNAUL	17	West Suffolk	2:51.13	632	38.74	1:21.72	2:06.88
8.	Olivia NICOLAI	17	West Suffolk	2:52.83	615	39.53	1:22.04	2:08.24
9.	Rachel ROBINSON	17	UEA Norwich	2:53.74	606	-	1:22.15	2:09.09
10.	Georgina CURTIS	17	C Beds SS	2:55.05	593	-	1:20.79	2:07.82
11.	Emily SELLEN	18	Watford SC	2:55.20	592	38.33	1:22.72	2:09.48
12.	Juliet MERELIE	19	Harpندن	2:55.56	588	40.28	1:24.49	2:10.39
13.	Faith GREEN	17	Co St Albans	2:56.28	582	38.87	1:21.44	2:08.45
14.	Emily BIGGS	18	Co Cambridge	2:56.33	581	39.66	1:23.62	2:10.37
15.	Elise CRICK	17	Putteridge	2:58.06	565	40.15	1:24.75	2:13.25
16.	Olivia SMITH-LAL	19	Harlow Pen	2:58.68	560	38.91	1:24.79	2:11.88
17.	Lucy JESSOP	17	Brentwood	2:59.73	550	38.75	1:22.91	2:10.50
18.	Elinor DULEY	17	Colchester	2:59.78	550	41.64	1:27.66	2:14.98
19.	Megan WICKHAM	17	Bishop Stort	2:59.91	549	41.05	1:25.67	2:12.39
20.	Annabel HEYWOOD	17	West Suffolk	3:00.23	546	41.13	1:25.37	2:12.98
21.	Caitlin MASCALL	17	Harlow Pen	3:00.33	545	-	1:23.50	-
22.	Lucy PARK	21	Watford SC	3:00.89	540	41.48	1:26.83	2:13.76
23.	Amie COPP	18	Thefford	3:02.79	524	40.13	1:25.41	2:13.69
24.	Jessica FARROW	17	Hatfield	3:02.91	523	41.21	1:26.86	2:15.00



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Weekend One - Luton
29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 116 Mens 100m Butterfly

Regional Records - Junior 58.09 Senior 54.57

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Manfred BATTLE	15	Stowmarket	1:00.61	650	28.55
2.	Collins SALIBOKO	15	St Felix Sch	1:00.69	648	29.50
3.	Oliver REEK	15	UEA Norwich	1:01.58	622	30.02
4.	Mason HUNNISETT	15	Basildon Ph	1:01.62	621	29.31
5.	Elliott DAY	15	teamipswich	1:02.20	605	30.16
5.	Jack BOWYER	15	West Suffolk	1:02.20	605	29.73
7.	Samuel PERKS	15	Basildon Ph	1:03.02	583	29.92
8.	Angus HARROW	15	Harpenden	1:03.43	572	29.31
9.	Ismail RAHIM	15	Berkhamsted	1:03.49	571	29.56
10.	Jake MOXHAM	15	Co Cambridge	1:03.51	570	29.76
11.	James COOPER	15	Basildon Ph	1:04.22	552	29.58
12.	Ayotobi LAGUDA	15	Hatfield	1:05.11	530	30.16
13.	Benjamin HARVEY	15	Basildon Ph	1:06.10	507	31.43
14.	Adam HARDY	15	teamipswich	1:06.70	494	31.27
15.	Logan PYLE	15	West Suffolk	1:07.28	481	30.89
16.	Tolu ELESIN	15	Potters Bar	1:08.98	445	-
17.	Cameron DAY	15	Diss Otters	1:11.17	404	31.78

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Matthew TITMAN	16	Co Cambridge	59.31	689	28.19
2.	Taylor BOWEN	16	West Suffolk	1:00.10	665	29.13
3.	Charles RAYNER	16	Hatfield	1:00.43	655	28.01
4.	Thomas CLARE	16	teamipswich	1:00.61	650	28.24
5.	James CHENNELLS	16	Berkhamsted	1:02.16	606	-
6.	Joshua SMITH	16	DunmowAtlant	1:02.22	604	28.68
7.	James MCFARLAND	16	C Beds SS	1:02.75	590	29.76
8.	Samuel BRYAN	16	Basildon Ph	1:02.77	590	-
9.	Harrison LEES	16	Watford SC	1:02.95	585	29.34
10.	Jude LIDIARD	16	Co St Albans	1:03.08	581	29.29
11.	Charles WHYTE	16	West Suffolk	1:03.53	570	29.88
12.	Callum WOLLASTON	16	Cheshunt	1:03.77	564	31.22
13.	Samuel GAINES	16	Hemel Hemp	1:03.96	559	30.13
14.	Andrei GARE	16	Southend	1:04.05	556	-
15.	Thomas ALLISON	16	Newmarket	1:05.24	527	30.67
16.	John TELENSKY	16	Harpenden	1:05.79	514	30.00

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Karl BATORSKI	29	Harlow Pen	57.67	742	26.18
2.	Sonny TRIGG	22	teamipswich	58.44	717	27.66
3.	Nathan HUGHES	17	Hatfield	58.71	708	28.21
4.	Conor HARROLD	24	Basildon Ph	58.73	707	27.12
5.	James WOODWARD	17	Potters Bar	58.93	701	27.85
6.	Dominic SCIFO	18	teamipswich	59.10	696	27.32
7.	Harry WHITEMAN	17	Co Peterboro	59.15	694	28.87
8.	Liam CURRAN	19	Putteridge	59.24	691	27.91
9.	Edward CASTRO	29	Harpenden	59.56	681	28.39
10.	Oliver NEWTON	18	West Norfolk	59.60	680	28.18
11.	Liam BARNETT	30	Co Cambridge	59.76	675	27.38
12.	Daniel LEIGH	18	Co Peterboro	1:00.22	661	28.15
13.	Lucas DYSON-DIAZ	17	Hatfield	1:00.23	661	27.76
14.	Mason ARNOLD	20	Harlow Pen	1:00.28	660	27.88
15.	Jake THOMAS-MANSFIELD	17	St Felix Sch	1:00.35	658	28.66
16.	Callum DAVIS	17	Bishop Stort	1:00.44	655	27.75
17.	Luke SUGDEN	18	Hatfield	1:00.80	644	28.29
18.	Christopher MURPHY	21	C Beds SS	1:00.86	643	27.81
19.	Harry JONES	17	Hitchin	1:01.22	632	27.80
20.	Callum CHAPPLE	21	Team Luton	1:01.40	627	29.39
21.	Oliver KENNY	20	West Norfolk	1:02.18	605	29.11
22.	Ashley HOLNESS-WRIGHT	21	Watford SC	1:02.24	604	28.45
23.	Adam MARTIN	17	Potters Bar	1:02.28	603	28.65
24.	Spencer PRIOR	18	Colchester	1:02.48	597	29.02
25.	Louis SPONG	18	DunmowAtlant	1:02.53	596	29.02
26.	Reece NICHOLLS	17	Basildon Ph	1:02.96	585	29.89
27.	Kevin PICKARD	29	Hatfield	1:03.23	577	28.47
28.	Joseph WELLS	18	West Norfolk	1:03.88	561	28.68



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Weekend One - Luton

29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 117 Womens 400m Freestyle

Regional Records - Junior 4:12.51 Senior 4:12.51

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Tia WILSON	15	Modernian	4:30.51	771
	50m 30.49	100m 1:03.35	150m 1:37.18	200m 2:11.27	250m 2:46.30
				300m 3:21.25	350m 3:56.93
				400m 4:30.51	
2.	Abbie LOW	15	Chelmsford	4:30.70	770
	50m 30.48	100m 1:03.64	150m 1:38.31	200m 2:13.13	250m 2:48.49
				300m 3:24.14	350m 3:59.02
				400m 4:30.70	
3.	Mia LEECH	15	Co Peterboro	4:30.74	769
	50m 31.60	100m 1:05.80	150m 1:40.78	200m 2:15.20	250m 2:49.13
				300m 3:23.51	350m 3:57.41
				400m 4:30.74	
4.	Ellie WHEELER	15	Basildon Ph	4:32.01	760
	50m 31.21	100m 1:05.43	150m 1:40.06	200m 2:14.62	250m 2:49.38
				300m 3:23.99	350m 3:58.95
				400m 4:32.01	
5.	Mackenzie WHYATT	15	Co Peterboro	4:35.74	734
	50m 31.35	100m 1:05.44	150m 1:41.16	200m 2:16.31	250m 2:51.60
				300m 3:26.64	350m 4:01.80
				400m 4:35.74	
6.	Charlotte WALKER	15	UEA Norwich	4:36.25	730
	50m 30.48	100m 1:05.04	150m 1:40.12	200m 2:15.75	250m 2:50.77
				300m 3:26.02	350m 4:01.87
				400m 4:36.25	
7.	Billie GRANT	15	Hatfield	4:37.81	720
	50m 31.90	100m 1:07.33	150m 1:42.82	200m 2:18.83	250m 2:53.61
				300m 3:29.32	350m 4:03.61
				400m 4:37.81	
8.	Mia CARTER	15	Bishop Stort	4:38.91	712
	50m 31.74	100m 1:06.16	150m 1:40.91	200m 2:16.00	250m 2:51.55
				300m 3:27.17	350m 4:03.42
				400m 4:38.91	
9.	Erin LEE	15	Basildon Ph	4:39.96	705
	50m 31.99	100m 1:06.95	150m 1:42.77	200m 2:18.34	250m 2:54.16
				300m 3:30.30	350m -
				400m 4:39.96	
10.	Natasha BENTLEY	15	Hatfield	4:40.41	702
	50m 32.36	100m 1:07.73	150m 1:43.08	200m 2:19.26	250m -
				300m 3:30.42	350m 4:05.78
				400m 4:40.41	
11.	Annabelle KITCHING	15	Chelmsford	4:42.32	689
	50m 33.14	100m 1:08.33	150m 1:44.56	200m 2:20.57	250m 2:56.77
				300m 3:32.31	350m 4:08.20
				400m 4:42.32	
12.	Katy CHAMBERS	15	St Felix Sch	4:43.05	685
	50m 32.09	100m 1:06.72	150m 1:42.21	200m 2:18.22	250m 2:54.80
				300m 3:30.87	350m 4:07.72
				400m 4:43.05	
13.	Ellie RUNNALLS	15	DunmowAtlant	4:44.16	678
	50m 32.36	100m 1:07.97	150m 1:44.13	200m 2:20.29	250m 2:56.94
				300m 3:33.37	350m 4:09.53
				400m 4:44.16	
14.	Megan PYE	15	UEA Norwich	4:44.39	676
	50m 31.77	100m 1:07.14	150m 1:43.29	200m 2:19.20	250m 2:55.82
				300m 3:32.57	350m 4:09.57
				400m 4:44.39	
15.	Chloe MOLONEY	15	DunmowAtlant	4:44.86	673
	50m 31.62	100m 1:06.97	150m 1:43.34	200m 2:19.82	250m 2:56.66
				300m 3:32.91	350m 4:09.46
				400m 4:44.86	
16.	Tia GARDINER	15	Chelmsford	4:48.08	653
	50m 32.03	100m 1:08.23	150m 1:44.37	200m 2:21.02	250m 2:57.69
				300m 3:34.50	350m 4:11.83
				400m 4:48.08	
17.	Georgia PURKIS	15	Hemel Hemp	4:49.24	646
	50m 32.50	100m 1:08.30	150m 1:44.87	200m 2:21.87	250m 2:58.71
				300m 3:35.90	350m 4:13.05
				400m 4:49.24	
18.	Sarah CARROLL	15	Bishop Stort	4:50.03	641
	50m 32.81	100m 1:08.97	150m 1:45.55	200m 2:22.59	250m 2:59.36
				300m 3:36.87	350m 4:13.98
				400m 4:50.03	
19.	Sophie PAYNE	15	Hatfield	4:50.41	639
	50m 33.69	100m 1:09.73	150m 1:46.98	200m 2:24.60	250m 3:01.46
				300m 3:38.69	350m 4:15.51
				400m 4:50.41	
20.	Freya WRIGHT	15	West Suffolk	4:51.28	633
	50m 31.63	100m 1:07.61	150m 1:44.58	200m 2:21.63	250m 2:59.56
				300m 3:37.63	350m 4:15.20
				400m 4:51.28	
21.	Lauren STOTT	15	Hatfield	4:55.29	610
	50m 32.41	100m 1:08.71	150m 1:46.14	200m 2:24.09	250m 3:00.24
				300m 3:38.39	350m 4:16.49
				400m 4:55.29	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Chloe LENCE	16	Modernian	4:30.55	771
	50m 30.72	100m 1:03.42	150m 1:37.98	200m 2:12.88	250m 2:47.73
				300m 3:22.32	350m 3:57.54
				400m 4:30.55	
2.	Poppy RICHARDSON	16	Co Peterboro	4:39.13	711
	50m 30.85	100m 1:04.80	150m 1:40.34	200m 2:15.91	250m 2:51.62
				300m 3:27.56	350m 4:03.77
				400m 4:39.13	
3.	Sonia TUMIOTTO	16	St Felix Sch	4:39.36	709
	50m 31.42	100m 1:05.24	150m 1:40.05	200m 2:15.66	250m 2:50.77
				300m 3:26.87	350m 3:42.39
				400m 4:39.36	
4.	Sophie TAYLOR	16	St Felix Sch	4:41.61	694
	50m 30.99	100m 1:04.83	150m 1:40.31	200m 2:16.35	250m 2:52.59
				300m 3:29.41	350m 4:06.10
				400m 4:41.61	
5.	Lauren HARRISON	16	Co Peterboro	4:43.80	680
	50m 32.39	100m 1:07.95	150m 1:44.51	200m 2:20.34	250m 2:56.45
				300m 3:32.85	350m 4:09.18
				400m 4:43.80	
6.	Alice FENDER	16	Hemel Hemp	4:45.20	671
	50m 30.85	100m 1:05.83	150m 1:41.54	200m 2:18.02	250m 2:54.50
				300m 3:31.43	350m 4:08.62
				400m 4:45.20	
7.	Tilly ANEMA	16	Norwich Swan	4:47.69	655
	50m 31.95	100m 1:07.51	150m 1:44.38	200m 2:20.77	250m 2:57.21
				300m 3:34.22	350m 4:11.64
				400m 4:47.69	
8.	Isabelle MARSHALL	16	Basildon Ph	4:50.01	641
	50m 32.06	100m 1:06.59	150m 1:43.16	200m 2:19.57	250m 2:57.46
				300m 3:34.97	350m 4:13.79
				400m 4:50.01	
9.	Amy PEMBERTON	16	Berkhamsted	4:57.27	598
	50m 32.27	100m 1:08.66	150m 1:47.08	200m 2:25.29	250m 3:03.88
				300m 3:43.02	350m 4:21.71
				400m 4:57.27	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Rebecca SHERWIN	17	teampswich	4:25.74	807
	50m 29.90	100m 1:02.48	150m 1:35.65	200m 2:09.29	250m 2:42.87
				300m 3:17.31	350m 3:52.12
				400m 4:25.74	
2.	Chantal SMITH	17	Team Luton	4:29.78	776
	50m 30.60	100m 1:04.21	150m 1:38.27	200m 2:12.79	250m 2:47.13
				300m 3:22.32	350m 3:56.52
				400m 4:29.78	
3.	Millie EMMANS	18	Co Cambridge	4:32.43	757
	50m 30.31	100m 1:03.12	150m 1:37.51	200m 2:12.25	250m 2:47.56
				300m 3:22.97	350m 3:58.25
				400m 4:32.43	



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Weekend One - Luton
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4.	Amber HUGHES	18	Hatfield	4:34.56	742				
	50m 32.01	100m 1:06.58	150m 1:41.07	200m 2:16.17	250m 2:50.36	300m 3:25.20	350m 4:00.01	400m 4:34.56	
5.	Emily DOWDING	19	teamipswich	4:36.64	728				
	50m 31.31	100m 1:05.56	150m 1:40.67	200m 2:16.05	250m 2:51.16	300m 3:26.75	350m 4:02.34	400m 4:36.64	
6.	Martha DULEY	18	Colchester	4:38.48	715				
	50m 30.32	100m 1:05.30	150m 1:41.13	200m 2:16.34	250m 2:52.04	300m 3:27.65	350m 4:03.57	400m 4:38.48	
7.	Jessica WESTLAKE	18	St Felix Sch	4:41.13	697				
	50m 30.87	100m 1:05.06	150m 1:40.29	200m 2:15.74	250m 2:51.71	300m 3:27.75	350m 4:04.75	400m 4:41.13	
8.	Abigail WHITING	18	West Norfolk	4:42.08	691				
	50m 32.08	100m 1:06.43	150m 1:42.35	200m 2:17.74	250m 2:53.48	300m 3:29.16	350m 4:06.15	400m 4:42.08	
9.	Lauren GRICE	18	Leighton Buz	4:45.50	669				
	50m 31.34	100m 1:06.19	150m 1:42.06	200m 2:18.26	250m 2:54.83	300m 3:31.76	350m 4:09.41	400m 4:45.50	
10.	Tegan WOLLASTON	18	Cheshunt	4:47.42	657				
	50m 32.85	100m 1:08.50	150m 1:44.79	200m 2:21.13	250m 2:57.67	300m 3:34.48	350m 4:11.52	400m 4:47.42	



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(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Luton
29th, 30th April, & 1st May 2017
 (Licensed Meet No. 1ER170219)

EVENT 121 Womens 200m Backstroke

Regional Records - Junior 2:13.81 Senior 2:11.47

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Olivia NORMAN	15	Colchester	2:23.14	745	33.23	1:09.25	1:46.71
2.	Amelia MONAGHAN	15	Co Peterboro	2:26.54	700	34.18	1:11.19	1:49.42
3.	Ellie WHEELER	15	Basildon Ph	2:26.65	699	35.17	1:12.28	1:50.10
4.	Lara-Grace MOUNT	15	West Norfolk	2:26.97	695	33.92	1:11.16	1:49.83
5.	Abbie LOW	15	Chelmsford	2:27.33	690	34.20	1:11.61	1:50.09
6.	Scarlett MORINE	15	Chelmsford	2:27.76	685	34.34	1:11.29	1:50.05
7.	Lija RADZIUNAITE	15	Stowmarket	2:28.21	680	33.52	1:11.93	1:51.20
8.	Lauren STOTT	15	Hatfield	2:28.63	674	34.58	1:12.46	1:50.47
9.	Megan PYE	15	UEA Norwich	2:30.83	648	34.43	1:12.47	1:52.01
10.	Emma SHOEBERT	15	C Beds SS	2:30.99	646	35.67	1:14.50	1:53.48
11.	Maisie EASTER	15	UEA Norwich	2:31.06	645	34.80	1:13.98	1:53.21
12.	Emily JONES	15	Modernian	2:31.07	645	35.18	1:13.68	1:52.93
13.	Rebecca WEST	15	Thurrock	2:31.30	642	34.81	1:12.63	1:51.62
14.	Anya FLETCHER	15	Bishop Stort	2:31.50	640	35.62	1:13.94	1:53.42
15.	Annabelle KITCHING	15	Chelmsford	2:31.61	639	36.83	1:15.12	1:53.55
16.	Francesca COLLINS	15	Chelmsford	2:32.00	634	34.60	1:12.62	1:52.94
17.	Anna BLAKELEY	15	Co Peterboro	2:32.04	634	34.38	1:12.57	1:52.60
18.	Tia GARDINER	15	Chelmsford	2:32.18	632	35.10	1:13.70	1:53.68
19.	Tia WILSON	15	Modernian	2:33.32	619	37.03	1:15.69	1:55.01
20.	Mackenzie WHYATT	15	Co Peterboro	2:33.68	615	34.98	1:13.76	1:53.85
21.	Amber HILL	15	Linslade	2:34.41	607	35.39	1:14.28	1:54.75
22.	Ella TOLLIDAY	15	St Felix Sch	2:34.67	604	35.52	1:14.69	1:54.78
23.	Almudena VISSER VELEZ	15	Co Cambridge	2:34.96	601	37.03	1:16.18	1:56.75
24.	Emma HOWITT	15	Modernian	2:35.01	601	36.69	1:15.63	1:55.31
25.	Freya LINES	15	St Felix Sch	2:35.20	599	35.99	1:15.20	1:55.79
26.	Lauren THOMAS	15	C Beds SS	2:35.30	597	35.79	1:15.33	1:55.45
27.	Tori WESTON	15	Co St Albans	2:35.73	593	35.72	1:14.85	1:55.60
28.	Rachael JOHNSON	15	West Norfolk	2:36.44	585	36.38	1:16.03	1:57.05
29.	Georgia PEASE	15	Basildon Ph	2:36.46	585	36.28	1:16.05	1:56.42
30.	Amber JORDAN	15	Colchester	2:36.90	580	36.03	1:14.83	1:56.16
31.	Molly PEACOCK	15	West Suffolk	2:36.95	580	36.09	1:15.16	1:56.10
32.	Shona MCKENNA	15	Hemel Hemp	2:37.75	571	35.67	1:15.20	1:56.81
33.	Eleanor GALVIN	15	Co St Albans	2:39.51	554	37.01	1:17.16	1:58.64
34.	Amber HEAD	15	Rochford	2:40.89	540	38.11	1:18.62	2:00.31
35.	Hannah ADAMS	15	Co Cambridge	2:42.50	524	36.60	1:17.14	1:59.93
36.	Emily RAYDEN	15	Co St Albans	2:45.19	499	37.16	1:18.96	2:02.27

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Niamh JAMES	16	Bishop Stort	2:25.04	720	34.01	1:10.67	1:48.77
2.	Emma LESLIE	16	Co Peterboro	2:26.61	700	33.85	1:11.41	1:49.05
3.	Grace WYLIE	16	Hatfield	2:27.57	687	34.02	1:10.91	1:48.74
4.	Claire BURRELL	16	Harpenden	2:28.89	671	33.85	1:10.96	1:49.64
5.	Tilly ANEMA	16	Norwich Swan	2:31.29	643	35.21	1:13.48	1:52.75
6.	Celyn WALMSLEY	16	Team Luton	2:31.68	638	35.91	1:13.75	1:52.55
7.	Emily GREEN	16	Brentwood	2:33.31	619	34.74	1:13.29	1:53.31
8.	Sophie TAYLOR	16	St Felix Sch	2:33.43	618	36.30	1:15.06	1:54.92
9.	Chloe LENCE	16	Modernian	2:33.45	618	35.27	1:14.36	1:54.37
10.	Bailey WILKES	16	Hatfield	2:33.92	613	35.86	1:15.18	1:54.95
11.	Sonia TUMIOTTO	16	St Felix Sch	2:34.43	607	38.08	1:17.51	1:56.90
12.	Agnes BURNS	16	Harpenden	2:34.84	602	36.08	1:16.15	1:56.18
13.	Megan SAMUELS	16	Chelmsford	2:36.91	580	35.89	1:14.80	1:56.36
14.	Eleanor WHITE	16	Linslade	2:37.17	578	36.78	1:16.12	1:57.42
15.	Hannah TAPLIN	16	Deben	2:37.82	571	37.74	1:17.92	1:58.75
16.	Molly BRADLEY	16	Tring	2:40.44	544	35.52	1:15.45	1:57.54
17.	Martine TRAN	16	Thurrock	2:41.28	536	36.21	1:16.39	1:59.68
	Bleu WILDMAN	16	Putteridge	DQ				

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Rachel WELLINGS	17	Co Peterboro	2:17.11	831	31.86	1:05.89	1:41.30
2.	Bethany SAUNDERS	17	Co Peterboro	2:19.13	801	32.95	1:08.07	1:43.35
3.	Rebecca SHERWIN	17	teamipswich	2:20.11	787	33.26	1:08.46	1:44.59
4.	Martha DULEY	18	Colchester	2:20.56	781	32.20	1:07.91	1:44.53
5.	Philippa SHUTTLEWORTH	20	Hatfield	2:23.33	742	34.25	1:10.35	1:46.98
6.	Emily DOWDING	19	teamipswich	2:24.92	721	32.73	1:09.22	1:47.46
7.	Danielle RAYNER	21	March	2:25.55	713	33.78	1:10.31	1:48.83
8.	Amelia PEDDLE	17	Epping Fort	2:26.73	698	33.87	1:10.95	1:49.04
9.	Lauren HALL	18	Co Cambridge	2:29.13	668	34.65	1:12.11	1:50.78
10.	Amber HUGHES	18	Hatfield	2:30.77	649	35.94	1:14.13	1:38.32
11.	Kioni BROOMFIELD	17	Dereham	2:31.33	642	35.57	1:14.13	1:53.24
12.	Francesca CROCKER	17	St Ives	2:33.34	619	34.94	1:13.57	1:54.09
13.	Eleanor KING	17	Dunstable	2:34.05	611	34.66	1:13.17	1:53.35
14.	Sophie BURNS	17	Watford SC	2:34.41	607	36.53	1:15.42	1:55.69
15.	Evie BANHAM	17	Leiston	2:37.31	576	35.83	1:15.66	1:57.24



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EVENT 122 Mens 100m Freestyle

Regional Records - Junior 51.55 Senior 48.48

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Reese HOUSDEN	15	Hatfield		53.65	744	26.02
2.	Jake MOXHAM	15	Co Cambridge		54.02	731	26.36
3.	Myles ROBINSON-YOUNG	15	Co Peterboro		54.58	711	26.34
4.	Ayotobi LAGUDA	15	Hatfield		54.79	704	26.01
5.	Jonathon ADAM	15	Co Cambridge		55.62	676	26.84
6.	Sam PERKINS	15	teamipswich		56.22	657	27.63
7.	Joshua BRISTOW	15	Modernian		56.26	656	27.09
8.	Herbie KINDER	15	Co Peterboro		56.53	647	27.01
9.	Lewis MOORE	15	Deben		56.63	644	27.25
10.	James COOPER	15	Basildon Ph		56.96	634	27.27
11.	Harvey SKELLERN	15	Co Cambridge		57.02	632	27.51
12.	Ben BLOWERS	15	UEA Norwich		57.11	629	27.49
13.	Manfred BATTLE	15	Stowmarket		57.42	620	27.96
14.	Jude GOULD	15	Hitchin		57.45	619	27.73
15.	Henry PEARCE	15	Co Peterboro		57.67	612	28.14
16.	Thomas CADENHEAD	15	Co St Albans		58.06	601	27.96
17.	Jack TREMAIN	15	Modernian		58.35	593	28.31
18.	Collins SALIBOKO	15	St Felix Sch		58.53	587	29.13
19.	Matthew ROTHWELL	15	Co Peterboro		58.96	575	28.95
20.	Elliott DAY	15	teamipswich		59.04	573	28.89
21.	William HANDLEY	15	Stowmarket		59.45	562	28.94
22.	Yannik WILSON	15	Harpندن		59.76	553	-
23.	Harry SAUNDERS	15	Newmarket		59.89	550	28.21
24.	Jack WILLIAMS	15	Basildon Ph		1:00.59	532	28.20
25.	Oliver OWEN	15	Hitchin		1:00.85	525	28.31

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Thomas CLARE	16	teamipswich		55.16	692	26.90
2.	James CHENNELLS	16	Berkhamsted		55.38	684	26.49
3.	Matthew TITMAN	16	Co Cambridge		55.50	680	26.86
4.	Joshua SMITH	16	DunmowAtlant		55.93	666	26.91
5.	Ashley COOMBS	16	Hemel Hemp		55.96	665	26.52
6.	Michael RIPPER	16	Co St Albans		56.14	660	26.87
7.	Max JELFS	16	Hatfield		56.15	659	27.03
8.	Evan THOMAS-MANSFIELD	16	West Suffolk		56.38	652	27.24
9.	Jude LIDDIARD	16	Co St Albans		56.62	644	27.45
10.	Ralph MUNCER	16	Co St Albans		57.13	629	28.01
10.	Taylor BOWEN	16	West Suffolk		57.13	629	27.65
12.	Harrison LEES	16	Watford SC		57.93	605	28.31
13.	John BOYLE	16	DunmowAtlant		58.64	584	28.15
14.	Kohei WATANABE	16	Hatfield		58.88	578	28.33
15.	Daniel CHADA	16	Bishop Stort		58.96	575	28.55

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Luke TURLEY	17	Hatfield		51.63	821	25.44
2.	Harry CONSTANTINE	17	Hatfield		52.02	805	25.42
3.	Regan LLOYD	20	teamipswich		52.88	772	25.70
4.	Conor HARROLD	24	Basildon Ph		53.15	762	25.81
5.	Henry CHOONG	20	Co Cambridge		53.83	738	25.99
6.	Lee BAKER	22	Harlow Pen		54.08	729	26.17
7.	Oliver FITT	18	St Ives		54.17	726	26.11
8.	James WOODWARD	17	Potters Bar		54.18	725	26.58
9.	Stuart CLARKE	33	Bishop Stort		54.27	722	26.30
10.	Samuel COTTEE	17	teamipswich		54.29	721	26.18
11.	Jamie SCHOLES	17	Co Peterboro		54.38	718	26.17
12.	Daniel LEIGH	18	Co Peterboro		54.42	717	26.61
13.	Nathan WELLS	19	West Norfolk		54.46	716	26.15
14.	Dominic SCIFO	18	teamipswich		54.60	711	26.31
15.	Erik SULLIVAN	23	Co Cambridge		54.70	707	25.78
16.	Luke SUGDEN	18	Hatfield		54.78	705	26.66
17.	Callum CHAPPLE	21	Team Luton		54.88	701	26.31
18.	Finn HARMAN	19	Co Cambridge		54.92	700	25.97
19.	Jack WEARS	18	C Beds SS		55.08	694	26.98
20.	Sonny TRIGG	22	teamipswich		55.12	693	26.83
21.	Ruben DEKKER	24	Co Cambridge		55.22	690	26.57
22.	Kyle PANTON	22	DunmowAtlant		55.26	688	26.68
23.	Alec BURCHELL	19	Hitchin		55.34	686	26.33
24.	Kevin PICKARD	29	Hatfield		55.38	684	26.84
25.	Reece NICHOLLS	17	Basildon Ph		55.40	684	26.93
26.	Harvey JOLLY	17	Basildon Ph		55.49	681	26.66
27.	Bradley VEITCH	18	Bishop Stort		55.55	679	27.24
28.	Adam MARTIN	17	Potters Bar		55.58	678	26.81
29.	Joshua FOWLES	18	Witham Dolph		55.66	675	26.88



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30.	Jordan MANN	19	Norwich Swan	55.78	671	26.76
31.	Alex EVENS	18	Hitchin	55.80	671	26.70
32.	Dalton YALLOP	20	Beccles Town	55.82	670	26.49
33.	Jake THOMAS-MANSFIELD	17	St Felix Sch	56.00	664	27.06
34.	David SHIPMAN	17	Potters Bar	56.01	664	26.84
35.	Tyler BERRY	17	Basildon Ph	56.02	663	27.02
36.	Liam BARNETT	30	Co Cambridge	56.28	655	26.72
37.	Ben POGSON	25	West Norfolk	56.30	654	26.96
38.	Daniel LUSH	17	Cheshunt	56.43	650	26.82
39.	James DAVIS	24	Basildon Ph	57.42	620	27.74
40.	Joshua WELLS	20	Gt Yarmouth	14 1:05.55	418	31.03
40.	Callum HODGSON	17	Basildon Ph	14 1:05.55	418	31.07
42.	Mark EVENS	21	Hitchin	14 1:10.66	326	34.46
	Eliott IACONO	20	Bishop Stort	DNC		

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Joshua WELLS	20	Gt Yarmouth	14	1:05.55	543	31.03
1.	Callum HODGSON	17	Basildon Ph	14	1:05.55	543	31.07
3.	Mark EVENS	21	Hitchin	14	1:10.66	434	34.46
4.	Roan BRENNAN	11	Basildon Ph	9	1:20.16	308	37.96



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EVENT 123 Womens 50m Breaststroke

Regional Records - Junior 33.03 Senior 32.10

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Keira FROSDICK	15	West Norfolk	33.51	807
2.	Vejune PETRAITYTE	15	Basildon Ph	34.97	724
3.	Lauren SCOTT	15	Chelmsford	35.40	701
4.	Amelia MONAGHAN	15	Co Peterboro	35.41	700
5.	Grace MIDDLETON	15	Co Cambridge	35.64	688
6.	Sophie PAYNE	15	Hatfield	35.96	672
7.	Nicole CHANDLER	15	teamipswich	36.31	654
7.	Aoife MARLEY	15	Witham Dolph	36.31	654
9.	India WESTON	15	Norfolk Vikg	36.74	633
10.	Rachael JOHNSON	15	West Norfolk	36.81	630
11.	Nia JORDAN	15	Hatfield	36.82	630
12.	Zara KEEGAN	15	Co Cambridge	36.84	629
13.	Freya LINES	15	St Felix Sch	36.85	628
14.	Sonja LOWDON	15	Hitchin	37.28	608
15.	Rosie MUSPRATT	15	West Norfolk	37.56	596
16.	Rebecca WEST	15	Thurrock	37.91	580
17.	Jasmine GORE	15	Putteridge	38.03	575
18.	Kristin QUIGLEY	15	Modernian	38.09	572
19.	Livia BROOKES	15	Co Cambridge	38.15	570
20.	Zoe WALTON	15	Rochford	38.21	567
21.	Georgia PURKIS	15	Hemel Hemp	38.33	562
22.	Victoria BRAKENBURY	15	Hitchin	38.52	554
23.	Rebecca GROGAN	15	C Beds SS	38.61	550
24.	Grace LEECH	15	Gt Yarmouth	38.62	550
24.	Lija RADZIUNAITE	15	Stowmarket	38.62	550
24.	Ella MURPHY	15	Harpenden	38.62	550
27.	Olivia NORMAN	15	Colchester	38.67	548
28.	Smriti GOKARN	15	St Felix Sch	38.79	543
29.	Katherine DAYNES	15	Halstead	38.92	538
30.	Shona MCKENNA	15	Hemel Hemp	39.02	534
31.	Erin LEE	15	Basildon Ph	39.11	530
32.	Amber HEAD	15	Rochford	39.14	529
33.	Eloise BAILEY	15	Modernian	39.28	523
34.	Abbie MCCARTHY	15	Colchester	39.48	516
35.	Clementine WATERHOUSE	15	Verulam	39.50	515
36.	Mia MASPERS	15	teamipswich	39.52	514
37.	Madeline WRIGHT	15	UEA Norwich	39.79	504
38.	Ciara GILL-RYAN	15	Newmarket	39.81	503
39.	Gemma BOOTH	15	Newmarket	40.84	466

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Abigail HURST	16	Berkhamsted	33.78	791
2.	Molly LEE	16	West Norfolk	34.13	771
3.	Nadine SMITH	16	Hatfield	35.84	678
4.	Lauren WATT	16	Newmarket	35.94	673
5.	Lauren HARRISON	16	Co Peterboro	36.17	661
6.	Alara NORTON	16	Hatfield	36.18	661
7.	Alice FENDER	16	Hemel Hemp	36.66	637
8.	Honey HARVEY	16	Gt Yarmouth	37.10	617
9.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	37.30	607
10.	Eden HORWOOD	16	Leighton Buz	37.46	600
11.	Katie LINES	16	Lstof & OB	37.72	589
12.	Emily GALLAGHER	16	St Ives	37.75	587
13.	Lauren NELSON	16	Harlow Pen	38.08	573
14.	Celyn WALMSLEY	16	Team Luton	38.35	561
15.	Megan SAMUELS	16	Chelmsford	38.48	556
16.	Chloe-Jeane PARSLEY	16	West Suffolk	38.50	555
17.	Emma KILLIN	16	Tring	38.73	546
18.	Maia MCPHERSON	16	Witham Dolph	38.85	541
19.	Rebecca MERRILL	16	Norwich Swan	39.01	534
20.	Amy PEMBERTON	16	Berkhamsted	39.16	528
21.	Brianna MAZEY	16	Tring	39.48	516
22.	Imogen HORNE-MORRIS	16	Norfolk Vikg	39.49	515
23.	Charlotte NASH	16	Bishop Stort	39.51	514
24.	Claudia CORNILLET	16	Harlow Pen	39.60	511
25.	Megan POPE	16	Cheshunt	40.03	495
26.	Leanne ABREY	16	Hemel Hemp	40.86	465



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17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Rebecca BURTON	19	Co Peterboro	32.47	873
2.	Roxanne UYS	18	West Norfolk	33.25	823
3.	Kathryn LOVEYS	30	Co Cambridge	33.56	804
4.	Cira FLETCHER	19	Bishop Stort	34.10	772
5.	Laura COPPING	17	Hatfield	34.24	764
6.	Louise BUSH	26	UEA Norwich	34.35	758
7.	Rachel ROBINSON	17	UEA Norwich	34.70	738
8.	Agatha MALIKOVA	22	Co Cambridge	34.72	737
9.	Sarah O'BRIEN	21	UEA Norwich	34.95	725
10.	Natalie COOGANS	20	West Norfolk	35.21	711
11.	Hannah MCNAUL	17	West Suffolk	35.67	687
12.	Faith GREEN	17	Co St Albans	35.84	678
13.	Emily BIGGS	18	Co Cambridge	36.28	656
14.	Lauren GRICE	18	Leighton Buz	36.34	653
15.	Lucy JESSOP	17	Brentwood	36.36	652
16.	Olivia SMITH-LAL	19	Harlow Pen	36.44	648
17.	Annalise WRIGHT	17	Linslade	36.58	641
18.	Amie COPP	18	Thetford	36.75	633
19.	Caitlin MASCALL	17	Harlow Pen	36.93	625
20.	Emily SELLEN	18	Watford SC	37.04	619
21.	Martha DULEY	18	Colchester	37.06	618
22.	Olivia NICOLAI	17	West Suffolk	37.21	612
23.	Tara COLEMAN	21	Deben	37.23	611
24.	Jasmine DEARNLEY	17	St Ives	37.33	606
25.	Megan BUNYARD	17	Linslade	37.88	581
26.	Lucy MOLLOY	17	Verulam	37.94	579
27.	Cathryn THOMSON	27	St Ives	38.06	574
28.	Sammy HUMPHREY	21	Leighton Buz	38.20	568
29.	Olivya HOLLEYMAN	17	Harlow Pen	38.21	567
30.	Megan WICKHAM	17	Bishop Stort	38.84	541
31.	Jessica PAYNE	19	Leighton Buz	39.09	531
32.	Keelin MCKENNA	18	Hemel Hemp	39.42	518
33.	Faye HERMON	18	Felixstowe	40.61	474



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Weekend One - Luton

29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 124 Mens 400m IM

Regional Records - Junior 4:29.54 Senior 4:13.75

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Henry PEARCE	15	Co Peterboro	4:54.71	657
	50m 31.86	100m 1:06.71	150m 1:46.01	200m 2:24.68	250m 3:08.24
2.	Herbie KINDER	15	Co Peterboro	4:56.33	647
	50m -	100m 1:03.35	150m 1:40.78	200m 2:17.10	250m 3:03.32
3.	Liam BRENNAN	15	Basildon Ph	4:56.52	646
	50m 30.78	100m 1:06.23	150m 1:44.71	200m 2:21.07	250m 3:04.87
4.	Lewis MOORE	15	Deben	4:59.95	626
	50m 31.76	100m 1:06.55	150m 1:45.67	200m 2:25.15	250m 3:09.24
5.	Oliver REEK	15	UEA Norwich	5:00.61	622
	50m 31.08	100m 1:04.82	150m 1:43.29	200m 2:21.11	250m 3:07.51
6.	Mason HUNNISETT	15	Basildon Ph	5:02.35	612
	50m 30.19	100m 1:05.12	150m 1:47.07	200m 2:26.51	250m -
7.	Matthew ROTHWELL	15	Co Peterboro	5:04.50	600
	50m 32.62	100m 1:10.17	150m 1:48.70	200m 2:26.57	250m 3:12.97
8.	Benjamin HARVEY	15	Basildon Ph	5:06.58	589
	50m 32.26	100m 1:08.68	150m 1:48.81	200m 2:28.00	250m -
9.	Nicholas BOTHA	15	Bishop Stort	5:10.97	565
	50m 34.22	100m 1:10.49	150m 1:51.17	200m 2:29.77	250m 3:13.65
10.	Ayotobi LAGUDA	15	Hatfield	5:15.00	544
	50m 33.54	100m 1:13.06	150m 1:52.96	200m 2:32.10	250m 3:17.40
11.	Tanin KURSIDIM	15	Co St Albans	5:15.74	541
	50m 32.12	100m 1:07.59	150m 1:45.76	200m 2:23.62	250m 3:13.56
12.	Daniel ENGLISH	15	Hitchin	5:21.95	511
	50m 31.11	100m 1:08.49	150m 1:52.08	200m 2:33.94	250m -
13.	Logan PYLE	15	West Suffolk	5:25.59	494
	50m 34.05	100m 1:12.21	150m 1:55.53	200m 2:36.69	250m 3:24.73

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jamie MCCAFFRAY	16	Modernian	4:52.73	669
	50m 32.00	100m 1:05.60	150m 1:45.48	200m 2:24.69	250m 3:06.45
2.	James CHENNELLS	16	Berkhamsted	4:59.97	626
	50m 31.07	100m 1:05.88	150m 1:45.06	200m 2:22.64	250m 3:08.08
3.	Jack SANGSTER	16	Modernian	5:03.30	607
	50m 32.68	100m 1:10.23	150m 1:47.61	200m 2:23.81	250m 3:09.07
4.	Harrison LEES	16	Watford SC	5:04.24	601
	50m 30.58	100m 1:05.66	150m 1:46.95	200m 2:25.96	250m 3:11.66
5.	Charles WHYTE	16	West Suffolk	5:06.38	590
	50m 30.47	100m 1:05.93	150m 1:46.65	200m 2:25.39	250m 3:12.45
6.	Lewis BAYLEY	16	Southend	5:07.94	581
	50m 31.83	100m 1:09.74	150m 1:48.34	200m 2:24.73	250m 3:10.46
7.	James MCFARLAND	16	C Beds SS	5:08.15	580
	50m 32.11	100m 1:07.94	150m 1:48.59	200m 2:29.06	250m 3:13.56
8.	Maxim DE WILDT	16	Co Cambridge	5:12.37	558
	50m 31.14	100m 1:09.94	150m 1:51.26	200m 2:32.37	250m 3:15.73
9.	Joseph RICHARDSON	16	Harpenden	5:13.63	551
	50m 32.97	100m 1:12.45	150m 1:53.97	200m 2:35.27	250m 3:17.38
10.	Thomas ALLISON	16	Newmarket	5:15.84	540
	50m 19.76	100m 1:08.52	150m 1:51.49	200m 2:32.39	250m 3:18.45
11.	Callum WOLLASTON	16	Cheshunt	5:17.84	530
	50m 31.18	100m 1:07.28	150m 1:47.58	200m 2:27.20	250m 3:15.81
12.	John TELENSKY	16	Harpenden	5:24.63	498
	50m 30.63	100m 1:09.17	150m 1:53.45	200m 2:35.93	250m 3:25.12

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Nathan WELLS	19	West Norfolk	4:36.44	778
	50m 29.73	100m 1:01.48	150m 1:35.90	200m 2:10.14	250m 2:51.54
2.	Jamie SCHOLLES	17	Co Peterboro	4:43.33	730
	50m 28.97	100m 1:01.87	150m 1:36.69	200m 2:10.43	250m 2:54.88
3.	Harry WHITEMAN	17	Co Peterboro	4:44.61	721
	50m 29.32	100m 1:01.94	150m 1:39.97	200m 2:17.20	250m 2:59.75
4.	Max WILSON	17	Modernian	4:46.32	710
	50m 31.18	100m 1:04.66	150m 1:43.00	200m 2:19.96	250m 3:00.84
5.	Myles TURNER	17	West Suffolk	4:46.78	707
	50m 30.64	100m 1:05.76	150m 1:42.42	200m 2:18.07	250m 2:59.56
6.	Ryan KELLY	18	Chelmsford	4:51.83	675
	50m 29.96	100m 1:05.69	150m 1:41.58	200m 2:17.28	250m 3:00.13
6.	James WOODWARD	17	Potters Bar	4:51.83	675
	50m 30.01	100m 1:04.68	150m 1:44.56	200m 2:23.86	250m 3:05.81
8.	Christopher GREENHALGH	21	West Suffolk	4:53.57	664
	50m 30.05	100m 1:04.83	150m 1:44.05	200m 2:23.18	250m 3:05.62
9.	Luke BRYAN	17	West Norfolk	4:53.78	662
	50m 29.93	100m 1:04.85	150m 1:45.07	200m 2:25.72	250m 3:07.04
10.	Finlay RYAN	18	Norwich Swan	4:54.32	659
	50m -	100m 1:05.10	150m 1:43.73	200m 2:21.49	250m -
11.	Alex MASON	21	Team Luton	4:54.79	656



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	50m 31.44	100m 1:05.23	150m 1:45.43	200m 2:24.55	250m 3:07.36	300m 3:48.56	350m 4:22.96	400m 4:54.79
12. Robin TURNER		17 Bishop Stort		4:56.49	646			
	50m -	100m 1:04.88	150m 1:44.73	200m 2:23.83	250m -	300m 3:47.91	350m 4:22.78	400m 4:56.49
13. Joseph WELLS		18 West Norfolk		4:59.01	631			
	50m 30.14	100m 1:05.12	150m 1:45.01	200m 2:22.56	250m 3:07.66	300m 3:52.09	350m 4:26.38	400m 4:59.01
14. William LOVEMAN		17 Co St Albans		5:00.88	620			
	50m -	100m 1:06.25	150m -	200m 2:25.43	250m -	300m 3:50.43	350m 4:25.95	400m 5:00.88
15. Spencer PRIOR		18 Colchester		5:01.80	615			
	50m 30.38	100m 1:05.85	150m 1:45.76	200m 2:25.60	250m 3:10.64	300m 3:54.34	350m 4:28.58	400m 5:01.80
Oliver KENNY		20 West Norfolk		DQ				
Calvin COE		19 Stowmarket		DQ				



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Weekend One - Luton

29th, 30th April, & 1st May 2017
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EVENT 125 Womens 14/16 Yrs 800m Free.Team

Regional Record - 8:16.15

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	8:48.04	754
	50m 30.20	100m 1:02.89	150m 1:36.46	200m 2:09.59
	450m 4:50.62	500m 5:23.83	550m 5:57.83	600m 6:31.45
				650m 7:02.24
				700m 7:37.10
				750m 8:13.28
				800m 8:48.04
2.	Modernian SC	Modernian	8:56.79	722
	50m 30.58	100m 1:03.70	150m 1:37.93	200m 2:11.28
	450m 5:00.79	500m 5:35.45	550m 6:11.57	600m 6:47.27
				650m 7:16.78
				700m 7:49.08
				750m 8:23.14
				800m 8:56.79
3.	UEA City of Norwich SC	UEA Norwich	8:58.36	717
	50m 29.28	100m 1:02.70	150m 1:39.31	200m 2:16.08
	450m 5:05.27	500m 5:39.16	550m 6:15.19	600m 6:49.02
				650m 7:18.45
				700m 7:50.62
				750m 8:24.67
				800m 8:58.36
4.	Basildon & Phoenix SC	Basildon Ph	8:58.97	715
	50m 30.83	100m 1:03.87	150m 1:38.43	200m 2:13.12
	450m 5:05.11	500m 5:39.03	550m 6:14.37	600m 6:48.13
				650m 7:18.10
				700m 7:51.31
				750m 8:25.57
				800m 8:58.97
5.	Hatfield SC - A	Hatfield	9:05.12	693
	50m 31.15	100m 1:05.56	150m 1:40.52	200m 2:15.21
	450m 5:04.12	500m 5:39.84	550m 6:15.70	600m 6:50.80
				650m 7:21.19
				700m 7:55.36
				750m 8:30.43
				800m 9:05.12
6.	City of Peterborough B	Co Peterboro	9:12.04	670
	50m 30.61	100m 1:04.34	150m 1:40.65	200m 2:15.55
	450m 5:00.25	500m 5:35.70	550m 6:12.59	600m 6:49.01
				650m 7:19.66
				700m 7:55.08
				750m 8:33.67
				800m 9:12.04
7.	Dunmow Atlantis SC	DunmowAtlant	9:13.05	667
	50m 31.00	100m 1:05.15	150m 1:41.71	200m 2:16.52
	450m 5:10.01	500m 5:46.23	550m 6:23.38	600m 6:58.81
				650m 7:29.61
				700m 8:03.83
				750m 8:38.90
				800m 9:13.05
8.	Hatfield SC - B	Hatfield	9:16.16	657
	50m -	100m 1:06.52	150m -	200m 2:20.60
	450m 5:12.58	500m 5:47.54	550m 6:22.58	600m 6:58.38
				650m 7:29.70
				700m 8:04.66
				750m 8:40.50
				800m 9:16.16
9.	Hemel Hempstead SC A	Hemel Hemp	9:25.76	627
	50m 32.06	100m 1:07.00	150m 1:43.54	200m 2:18.84
	450m 5:19.43	500m 5:56.38	550m 6:35.23	600m 7:12.37
				650m 7:42.26
				700m 8:15.73
				750m 8:51.41
				800m 9:25.76
10.	Harpenden SC	Harpenden	9:57.61	536
	50m 33.80	100m 1:11.97	150m 1:51.26	200m 2:27.68
	450m 5:34.64	500m 6:13.12	550m 6:53.23	600m 7:32.74
				650m 8:05.36
				700m 8:42.69
				750m 9:20.98
				800m 9:57.61
11.	Hemel Hempstead SC B	Hemel Hemp	10:26.58	465
	50m 34.78	100m 1:14.65	150m 1:59.18	200m 2:43.70
	450m 5:54.11	500m 6:32.43	550m 7:13.33	600m 7:53.74
				650m 8:28.35
				700m 9:07.18
				750m 9:47.65
				800m 10:26.58

EVENT 126 Womens 17 Yrs/Over 800m Free.Team

Regional Record - 8:16.15

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	8:44.49	767
	50m 30.19	100m 1:03.45	150m 1:37.03	200m 2:08.77
	450m 4:47.14	500m 5:20.58	550m 5:55.03	600m 6:28.90
				650m 6:58.96
				700m 7:33.67
				750m 8:09.34
				800m 8:44.49
2.	Hatfield SC - A	Hatfield	8:45.15	765
	50m 30.34	100m 1:03.30	150m 1:36.01	200m 2:08.76
	450m 4:56.33	500m 5:29.64	550m 6:03.69	600m 6:37.48
				650m 7:07.11
				700m 7:40.53
				750m 8:14.10
				800m 8:45.15



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EVENT 131 FINAL OF EVENT 111 Womens 15 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Mia LEECH	15	Co Peterboro	2:23.65	718	32.23	1:08.48	1:46.94
2.	Olivia NORMAN	15	Colchester	2:26.05	687	32.21	1:09.22	1:48.39
3.	Annabelle KITCHING	15	Chelmsford	2:27.39	671	32.92	1:09.82	1:49.03
4.	Millie WARD	15	Brentwood	2:27.91	664	32.78	1:10.68	1:50.51
5.	Katy CHAMBERS	15	St Felix Sch	2:29.34	647	32.95	1:10.50	-
6.	Zara KEEGAN	15	Co Cambridge	2:30.73	631	33.06	1:11.65	1:51.22
7.	Lauren THOMAS	15	C Beds SS	2:31.20	625	33.40	1:10.99	-
8.	Abbie MCCARTHY	15	Colchester	2:31.55	621	33.89	1:10.84	1:51.85

EVENT 132 FINAL OF EVENT 111 Womens 16 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Poppy RICHARDSON	16	Co Peterboro	2:23.48	721	32.19	1:07.18	1:46.56
2.	Lauren HARRISON	16	Co Peterboro	2:33.54	599	33.57	1:12.09	-
3.	Isabelle MARSHALL	16	Basildon Ph	2:41.28	520	33.83	1:13.69	1:58.64
4.	Ellen NORTHWOOD	16	Berkhamsted	2:43.91	495	35.84	1:16.17	1:59.33
5.	Bethany BYRNE	16	Thurrock	2:46.66	471	36.33	1:17.38	2:03.17
6.	Hannah TAPLIN	16	Deben	2:50.44	439	37.50	1:19.95	2:05.62

EVENT 133 FINAL OF EVENT 111 Womens 17 Yrs/Over 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Shannon STOTT	17	Hatfield	2:23.66	718	32.97	1:08.17	1:46.33
2.	Lauren GRICE	18	Leighton Buz	2:25.03	700	32.86	1:09.02	1:48.22
3.	Philippa SHUTTLEWORTH	20	Hatfield	2:26.05	687	32.61	1:09.42	1:49.41
4.	Millie EMMANS	18	Co Cambridge	2:27.68	667	32.03	1:08.75	1:48.14
5.	Danielle RAYNER	21	March	2:28.40	658	33.08	1:08.91	1:48.20
6.	Hannah MCNAUL	17	West Suffolk	2:31.23	625	32.78	1:09.55	1:49.57
7.	Hannah CURRELL	18	Hitchin	2:36.24	570	-	1:11.89	-
8.	Jessica FARROW	17	Hatfield	2:38.46	547	-	1:14.74	-

EVENT 134 FINAL OF EVENT 112 Mens 15 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jonathon ADAM	15	Co Cambridge	28.07	747
2.	Samuel PERKS	15	Basildon Ph	28.08	746
3.	Myles ROBINSON-YOUNG	15	Co Peterboro	28.85	695
4.	James COOPER	15	Basildon Ph	28.99	686
5.	Jack BOWYER	15	West Suffolk	29.60	648
6.	Liam BRENNAN	15	Basildon Ph	29.73	641
7.	Manfred BATTLE	15	Stowmarket	29.77	638
8.	Jack TREMAIN	15	Modernian	29.81	636

EVENT 135 FINAL OF EVENT 112 Mens 16 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Thomas CLARE	16	teamipswich	27.83	764
2.	Daniel CHADA	16	Bishop Stort	28.16	741
3.	Joshua SMITH	16	DunmowAtlant	28.58	713
4.	John BOYLE	16	DunmowAtlant	29.22	672
5.	Matthew TITMAN	16	Co Cambridge	29.28	668
6.	Evan THOMAS-MANSFIELD	16	West Suffolk	30.03	623
7.	Jack SANGSTER	16	Modernian	30.12	618
8.	Taylor BOWEN	16	West Suffolk	30.43	601

EVENT 136 FINAL OF EVENT 112 Mens 17 Yrs/Over 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Oliver FITT	18	St Ives	27.24	807
2.	Matthew GRAY	17	Co Peterboro	27.77	768
3.	Harry CONSTANTINE	17	Hatfield	27.86	762
3.	Samuel PEASE	18	Basildon Ph	27.86	762
5.	Ruben DEKKER	24	Co Cambridge	28.04	749
6.	Jamie SCHOLLES	17	Co Peterboro	28.07	747
7.	Nathan WELLS	19	West Norfolk	28.17	740
8.	Conor HARROLD	24	Basildon Ph	28.42	723



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EVENT 137 FINAL OF EVENT 113 Womens 15 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Mia MASPERS	15	teamipswich	26.77	783
2.	Macy LAWRENCE	15	Basildon Ph	26.83	779
3.	Amie PHILPOT	15	teamipswich	27.35	741
4.	Rebecca WATT	15	DunmowAtlant	27.36	741
5.	Anna BLAKELEY	15	Co Peterboro	27.96	700
6.	Abbie LOW	15	Chelmsford	28.08	692
7.	Mackenzie WHYATT	15	Co Peterboro	28.75	649
8.	Rebecca STROUD	15	Brentwood	28.79	646

EVENT 138 FINAL OF EVENT 113 Womens 16 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Poppy RICHARDSON	16	Co Peterboro	27.98	698
2.	Chloe LENCE	16	Modernian	28.08	692
3.	Lauren WATT	16	Newmarket	28.16	686
4.	Sonia TUMIOTTO	16	St Felix Sch	28.37	673
5.	Jessica MANSFIELD	16	Huntingdon	28.59	659
6.	Amy PEMBERTON	16	Berkhamsted	28.90	640
7.	Celeste ANDREW	16	Harlow Pen	29.18	623
8.	Niamh ADCOCK	16	UEA Norwich	29.28	617

EVENT 139 FINAL OF EVENT 113 Womens 17 Yrs/Over 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Mollie ALLEN	19	Co Peterboro	26.40	811
2.	Martha DULEY	18	Colchester	26.75	785
3.	Meghan MAYBANKS	17	DunmowAtlant	26.77	783
4.	Elinor DULEY	17	Colchester	26.87	776
5.	Bethany SAUNDERS	18	Co Peterboro	27.29	746
6.	Rebecca SHERWIN	17	teamipswich	27.35	741
7.	Lauren SIMPKINS	19	Putteridge	27.51	730
8.	Katrin HEIDER	25	Co Cambridge	27.96	700

EVENT 140 FINAL OF EVENT 114 Mens 15 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sam PERKINS	15	teamipswich	1:10.02	668	33.31
2.	Oliver CASHIN	15	Co Cambridge	1:11.19	639	33.73
3.	Reese HOUSDEN	15	Hatfield	1:11.70	626	34.45
4.	Joshua BRISTOW	15	Modernian	1:12.39	610	34.14
5.	Adam HARDY	15	teamipswich	1:12.72	602	35.35
6.	Lewis MOORE	15	Deben	1:12.86	599	35.28
7.	Bryn COUSER	15	Bishop Stort	1:13.99	573	35.66
8.	Ayotobi LAGUDA	15	Hatfield	1:14.84	555	35.03

EVENT 141 FINAL OF EVENT 114 Mens 16 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Charles RAYNER	16	Hatfield	1:07.63	733	32.34
2.	Ralph MUNCER	16	Co St Albans	1:08.96	696	32.44
3.	Cole JAMES	16	Hatfield	1:08.98	696	33.15
4.	Samuel BRYAN	16	Basildon Ph	1:10.38	659	33.48
5.	Jack RICHES	16	UEA Norwich	1:13.92	575	34.46
6.	Charles RENNIE	16	Braintree	1:14.27	567	-
7.	Maxim DE WILDT	16	Co Cambridge	1:14.45	563	34.51
8.	Joseph RICHARDSON	16	Harpندن	1:15.71	536	35.79

EVENT 142 FINAL OF EVENT 114 Mens 17 Yrs/Over 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Lawrence PALMER	25	Putteridge	1:04.61	824	29.19
2.	Nathan HUGHES	17	Hatfield	1:05.40	799	31.35
3.	Brandon NABARRO	20	Putteridge	1:06.56	764	30.90
4.	Cameron MANLEY	18	C Beds SS	1:07.18	746	30.68
5.	Benjamin ARKLE	18	Co Cambridge	1:07.76	729	31.19
6.	Thomas WIGGINS	18	Co Peterboro	1:08.85	699	32.01
7.	David SHIPMAN	17	Potters Bar	1:09.88	672	31.95
8.	Robin TURNER	17	Bishop Stort	1:11.79	624	33.36



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EVENT 143 FINAL OF EVENT 115 Womens 15 Yrs 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Amelia MONAGHAN	15	Co Peterboro	2:38.94	770	36.34	1:16.26	1:58.69
2.	Sophie PAYNE	15	Hatfield	2:40.38	752	36.90	1:18.02	-
3.	Vejune PETRAITYTE	15	Basildon Ph	2:45.74	690	36.80	1:19.23	2:03.18
4.	Keira FROSDICK	15	West Norfolk	2:46.45	682	36.71	1:18.10	2:02.43
5.	India WESTON	15	Norfolk Viking	2:48.06	664	39.00	1:21.57	2:04.72
6.	Aoife MARLEY	15	Witham Dolph	2:49.60	648	39.07	1:21.58	2:07.46
7.	Lauren SCOTT	15	Chelmsford	2:51.30	630	39.41	1:22.29	2:06.61
8.	Kristin QUIGLEY	15	Modernian	2:54.99	594	39.36	1:24.13	2:09.62

EVENT 144 FINAL OF EVENT 115 Womens 16 Yrs 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Lauren HARRISON	16	Co Peterboro	2:44.23	707	39.00	1:19.95	2:02.87
2.	Honey HARVEY	16	Gt Yarmouth	2:45.47	693	39.00	1:20.50	2:03.90
3.	Abigail HURST	16	Berkhamsted	2:45.69	690	37.81	1:20.36	-
4.	Alara NORTON	16	Hatfield	2:49.18	652	38.64	1:21.18	2:05.01
5.	Celyn WALMSLEY	16	Team Luton	2:49.53	649	39.11	1:21.61	2:05.69
6.	Katie LINES	16	Lstof & OB	2:55.15	592	39.19	1:24.12	2:09.70
7.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	2:55.89	585	39.44	1:24.25	2:10.64
8.	Rebecca MERRILL	16	Norwich Swan	3:01.89	531	40.93	1:25.52	2:14.07

EVENT 145 FINAL OF EVENT 115 Womens 17 /Over 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Rebecca BURTON	19	Co Peterboro	2:35.24	817	35.33	1:14.23	1:54.76
2.	Louise BUSH	26	UEA Norwich	2:42.48	727	37.72	1:17.93	2:01.29
3.	Natalie COOGANS	20	West Norfolk	2:42.76	724	37.88	1:18.93	2:01.89
4.	Laura COPPING	17	Hatfield	2:48.87	656	38.27	1:20.54	2:05.63
5.	Cira FLETCHER	19	Bishop Stort	2:49.71	647	38.57	1:21.63	2:06.30
6.	Amber HUGHES	18	Hatfield	2:51.34	630	39.17	1:21.38	2:05.64
7.	Hannah MCNAUL	17	West Suffolk	2:55.65	588	39.49	1:22.94	2:09.27
8.	Olivia NICOLAI	17	West Suffolk	2:56.61	579	41.08	1:25.10	2:11.95

EVENT 146 FINAL OF EVENT 116 Mens 15 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Collins SALIBOKO	15	St Felix Sch	1:00.10	665	28.40
2.	Jack BOWYER	15	West Suffolk	1:00.39	656	28.93
3.	Mason HUNNISETT	15	Basildon Ph	1:00.51	653	28.65
4.	Oliver REEK	15	UEA Norwich	1:00.66	648	29.42
5.	Manfred BATTLE	15	Stowmarket	1:00.67	648	28.46
6.	Elliott DAY	15	teamipswich	1:02.55	595	30.94
7.	Angus HARROW	15	Harpenden	1:04.04	557	29.24
8.	Samuel PERKS	15	Basildon Ph	1:04.84	537	31.01

EVENT 147 FINAL OF EVENT 116 Mens 16 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Matthew TITMAN	16	Co Cambridge	58.74	707	27.45
2.	Charles RAYNER	16	Hatfield	59.35	688	28.92
3.	Taylor BOWEN	16	West Suffolk	1:00.29	659	28.35
4.	Thomas CLARE	16	teamipswich	1:00.47	654	28.42
5.	Harrison LEES	16	Watford SC	1:02.19	605	29.15
6.	James MCFARLAND	16	C Beds SS	1:02.88	587	29.87
7.	James CHENNELLS	16	Berkhamsted	1:03.21	578	29.15
8.	Samuel BRYAN	16	Basildon Ph	1:03.64	567	29.40

EVENT 148 FINAL OF EVENT 116 Mens 17 Yrs/Over 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Nathan HUGHES	17	Hatfield	57.87	735	27.28
2.	James WOODWARD	17	Potters Bar	58.43	717	27.81
3.	Dominic SCIFO	18	teamipswich	58.66	710	27.29
4.	Sonny TRIGG	22	teamipswich	58.71	708	27.03
5.	Conor HARROLD	24	Basildon Ph	58.92	701	27.61
6.	Harry WHITEMAN	17	Co Peterboro	59.32	689	28.15
7.	Liam CURRAN	19	Putteridge	59.47	684	27.00
8.	Oliver NEWTON	18	West Norfolk	59.84	673	-



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EVENT 149 FINAL OF EVENT 121 Womens 15 Yrs 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Olivia NORMAN	15	Colchester	2:22.59	753	32.80	1:09.11	1:46.33
2.	Lauren STOTT	15	Hatfield	2:25.21	718	33.67	1:10.46	1:48.03
3.	Ellie WHEELER	15	Basildon Ph	2:25.30	716	34.81	1:12.17	1:49.78
4.	Amelia MONAGHAN	15	Co Peterboro	2:25.46	714	34.43	1:11.66	1:49.88
5.	Abbie LOW	15	Chelmsford	2:25.51	714	33.90	1:10.65	1:48.90
6.	Lara-Grace MOUNT	15	West Norfolk	2:28.20	680	33.91	1:10.71	1:49.39
7.	Lija RADZIUNAITE	15	Stowmarket	2:29.77	661	33.10	1:11.77	1:51.89
8.	Scarlett MORINE	15	Chelmsford	2:31.72	638	33.70	1:11.08	1:51.30

EVENT 150 FINAL OF EVENT 121 Womens 16 Yrs 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Niamh JAMES	16	Bishop Stort	2:23.95	734	34.51	1:11.42	1:48.13
2.	Grace WYLIE	16	Hatfield	2:25.46	714	34.44	1:12.51	1:49.74
3.	Emma LESLIE	16	Co Peterboro	2:25.68	711	34.01	1:10.96	1:48.36
4.	Claire BURRELL	16	Harpenden	2:28.35	678	34.80	1:12.51	1:51.30
5.	Tilly ANEMA	16	Norwich Swan	2:28.45	677	35.03	1:12.79	1:51.47
6.	Celyn WALMSLEY	16	Team Luton	2:30.28	654	35.51	1:12.98	1:51.59
7.	Emily GREEN	16	Brentwood	2:32.46	629	35.04	1:13.09	1:53.04
8.	Sophie TAYLOR	16	St Felix Sch	2:33.46	618	-	1:14.44	-

EVENT 151 FINAL OF EVENT 121 Womens 17 Yrs/Over 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Rachel WELLINGS	17	Co Peterboro	2:17.48	826	31.65	1:05.76	1:41.64
2.	Rebecca SHERWIN	17	teamipswich	2:19.55	795	32.66	1:07.30	1:43.44
3.	Bethany SAUNDERS	18	Co Peterboro	2:23.37	742	32.45	1:07.66	1:45.28
4.	Martha DULEY	18	Colchester	2:24.19	731	32.58	1:08.88	1:46.72
5.	Emily DOWDING	19	teamipswich	2:25.42	715	33.26	1:10.10	1:48.11
6.	Philippa SHUTTLEWORTH	20	Hatfield	2:26.26	704	34.98	1:11.75	1:49.08
7.	Danielle RAYNER	21	March	2:27.37	690	33.65	1:10.79	1:49.60
8.	Amber HUGHES	18	Hatfield	2:36.17	588	36.65	1:16.59	1:56.80

EVENT 152 FINAL OF EVENT 122 Mens 15 Yrs 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Reese HOUSDEN	15	Hatfield	53.82	738	26.41
2.	Myles ROBINSON-YOUNG	15	Co Peterboro	54.02	731	26.74
3.	Jake MOXHAM	15	Co Cambridge	54.17	726	26.40
4.	Sam PERKINS	15	teamipswich	56.29	655	27.38
4.	Jonathon ADAM	15	Co Cambridge	56.29	655	27.28
6.	Ayotobi LAGUDA	15	Hatfield	56.66	643	27.29
7.	Herbie KINDER	15	Co Peterboro	57.12	629	-
8.	Joshua BRISTOW	15	Modernian	57.63	614	27.80

EVENT 153 FINAL OF EVENT 122 Mens 16 Yrs 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Thomas CLARE	16	teamipswich	54.77	705	27.13
2.	Max JELFS	16	Hatfield	54.92	700	26.77
3.	James CHENNELLS	16	Berkhamsted	55.31	687	26.56
4.	Joshua SMITH	16	DunmowAtlant	55.68	674	26.82
5.	Matthew TITMAN	16	Co Cambridge	56.25	656	27.60
6.	Michael RIPPER	16	Co St Albans	56.47	649	26.76
7.	Evan THOMAS-MANSFIELD	16	West Suffolk	56.58	646	27.34
8.	Ashley COOMBS	16	Hemel Hemp	56.61	645	26.85

EVENT 154 FINAL OF EVENT 122 Mens 17 Yrs/Over 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Harry CONSTANTINE	17	Hatfield	51.58	823	25.31
2.	Luke TURLEY	17	Hatfield	51.61	821	25.61
3.	Regan LLOYD	20	teamipswich	53.09	765	25.40
4.	Henry CHOONG	20	Co Cambridge	53.60	746	25.98
5.	Conor HARROLD	24	Basildon Ph	53.69	743	25.82
6.	Oliver FITT	18	St Ives	54.16	726	26.04
7.	Lee BAKER	22	Harlow Pen	54.55	712	25.57
8.	James WOODWARD	17	Potters Bar	55.88	668	27.45



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EVENT 155 FINAL OF EVENT 123 Womens 15 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Keira FROSDICK	15	West Norfolk	33.83	788
2.	Vejune PETRAITYTE	15	Basildon Ph	34.87	729
3.	Sophie PAYNE	15	Hatfield	35.44	698
4.	Lauren SCOTT	15	Chelmsford	35.70	685
5.	Amelia MONAGHAN	15	Co Peterboro	35.79	680
6.	Nicole CHANDLER	15	teamipswich	36.08	666
7.	Grace MIDDLETON	15	Co Cambridge	36.45	647
8.	Aoife MARLEY	15	Witham Dolph	37.28	608

EVENT 156 FINAL OF EVENT 123 Womens 16 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Abigail HURST	16	Berkhamsted	33.69	797
2.	Molly LEE	16	West Norfolk	34.22	766
3.	Nadine SMITH	16	Hatfield	35.69	685
4.	Alara NORTON	16	Hatfield	36.00	670
5.	Lauren WATT	16	Newmarket	36.36	652
6.	Honey HARVEY	16	Gt Yarmouth	36.46	647
7.	Lauren HARRISON	16	Co Peterboro	36.67	637
8.	Alice FENDER	16	Hemel Hemp	37.27	609

EVENT 157 FINAL OF EVENT 123 Womens 17 Yrs/Over 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Rebecca BURTON	19	Co Peterboro	32.47	873
2.	Kathryn LOVEYS	30	Co Cambridge	33.24	824
3.	Roxanne UYS	18	West Norfolk	33.51	807
4.	Cira FLETCHER	19	Bishop Stort	34.55	747
5.	Agatha MALIKOVA	22	Co Cambridge	34.89	728
6.	Laura COPPING	17	Hatfield	35.07	718
7.	Louise BUSH	26	UEA Norwich	35.10	717
7.	Rachel ROBINSON	17	UEA Norwich	35.10	717



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EVENT 158 Mens 14/16 Yrs 400m Medley Team

Full Results

Place	Name	Club	Time	GB Pts
1.	Hatfield SC A 50m 31.10	Hatfield	4:06.02	696
	100m 1:03.44	150m 1:36.77	200m 2:12.90	250m 2:40.90
	300m 3:13.37	350m 3:38.47	400m 4:06.02	
2.	City of Cambridge SC 50m 30.31	Co Cambridge	4:06.70	691
	100m 1:01.78	150m 1:35.77	200m 2:14.18	250m 2:41.89
	300m 3:13.54	350m 3:38.57	400m 4:06.70	
3.	Basildon & Phoenix SC 50m 30.40	Basildon Ph	4:09.56	670
	100m 1:03.20	150m -	200m 2:13.45	250m -
	300m 3:14.41	350m 3:40.30	400m 4:09.56	
4.	City of Peterborough A 50m 30.43	Co Peterboro	4:14.35	636
	100m 1:03.83	150m 1:39.26	200m 2:17.91	250m 2:48.03
	300m 3:20.84	350m 3:46.36	400m 4:14.35	
5.	City of St Albans SC 50m 32.24	Co St Albans	4:15.25	629
	100m 1:07.26	150m 1:39.52	200m 2:16.73	250m 2:45.71
	300m 3:19.03	350m 3:45.77	400m 4:15.25	
6.	UEA City of Norwich SC 50m 32.35	UEA Norwich	4:18.65	607
	100m 1:07.09	150m 1:40.22	200m 2:19.58	250m 2:48.90
	300m 3:21.61	350m 3:48.39	400m 4:18.65	
7.	West Suffolk SC 50m 32.33	West Suffolk	4:22.07	585
	100m 1:05.61	150m 1:40.86	200m 2:21.42	250m 2:50.85
	300m 3:23.96	350m 3:52.05	400m 4:22.07	
8.	Hatfield SC B 50m 33.05	Hatfield	4:26.32	558
	100m 1:09.65	150m 1:44.61	200m 2:23.30	250m 2:53.37
	300m 3:28.25	350m 3:55.78	400m 4:26.32	
9.	Hemel Hempstead SC 50m 34.45	Hemel Hemp	4:29.09	542
	100m 1:10.49	150m 1:45.44	200m 2:26.42	250m 2:56.93
	300m 3:31.49	350m 3:58.74	400m 4:29.09	
10.	Watford SC 50m 32.23	Watford SC	4:31.06	530
	100m 1:07.09	150m 1:42.31	200m 2:24.04	250m 2:46.08
	300m 3:28.96	350m 3:48.63	400m 4:31.06	
11.	Harpenden SC A 50m 32.87	Harpenden	4:33.07	519
	100m 1:07.13	150m 1:44.16	200m 2:27.37	250m 2:57.37
	300m 3:32.33	350m 4:00.99	400m 4:33.07	
12.	Potters Bar SC 50m 32.15	Potters Bar	4:34.36	512
	100m 1:07.11	150m 1:42.25	200m 2:23.50	250m -
	300m 3:30.09	350m 3:59.87	400m 4:34.36	
13.	Harpenden SC B 50m 33.75	Harpenden	4:46.07	451
	100m 1:10.27	150m 1:48.48	200m 2:33.47	250m 3:04.14
	300m 3:40.66	350m 4:11.48	400m 4:46.07	
14.	City of Peterborough B 50m 34.75	Co Peterboro	4:51.30	426
	100m 1:13.33	150m 1:53.88	200m 2:38.37	250m -
	300m 3:46.74	350m 4:17.62	400m 4:51.30	

EVENT 159 Mens 17 Yrs/Over 400m Medley Team

Full Results

Place	Name	Club	Time	GB Pts
1.	Hatfield SC A 50m 29.52	Hatfield	3:57.36	764
	100m 1:00.58	150m 1:31.65	200m 2:06.47	250m 2:33.84
	300m 3:05.24	350m 3:30.88	400m 3:57.36	
2.	City of Cambridge SC 50m 28.97	Co Cambridge	3:59.61	746
	100m 59.77	150m 1:30.98	200m 2:07.10	250m 2:33.77
	300m 3:06.87	350m 3:32.08	400m 3:59.61	
3.	City of Peterborough A 50m 28.94	Co Peterboro	4:00.59	738
	100m 59.50	150m 1:31.44	200m 2:08.59	250m 2:37.18
	300m 3:07.72	350m 3:33.19	400m 4:00.59	
4.	Hatfield SC B 50m 30.19	Hatfield	4:10.29	664
	100m 1:01.50	150m 1:36.15	200m 2:15.88	250m 2:43.02
	300m 3:15.54	350m 3:42.60	400m 4:10.29	
5.	Potters Bar SC 50m 31.27	Potters Bar	4:10.86	660
	100m 1:02.72	150m 1:35.63	200m 2:13.41	250m 2:41.61
	300m 3:14.93	350m 3:41.40	400m 4:10.86	
6.	Basildon & Phoenix SC 50m 29.65	Basildon Ph	4:10.88	660
	100m 1:01.88	150m -	200m 2:17.22	250m 2:44.61
	300m 3:16.99	350m 3:41.60	400m 4:10.88	
7.	Central Beds SS 50m 32.38	C Beds SS	4:14.06	638
	100m 1:07.91	150m 1:39.19	200m 2:16.86	250m 2:45.13
	300m 3:18.14	350m 3:45.15	400m 4:14.06	
8.	Hemel Hempstead SC 50m 31.66	Hemel Hemp	4:24.72	568
	100m 1:07.17	150m 1:33.16	200m 2:25.03	250m 2:41.17
	300m 3:28.97	350m 3:45.12	400m 4:24.72	



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EVENT 160 Womens 14/16 Yrs 400m Free.Team

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	4:02.07	763
	50m 29.77	100m 1:01.56	150m 1:30.37	200m 2:02.23
			250m 2:30.84	300m 3:02.00
			350m 3:30.79	400m 4:02.07
2.	UEA City of Norwich SC	UEA Norwich	4:05.19	738
	50m 29.34	100m 1:01.33	150m 1:30.69	200m 2:03.19
			250m 2:32.51	300m 3:05.50
			350m 3:34.22	400m 4:05.19
3.	Basildon & Phoenix SC	Basildon Ph	4:05.32	737
	50m 30.33	100m 1:02.18	150m 1:31.86	200m 2:04.15
			250m 2:34.06	300m 3:07.12
			350m 3:34.58	400m 4:05.32
4.	Modernian SC	Modernian	4:10.23	699
	50m 29.94	100m 1:01.31	150m 1:31.38	200m 2:04.14
			250m 2:34.14	300m 3:08.29
			350m 3:38.54	400m 4:10.23
5.	West Suffolk SC	West Suffolk	4:12.54	682
	50m 29.57	100m 1:02.06	150m 1:32.28	200m 2:04.90
			250m 2:34.57	300m 3:07.87
			350m 3:38.06	400m 4:12.54
6.	Dunmow Atlantis SC	DunmowAtlant	4:13.21	678
	50m 29.89	100m 1:02.94	150m 1:33.91	200m 2:07.39
			250m 2:37.65	300m 3:11.38
			350m 3:40.52	400m 4:13.21
7.	Hatfield SC A	Hatfield	4:15.53	661
	50m 30.41	100m 1:03.49	150m 1:33.53	200m 2:06.80
			250m 2:37.56	300m 3:10.46
			350m 3:40.94	400m 4:15.53
8.	City of Peterborough B	Co Peterboro	4:19.62	633
	50m -	100m 1:03.59	150m 1:34.25	200m 2:08.11
			250m 2:39.18	300m 3:13.90
			350m 3:44.78	400m 4:19.62
9.	Hemel Hempstead SC A	Hemel Hemp	4:19.88	631
	50m 30.29	100m 1:03.55	150m 1:35.87	200m 2:12.32
			250m 2:44.93	300m 3:19.33
			350m 3:48.42	400m 4:19.88
10.	Hatfield SC B	Hatfield	4:20.16	629
	50m 31.23	100m 1:04.60	150m 1:36.88	200m 2:11.36
			250m 2:42.55	300m 3:16.58
			350m 3:46.78	400m 4:20.16
11.	Potters Bar SC	Potters Bar	4:22.01	617
	50m 30.37	100m 1:04.40	150m 1:35.91	200m 2:11.06
			250m 2:43.52	300m 3:18.84
			350m 3:48.55	400m 4:22.01
12.	Cheshunt SC	Cheshunt	4:23.82	605
	50m 30.06	100m 1:03.75	150m 1:35.53	200m 2:10.43
			250m 2:42.54	300m 3:18.41
			350m 3:49.53	400m 4:23.82
13.	Harpenden SC	Harpenden	4:28.65	575
	50m 30.89	100m 1:04.82	150m 1:37.83	200m 2:14.58
			250m 2:46.73	300m 3:23.05
			350m 3:54.33	400m 4:28.65
14.	Hemel Hempstead SC B	Hemel Hemp	4:36.96	526
	50m 32.42	100m 1:08.29	150m 1:42.56	200m 2:21.03
			250m 2:52.82	300m 3:27.74
			350m 3:59.69	400m 4:36.96

EVENT 161 Womens 17 Yrs/Over 400m Free.Team

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	3:56.55	809
	50m 27.87	100m 58.12	150m 1:26.19	200m 1:56.82
			250m 2:24.65	300m 2:55.43
			350m 3:24.18	400m 3:56.55
2.	City of Cambridge SC	Co Cambridge	4:02.25	761
	50m 29.45	100m 1:00.68	150m 1:29.85	200m 2:02.40
			250m 2:31.15	300m 3:02.38
			350m 3:30.45	400m 4:02.25
3.	Hatfield SC A	Hatfield	4:09.66	704
	50m 31.27	100m 1:05.12	150m 1:34.85	200m 2:06.63
			250m 2:36.20	300m 3:08.38
			350m 3:37.56	400m 4:09.66
4.	Potters Bar SC	Potters Bar	4:15.36	662
	50m 30.21	100m 1:02.91	150m 1:34.35	200m 2:08.52
			250m 2:40.02	300m 3:14.46
			350m 3:43.38	400m 4:15.36
5.	Hemel Hempstead SC A	Hemel Hemp	4:16.26	656
	50m 30.11	100m 1:03.47	150m 1:34.34	200m 2:07.79
			250m 2:38.25	300m 3:13.05
			350m 3:42.58	400m 4:16.26
6.	Basildon & Phoenix SC	Basildon Ph	4:17.69	646
	50m 29.98	100m 1:01.34	150m 1:32.14	200m 2:08.16
			250m 2:39.26	300m 3:15.89
			350m 3:44.77	400m 4:17.69
7.	Hemel Hempstead SC B	Hemel Hemp	4:25.77	593
	50m 30.53	100m 1:02.89	150m 1:35.52	200m 2:11.67
			250m 2:44.60	300m 3:19.71
			350m 3:51.26	400m 4:25.77



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EVENT 211 Mens 200m Butterfly

Regional Records - Junior 2:06.22 Senior 1:57.29

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Mason HUNNISETT	15	Basildon Ph	2:14.96	650	30.10	1:04.01	1:40.43
2.	Oliver REEK	15	UEA Norwich	2:20.48	582	31.01	1:05.43	1:43.04
3.	Manfred BATTLE	15	Stowmarket	2:20.98	576	30.71	1:05.41	1:43.81
4.	Samuel PERKS	15	Basildon Ph	2:21.14	574	30.36	1:06.08	-
5.	Collins SALIBOKO	15	St Felix Sch	2:21.70	567	30.86	1:06.08	1:44.19
6.	Henry PEARCE	15	Co Peterboro	2:21.95	565	32.10	1:08.21	-
7.	Angus HARROW	15	Harpenden	2:23.37	549	30.15	1:06.20	1:44.09
8.	Elliott DAY	15	teampswich	2:24.15	540	-	1:06.94	-
9.	Tanin KURSIDIM	15	Co St Albans	2:27.40	506	32.20	1:07.55	1:47.75
10.	Benjamin HARVEY	15	Basildon Ph	2:29.74	482	32.27	1:08.65	1:48.15
11.	Matthew ROTHWELL	15	Co Peterboro	2:33.30	449	32.43	1:10.49	1:52.10

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Max JELFS	16	Hatfield	2:15.60	642	29.97	1:03.58	1:40.74
2.	Jamie MCCAFFRAY	16	Modernian	2:18.77	602	30.89	1:06.02	1:43.24
3.	Samuel BRYAN	16	Basildon Ph	2:20.51	581	30.24	1:05.80	1:43.33
4.	James MCFARLAND	16	C Beds SS	2:21.02	575	30.34	1:06.82	1:45.04
5.	Andrei GARE	16	Southend	2:21.77	567	31.25	1:07.15	1:45.75
6.	Harrison LEES	16	Watford SC	2:23.24	550	30.41	1:05.56	1:44.23
7.	Charles WHYTE	16	West Suffolk	2:24.84	532	31.31	1:05.63	1:43.51
8.	Samuel GAINES	16	Hemel Hemp	2:25.17	529	32.43	1:09.56	1:48.29
9.	Thomas ALLISON	16	Newmarket	2:25.49	525	31.55	1:07.50	1:46.97
10.	Taylor BOWEN	16	West Suffolk	2:27.61	503	30.05	1:07.12	1:47.59
11.	Callum WOLLASTON	16	Cheshunt	2:35.42	430	30.88	1:07.45	1:47.40
12.	John TELENSKY	16	Harpenden	2:36.21	423	31.06	1:10.92	1:55.04

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Harry WHITEMAN	17	Co Peterboro	2:10.18	717	29.64	1:02.16	1:36.86
2.	Nathan HUGHES	17	Hatfield	2:11.82	693	29.11	1:02.08	1:36.95
3.	Luke SUGDEN	18	Hatfield	2:11.92	692	30.17	1:02.31	-
4.	James WOODWARD	17	Potters Bar	2:13.15	675	28.70	1:01.92	1:38.30
5.	Benjamin GARRATT	17	Hatfield	2:13.23	674	29.07	1:02.90	1:38.22
6.	Harry FOX	18	Basildon Ph	2:16.83	626	30.02	1:04.39	1:39.56
7.	Christopher GREENHALGH	21	West Suffolk	2:18.19	609	30.95	1:05.03	1:41.31
8.	Luke BRYAN	17	West Norfolk	2:18.32	608	30.43	1:04.12	1:41.64
9.	Jake THOMAS-MANSFIELD	17	St Felix Sch	2:19.96	588	29.55	1:03.25	-
10.	Callum DAVIS	17	Bishop Stort	2:19.97	588	30.26	1:06.42	1:43.79
11.	Harry JONES	17	Hitchin	2:20.92	576	29.97	1:04.66	1:41.71
12.	Calvin COE	19	Stowmarket	2:21.56	569	30.27	1:05.45	1:43.76
13.	Joseph WELLS	18	West Norfolk	2:23.86	543	30.67	1:06.08	1:44.76
14.	Myles TURNER	17	West Suffolk	2:25.16	529	31.07	1:06.76	1:46.02
15.	Mason ARNOLD	20	Harlow Pen	2:25.44	526	30.18	1:05.53	1:44.35
16.	Thomas BOYT	18	Felixstowe	2:30.23	477	31.63	1:08.39	1:48.91



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EVENT 212 Womens 50m Backstroke

Regional Records - Junior 29.55 Senior 28.93

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Lija RADZIUNAITAITE	15	Stowmarket	29.77	866
2.	Mia CARTER	15	Bishop Stort	31.05	779
3.	Maisie EASTER	15	UEA Norwich	31.09	777
4.	Amie PHILPOT	15	teamipswich	31.23	768
5.	Olivia NORMAN	15	Colchester	31.35	760
6.	Macy LAWRENCE	15	Basildon Ph	31.95	724
7.	Megan PYE	15	UEA Norwich	32.04	718
8.	Anna BLAKELEY	15	Co Peterboro	32.32	702
9.	Lauren STOTT	15	Hatfield	32.37	699
10.	Abbie LOW	15	Chelmsford	32.48	693
11.	Scarlett MORINE	15	Chelmsford	32.64	684
12.	Morgan COATES	15	West Norfolk	32.72	679
13.	Maisie PARKIN	15	Verulam	32.73	679
14.	Lara-Grace MOUNT	15	West Norfolk	32.84	672
15.	Emily JONES	15	Modernian	32.97	665
16.	Amber HILL	15	Linslade	33.02	663
17.	Emily LUSH	15	Cheshunt	33.05	661
18.	Grace LEECH	15	Gt Yarmouth	33.13	657
19.	Francesca COLLINS	15	Chelmsford	33.15	656
20.	Georgia PEASE	15	Basildon Ph	33.21	652
21.	Abbie MCCARTHY	15	Colchester	33.22	652
22.	Mackenzie WHYATT	15	Co Peterboro	33.23	651
23.	Rebecca WEST	15	Thurrock	33.24	651
24.	Rebecca STROUD	15	Brentwood	33.35	645
25.	Freya LINES	15	St Felix Sch	33.36	644
26.	Amber JORDAN	15	Colchester	33.47	638
27.	Hannah SHARP	15	Modernian	33.56	634
28.	India WESTON	15	Norfolk Vikg	33.63	630
29.	Larissa DEAN	15	Harpenden	33.64	630
30.	Nicole CHANDLER	15	teamipswich	33.73	625
31.	Rachael JOHNSON	15	West Norfolk	33.86	618
32.	Emma SHOOBERT	15	C Beds SS	33.91	616
33.	Freya WRIGHT	15	West Suffolk	33.92	615
34.	Smriti GOKARN	15	St Felix Sch	34.11	606
35.	Gemma BOOTH	15	Newmarket	34.30	596
36.	Mia MASPERS	15	teamipswich	34.31	596
37.	Shona MCKENNA	15	Hemel Hemp	34.56	584
38.	Isabelle ANDERTON	15	Hemel Hemp	34.77	574
38.	Caitlin EVANS	15	Sudbury	34.77	574
38.	Hannah ADAMS	15	Co Cambridge	34.77	574

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Josie PRETIOUS-WHITE	16	Bishop Stort	32.08	716
2.	Grace WYLIE	16	Hatfield	32.13	713
3.	Niamh JAMES	16	Bishop Stort	32.17	711
4.	Poppy RICHARDSON	16	Co Peterboro	32.48	693
5.	Sonia TUMIOTTO	16	St Felix Sch	32.54	689
5.	Emma LESLIE	16	Co Peterboro	32.54	689
7.	Claire BURRELL	16	Harpenden	32.57	688
8.	Martine TRAN	16	Thurrock	32.75	677
9.	Phoebe HAYDEN	16	teamipswich	32.88	670
10.	Lauren WATT	16	Newmarket	33.04	661
11.	Amy PEMBERTON	16	Berkhamsted	33.15	656
12.	Angel DUNDERDALE	16	UEA Norwich	33.21	652
13.	Celeste ANDREW	16	Harlow Pen	33.59	632
14.	Emily GREEN	16	Brentwood	33.81	621



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17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Mollie ALLEN	19	Co Peterboro	29.31	899
2.	Rebecca SHERWIN	17	teamipswich	29.99	850
3.	Martha DULEY	18	Colchester	30.32	827
4.	Bethany SAUNDERS	18	Co Peterboro	30.79	796
5.	Georgina PRYOR	19	Harlow Pen	31.46	753
6.	Molly OLLINGTON	19	West Suffolk	31.48	752
7.	Elinor DULEY	17	Colchester	31.50	751
8.	Lauren HALL	18	Co Cambridge	31.68	740
9.	Amy YOUNG	18	Bishop Stort	31.74	736
10.	Sophie DRAKE	24	Thurrock	31.86	729
11.	Amelia PEDDLE	17	Epping For't	31.89	727
12.	Beatrice BARDER	18	Co St Albans	31.90	726
13.	Lauren SIMPKINS	19	Putteridge	31.96	723
14.	Tara COLEMAN	21	Deben	32.18	710
15.	Emily DOWDING	19	teamipswich	32.21	708
16.	Eleanor KING	17	Dunstable	32.53	690
17.	Rebecca SEWELL	17	Hemel Hemp	32.60	686
18.	Francesca CROCKER	17	St Ives	32.66	682
19.	Lauren GRICE	18	Leighton Buz	32.90	669
20.	Abigail WHITING	18	West Norfolk	32.98	665
21.	Keelin MCKENNA	18	Hemel Hemp	33.00	664
22.	Annabel HEYWOOD	17	West Suffolk	33.07	660
23.	Cathryn THOMSON	27	St Ives	33.08	659
24.	Hannah BRECKNELL	17	West Suffolk	33.15	656
25.	Roxanne UYS	18	West Norfolk	33.19	653
26.	Georgia HARROD	17	DunmowAtlant	33.26	650
26.	Faye HERMON	18	Felixstowe	33.26	650
28.	Faith GREEN	17	Co St Albans	33.37	644
29.	Sammy HUMPHREY	21	Leighton Buz	33.48	638
30.	Zara PRETIOUS-WHITE	17	Bishop Stort	33.82	620



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EVENT 213 Mens 50m Freestyle

Regional Records - Junior 24.04 Senior 21.92

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Reese HOUSDEN	15	Hatfield		24.87	696
2.	Jake MOXHAM	15	Co Cambridge		25.26	667
3.	Lewis MOORE	15	Deben		25.31	664
4.	Jonathon ADAM	15	Co Cambridge		25.59	644
5.	Ayotobi LAGUDA	15	Hatfield		25.61	643
6.	Myles ROBINSON-YOUNG	15	Co Peterboro		25.90	623
7.	Sam PERKINS	15	teamipswich		26.15	606
8.	Manfred BATTLE	15	Stowmarket		26.16	606
9.	James COOPER	15	Basildon Ph		26.17	605
10.	Thomas CADENHEAD	15	Co St Albans		26.41	590
11.	Joshua BRISTOW	15	Modernian		26.42	589
12.	Jack TREMAIN	15	Modernian		26.51	583
13.	Ben BLOWERS	15	UEA Norwich		26.56	580
14.	Herbie KINDER	15	Co Peterboro		26.59	579
15.	Jude GOULD	15	Hitchin		26.70	572
16.	Jack WILLIAMS	15	Basildon Ph		26.76	568
17.	Collins SALIBOKO	15	St Felix Sch		26.78	567
18.	Samuel PERKS	15	Basildon Ph		26.80	566
19.	Harvey SKELLERN	15	Co Cambridge		26.95	557
20.	Adam HARDY	15	teamipswich		27.03	552
21.	Matthew ANDERSON	15	Deben		27.07	549
22.	Oliver REEK	15	UEA Norwich		27.08	549
22.	Harry SAUNDERS	15	Newmarket		27.08	549
24.	Yannik WILSON	15	Harpندن		27.21	541
25.	Oliver OWEN	15	Hitchin		27.27	538
26.	Kieran MCCARTHY	15	Co St Albans		27.59	520
27.	Samuel WHEARTY	15	Colchester	9	37.71	175

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Matthew TITMAN	16	Co Cambridge		25.38	659
2.	Daniel CHADA	16	Bishop Stort		25.61	643
3.	Evan THOMAS-MANSFIELD	16	West Suffolk		25.65	640
4.	James CHENNELLS	16	Berkhamsted		25.71	636
5.	Thomas CLARE	16	teamipswich		25.78	631
6.	Ashley COOMBS	16	Hemel Hemp		25.81	629
7.	Joshua SMITH	16	DunmowAtlant		25.90	623
8.	Michael RIPPER	16	Co St Albans		26.09	610
9.	Taylor BOWEN	16	West Suffolk		26.28	598
10.	Jude LIDDIARD	16	Co St Albans		26.31	596
10.	John BOYLE	16	DunmowAtlant		26.31	596
12.	Jacob CLARKE	16	West Suffolk		26.38	592
13.	Michael SHARP	16	Epping For't		26.47	586
14.	Charles RENNIE	16	Braintree		26.81	565
15.	Jamie COLES	16	Colchester		26.96	556
16.	Harrison LEES	16	Watford SC		27.75	511

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Andrew WEATHERITT	26	St Ives		23.78	782
2.	Ignacio LARGHERO	18	Newmarket		24.29	740
3.	Harry CONSTANTINE	17	Hatfield		24.40	732
4.	Lee BAKER	22	Harlow Pen		24.42	730
5.	Luke TURLEY	17	Hatfield		24.50	724
6.	Ruben DEKKER	24	Co Cambridge		24.79	702
7.	Oliver FITT	18	St Ives		24.83	699
8.	Samuel COTTEE	17	teamipswich		24.85	697
9.	Brandon NABARRO	20	Putteridge		24.86	696
9.	Sonny TRIGG	22	teamipswich		24.86	696
11.	Harvey JOLLY	17	Basildon Ph		25.02	685
11.	Erik SULLIVAN	23	Co Cambridge		25.02	685
13.	Henry CHOONG	20	Co Cambridge		25.09	679
14.	Finn HARMAN	19	Co Cambridge		25.12	677
15.	Samuel DALLIMORE	26	Hatfield		25.15	675
16.	Nathan WELLS	19	West Norfolk		25.16	674
17.	Jordan BATSON	21	Putteridge		25.19	672
18.	James WOODWARD	17	Potters Bar		25.21	671
19.	Jamie SCHOLES	17	Co Peterboro		25.28	666
20.	Liam BARNETT	30	Co Cambridge		25.35	661
20.	Jamie MCLAUGHLIN	20	DunmowAtlant		25.35	661
22.	Dalton YALLOP	20	Beccles Town		25.39	658



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23. Jordan MANN	19	Norwich Swan	25.43	655
24. Jack CHRISTIE	19	Hemel Hemp	25.46	653
25. Dominic SCIFO	18	teamipswich	25.47	652
26. Callum CHAPPLE	21	Team Luton	25.52	649
27. Stuart CLARKE	33	Bishop Stort	25.55	647
28. Jack WEARS	18	C Beds SS	25.59	644
28. James BLOUNT	17	Potters Bar	25.59	644
28. Alec BURCHELL	19	Hitchin	25.59	644
31. Sam GAMBLE	18	Hitchin	25.61	643
32. Kevin PICKARD	29	Hatfield	25.64	641
33. Daniel LEIGH	18	Co Peterboro	25.69	637
34. Adam MARTIN	17	Potters Bar	25.78	631
34. Harry WEARS	20	Leighton Buz	25.78	631
36. Christian NEL	17	Berkhamsted	25.80	630
37. Daniel LUSH	17	Cheshunt	25.86	626
38. Mark LEAMON	30	Co Cambridge	26.07	612
39. James COOK	18	Biggleswade	26.12	608
40. Reece NICHOLLS	17	Basildon Ph	26.16	606
41. Joshua WELLS	20	Gt Yarmouth	14 29.02	446
42. Callum HODGSON	17	Basildon Ph	14 30.46	382

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Joshua WELLS	20	Gt Yarmouth	14	29.02	605
2.	Callum HODGSON	17	Basildon Ph	14	30.46	523
3.	Roan BRENNAN	11	Basildon Ph	9	36.21	334
4.	Samuel WHEARTY	15	Colchester	9	37.71	295



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EVENT 214 Womens 100m Breaststroke

Regional Records - Junior 1:10.65 Senior 1:08.69

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Amelia MONAGHAN	15	Co Peterboro		1:15.37	731	36.50
2.	Keira FROSDICK	15	West Norfolk		1:15.98	716	35.54
3.	Vejune PETRAITYTE	15	Basildon Ph		1:18.07	666	37.39
4.	Sophie PAYNE	15	Hatfield		1:18.08	666	37.58
5.	Lauren SCOTT	15	Chelmsford		1:19.24	639	36.82
6.	India WESTON	15	Norfolk Vikg		1:19.81	627	38.15
7.	Nicole CHANDLER	15	teamipswich		1:20.07	621	38.78
8.	Aoife MARLEY	15	Witham Dolph		1:20.09	621	37.79
9.	Zara KEEGAN	15	Co Cambridge		1:20.85	605	38.28
10.	Kristin QUIGLEY	15	Modernian		1:21.64	588	39.18
11.	Nia JORDAN	15	Hatfield		1:21.92	583	39.53
12.	Freya LINES	15	St Felix Sch		1:21.99	581	38.07
13.	Grace LEECH	15	Gt Yarmouth		1:22.55	570	-
14.	Rosie MUSPRATT	15	West Norfolk		1:22.57	570	39.37
15.	Grace MIDDLETON	15	Co Cambridge		1:22.66	568	37.08
16.	Sonja LOWDON	15	Hitchin		1:23.14	558	39.11
17.	Rebecca WEST	15	Thurrock		1:23.16	558	39.88
18.	Amber HEAD	15	Rochford		1:23.57	550	39.34
19.	Livia BROOKES	15	Co Cambridge		1:23.86	545	39.36
20.	Georgia PURKIS	15	Hemel Hemp		1:24.12	540	39.88
21.	Rebecca GROGAN	15	C Beds SS		1:24.27	537	40.79
22.	Rachael JOHNSON	15	West Norfolk		1:25.24	519	40.58
23.	Ella MURPHY	15	Harpenden		1:25.34	517	41.26
24.	Shona MCKENNA	15	Hemel Hemp		1:25.44	516	40.13
25.	Katherine DAYNES	15	Halstead		1:25.47	515	39.85
26.	Victoria BRAKENBURY	15	Hitchin		1:25.52	514	39.84
27.	Eloise BAILEY	15	Modernian		1:25.78	509	-

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Molly LEE	16	West Norfolk		1:14.74	747	35.60
2.	Abigail HURST	16	Berkhamsted		1:16.15	712	36.61
3.	Lauren HARRISON	16	Co Peterboro		1:18.10	665	36.97
4.	Nadine SMITH	16	Hatfield		1:18.54	655	36.87
5.	Honey HARVEY	16	Gt Yarmouth		1:19.48	634	37.59
6.	Celyn WALMSLEY	16	Team Luton		1:19.70	629	38.55
7.	Lauren WATT	16	Newmarket		1:19.82	627	36.97
8.	Alara NORTON	16	Hatfield		1:19.91	625	37.85
9.	Caitlin WATSON-DOTCHIN	16	Basildon Ph		1:20.53	611	38.57
10.	Katie LINES	16	Lstoff & OB		1:21.08	600	38.48
11.	Alice FENDER	16	Hemel Hemp		1:23.11	559	38.82
12.	Lauren NELSON	16	Harlow Pen		1:23.94	543	-
13.	Maia MCPHERSON	16	Witham Dolph		1:24.31	536	39.55
14.	Rebecca MERRILL	16	Norwich Swan		1:25.38	517	40.60
15.	Chloe-Jeane PARSLEY	16	West Suffolk		1:26.14	503	39.58

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Rebecca BURTON	19	Co Peterboro		1:12.87	798	33.83
2.	Louise BUSH	26	UEA Norwich		1:15.52	728	-
3.	Roxanne UYS	18	West Norfolk		1:15.56	726	34.68
4.	Kathryn LOVEYS	30	Co Cambridge		1:15.62	725	-
5.	Laura COPPING	17	Hatfield		1:16.89	694	37.12
6.	Cira FLETCHER	19	Bishop Stort		1:16.92	693	36.87
7.	Natalie COOGANS	20	West Norfolk		1:17.84	671	36.98
8.	Rachel ROBINSON	17	UEA Norwich		1:18.05	666	36.25
9.	Sarah O'BRIEN	21	UEA Norwich		1:18.83	649	36.92
10.	Olivia NICOLAI	17	West Suffolk		1:19.74	628	38.19
11.	Faith GREEN	17	Co St Albans		1:19.92	624	37.61
12.	Hannah MCNAUL	17	West Suffolk		1:19.93	624	37.73
13.	Emily SELLEN	18	Watford SC		1:20.48	612	38.05
13.	Lucy JESSOP	17	Brentwood		1:20.48	612	37.69
15.	Jana SPINNER	18	UEA Norwich		1:20.71	608	38.84
16.	Amie COPP	18	Thetford		1:21.22	597	38.79
17.	Emily BIGGS	18	Co Cambridge		1:21.49	591	38.55
18.	Juliet MERELIE	19	Harpenden		1:22.47	572	39.43
19.	Megan BUNYARD	17	Linslade		1:23.07	560	38.49
20.	Caitlin MASCALL	17	Harlow Pen		1:23.28	556	39.04
21.	Harriet LEE	26	C Beds SS	9	1:23.69	548	38.84
22.	Jessica FARROW	17	Hatfield		1:23.74	547	39.53
23.	Annalise WRIGHT	17	Linslade		1:24.11	540	38.90
24.	Megan WICKHAM	17	Bishop Stort		1:24.66	530	39.50



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25.	Keelin MCKENNA	18	Hemel Hemp	1:25.10	522	40.58
26.	Lucy PARK	21	Watford SC	1:25.18	520	39.98

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Harriet LEE	26	C Beds SS	9	1:23.69	776	38.84



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EVENT 215 Mens 200m Breaststroke

Regional Records - Junior 2:23.24 Senior 2:17.33

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Sam PERKINS	15	teamipswich	2:36.21	612	34.76	1:15.86	1:56.75
2.	Oliver CASHIN	15	Co Cambridge	2:36.90	605	35.23	1:15.19	1:56.11
3.	Liam BRENNAN	15	Basildon Ph	2:40.92	563	37.82	1:18.29	2:01.10
4.	Lewis MOORE	15	Deben	2:41.71	555	37.15	1:18.86	2:01.47
5.	Mal STAFF	15	UEA Norwich	2:42.02	552	-	1:18.61	2:01.22
6.	Bryn COUSER	15	Bishop Stort	2:42.08	551	37.12	1:17.77	2:01.77
7.	Ayotobi LAGUDA	15	Hatfield	2:43.10	541	37.35	1:19.90	2:02.21
8.	Jack MANSFIELD	15	Harlow Pen	2:44.61	527	37.13	1:18.26	2:01.98
9.	Freddie SYMONDS	15	Team Luton	2:45.04	523	36.23	1:18.76	2:03.57
10.	Tommy CHANDLER	15	Gt Yarmouth	2:46.45	510	37.82	1:20.58	2:05.35
11.	Dominic MCCARTHY	15	Hoddesdon	2:46.57	509	38.25	1:20.83	2:03.44
12.	Nicholas BOTHA	15	Bishop Stort	2:46.77	507	39.32	1:21.86	2:05.26
13.	Samuel DACK	15	DunmowAtlant	2:47.16	503	-	1:18.97	-
14.	Mason HUNNISETT	15	Basildon Ph	2:47.33	502	39.66	1:21.66	2:05.59
15.	Evan TAYLOR	15	St Ives	2:47.49	500	39.06	1:23.01	2:06.07
16.	Yannik WILSON	15	Harpenden	2:47.51	500	37.31	1:19.86	1:35.46
17.	William HANDLEY	15	Stowmarket	2:49.46	483	37.60	1:21.29	-
18.	Kai BORROMEO	15	Modernian	2:51.39	467	38.77	1:22.28	2:07.77
19.	Callum HAROLD	15	Bishop Stort	2:51.88	462	39.29	1:23.35	2:10.06
20.	Benjamin HARVEY	15	Basildon Ph	2:53.17	452	39.67	1:23.97	2:09.25
21.	Jack WILLIAMS	15	Basildon Ph	2:56.68	424	38.39	1:22.53	2:08.52
22.	Kieran MCCARTHY	15	Co St Albans	2:58.88	408	39.02	1:23.02	2:10.73

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Charles RAYNER	16	Hatfield	2:28.32	705	33.99	1:11.48	1:49.89
2.	Ralph MUNCER	16	Co St Albans	2:30.99	672	33.15	1:11.66	1:51.45
3.	Cole JAMES	16	Hatfield	2:34.16	635	34.94	1:14.22	1:54.78
4.	Maxim DE WILDT	16	Co Cambridge	2:41.87	553	36.68	1:18.13	2:00.85
5.	William RICHARDS	16	Dunstable	2:42.54	547	35.55	1:16.05	1:59.42
6.	Matthew WOULDHAM	16	Co Peterboro	2:43.17	540	36.04	1:17.76	2:00.97
7.	Jack RICHES	16	UEA Norwich	2:44.77	525	35.65	1:16.84	2:00.99
8.	Joseph RICHARDSON	16	Harpenden	2:45.38	519	36.74	1:19.56	2:03.66
9.	Lewis BAYLEY	16	Southend	2:48.16	494	27.09	1:20.38	2:04.12
10.	Samuel GAINES	16	Hemel Hemp	2:49.91	479	38.90	1:23.50	2:03.80

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Ole MILLS	18	Halstead	2:32.06	659	33.02	1:11.44	1:51.15
2.	Lawrence PALMER	25	Putteridge	2:32.46	655	34.42	1:13.05	1:54.66
3.	Thomas WIGGINS	18	Co Peterboro	2:32.64	652	31.89	1:10.05	1:51.47
4.	Robin TURNER	17	Bishop Stort	2:32.69	652	35.79	1:14.18	1:54.65
5.	Christopher GREENHALGH	21	West Suffolk	2:33.79	639	35.29	1:12.98	-
6.	Myles TURNER	17	West Suffolk	2:34.93	626	34.92	1:14.14	1:54.94
7.	Finlay RYAN	18	Norwich Swan	2:34.95	626	35.01	1:14.25	1:55.25
8.	William LOVEMAN	17	Co St Albans	2:35.41	621	35.45	1:14.18	1:55.13
9.	David SHIPMAN	17	Potters Bar	2:36.31	611	33.73	1:13.20	1:54.81
10.	Luke BRYAN	17	West Norfolk	2:36.33	611	34.83	1:14.20	1:55.07
11.	Benjamin ARKLE	18	Co Cambridge	2:36.91	604	34.79	1:13.53	1:55.74
12.	Alex FLORANCE	17	West Norfolk	2:38.57	587	34.94	1:14.60	1:57.99
13.	Jack PICKERING	19	teamipswich	2:38.93	583	34.72	1:14.26	-
14.	Joshua FOWLES	18	Witham Dolph	2:39.16	581	11.78	-	1:56.75
15.	Spencer PRIOR	18	Colchester	2:39.69	575	35.62	1:16.73	1:58.29
16.	Ryan KELLY	18	Chelmsford	2:40.39	568	35.74	1:15.82	1:58.41
17.	Nicholas MITCHELL	18	Colchester	2:41.77	554	36.56	1:18.51	2:00.81
18.	Matthew GRAY	17	Co Peterboro	2:42.52	547	35.15	1:16.16	1:58.88
19.	Calvin COE	19	Stowmarket	2:45.88	515	35.98	1:17.97	2:02.63
20.	Jordan NORTHWOOD	18	Berkhamsted	2:45.90	515	35.56	1:16.72	1:59.43
21.	Matthew MCCLAUGHLIN	24	DunmowAtlant	2:46.37	510	36.93	1:17.91	2:02.12
22.	Jack WEARS	18	C Beds SS	2:53.28	451	38.58	1:21.70	2:07.33



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EVENT 216 Womens 100m Butterfly

Regional Records - Junior 1:01.80 Senior 1:00.89

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mia LEECH	15	Co Peterboro	1:05.51	716	30.76
2.	Amie PHILPOT	15	teamipswich	1:05.73	709	31.27
3.	Lauren STOTT	15	Hatfield	1:07.06	672	32.39
4.	Olivia NORMAN	15	Colchester	1:07.22	668	31.16
5.	Lauren THOMAS	15	C Beds SS	1:07.80	652	32.67
6.	Millie WARD	15	Brentwood	1:08.14	644	32.79
7.	Abbie LOW	15	Chelmsford	1:08.34	638	-
8.	Niamh PERRY	15	West Suffolk	1:08.50	634	33.27
9.	Abbie MCCARTHY	15	Colchester	1:08.51	634	31.90
10.	Ellie WHEELER	15	Basildon Ph	1:09.10	619	-
11.	Zara KEEGAN	15	Co Cambridge	1:09.52	609	32.58
12.	Georgia PEASE	15	Basildon Ph	1:09.62	606	32.42
13.	Madeline WRIGHT	15	UEA Norwich	1:09.75	603	32.72
14.	Olivia SEAL	15	Hatfield	1:10.11	594	33.54
15.	Megan PYE	15	UEA Norwich	1:10.14	594	31.53
15.	Katy CHAMBERS	15	St Felix Sch	1:10.14	594	32.32
17.	Tia GARDINER	15	Chelmsford	1:10.29	590	33.62
18.	Annabelle KITCHING	15	Chelmsford	1:10.52	585	34.11
19.	Billie GRANT	15	Hatfield	1:10.67	581	32.62
20.	Scarlett MORINE	15	Chelmsford	1:10.92	575	32.53
21.	Nellie EASTLAND	15	Bishop Stort	1:11.12	571	-
22.	Jessica PENKUL	15	Bishop Stort	1:11.41	564	33.55
23.	Emily JONES	15	Modernian	1:11.48	563	33.46
24.	Anna DUFFIELD	15	Gt Yarmouth	1:11.86	554	32.26
25.	Ciara GILL-RYAN	15	Newmarket	1:12.71	535	-
26.	Ella TOLLIDAY	15	St Felix Sch	1:13.18	525	34.26
27.	Mia MASPERS	15	teamipswich	1:13.23	524	33.91
28.	Lija RADZIUNAITE	15	Stowmarket	1:13.82	512	34.90
29.	Rachael JOHNSON	15	West Norfolk	1:13.84	512	35.00
30.	Larissa DEAN	15	Harpenden	1:14.83	492	35.15
31.	Hannah ADAMS	15	Co Cambridge	1:15.64	476	-
32.	Kate ANDREW	15	Potters Bar	1:16.65	457	33.72
33.	Nia JORDAN	15	Hatfield	1:17.49	442	35.48

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Poppy RICHARDSON	16	Co Peterboro	1:04.83	735	30.26
2.	Lauren HARRISON	16	Co Peterboro	1:09.34	613	12.97
3.	Martine TRAN	16	Thurrock	1:09.35	613	33.14
4.	Niamh ADCOCK	16	UEA Norwich	1:10.35	589	32.62
5.	Sonia TUMIOTTO	16	St Felix Sch	1:10.50	585	34.27
6.	Bryony PACK	16	West Norfolk	1:10.54	584	32.72
7.	Emily GREEN	16	Brentwood	1:10.68	581	31.87
8.	Ellie-Mae SMITH	16	teamipswich	1:10.78	579	32.80
9.	Celeste ANDREW	16	Harlow Pen	1:11.21	569	32.68
10.	Ellen NORTHWOOD	16	Berkhamsted	1:11.50	562	34.56
11.	Isabelle MARSHALL	16	Basildon Ph	1:11.62	559	32.69
12.	Lauren NELSON	16	Harlow Pen	1:11.63	559	33.87
13.	Alara NORTON	16	Hatfield	1:12.52	539	33.43

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Shannon STOTT	17	Hatfield	1:04.02	760	31.06
2.	Georgina PRYOR	19	Harlow Pen	1:04.81	736	30.01
3.	Elinor DULEY	17	Colchester	1:04.95	732	-
4.	Amy YOUNG	18	Bishop Stort	1:05.33	721	-
5.	Philippa SHUTTLEWORTH	20	Hatfield	1:05.55	714	31.98
6.	Rikke NAGELL-KLEVEN	22	UEA Norwich	1:05.71	710	30.73
7.	Bethany SAUNDERS	18	Co Peterboro	1:05.86	705	30.97
8.	Martha DULEY	18	Colchester	1:06.31	693	30.75
9.	Emily DOWDING	19	teamipswich	1:06.64	684	30.82
10.	Molly OLLINGTON	19	West Suffolk	1:07.06	672	31.83
11.	Lauren GRICE	18	Leighton Buz	1:07.35	664	31.81
12.	Georgina CURTIS	17	C Beds SS	1:08.37	638	31.52
13.	Bethany SAMPHER	18	West Suffolk	1:08.49	635	32.15
14.	Georgina TALLON	17	Potters Bar	1:09.17	617	32.35
15.	Abigail WHITING	18	West Norfolk	1:11.01	573	31.58
16.	Jessica PAYNE	19	Leighton Buz	1:13.72	514	33.19



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EVENT 217 Mens Open 400m Freestyle

Regional Records - Junior 3:57.59 Senior 3:50.46

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts				
1.	Myles ROBINSON-YOUNG	15	Co Peterboro		4:11.81	739				
	50m 28.13	100m 59.19	150m 1:30.92		200m 2:03.18	250m 2:35.54	300m 3:08.02	350m 3:40.29	400m 4:11.81	
2.	Henry PEARCE	15	Co Peterboro		4:17.69	696				
	50m 29.77	100m 1:01.51	150m 1:34.37		200m 2:07.35	250m 2:40.40	300m 3:13.57	350m 3:46.55	400m 4:17.69	
3.	Herbie KINDER	15	Co Peterboro		4:18.56	690				
	50m 28.58	100m 1:00.07	150m 1:32.66		200m 2:05.72	250m 2:38.49	300m 3:12.20	350m 3:45.92	400m 4:18.56	
4.	James COOPER	15	Basildon Ph		4:22.08	665				
	50m 29.76	100m 1:02.23	150m 1:35.31		200m 2:09.02	250m -	300m 3:17.06	350m -	400m 4:22.08	
5.	Jake MOXHAM	15	Co Cambridge		4:24.18	651				
	50m 29.55	100m 1:02.09	150m 1:35.64		200m 2:09.17	250m 2:42.99	300m 3:17.26	350m 3:51.34	400m 4:24.18	
6.	Harvey SKELLERN	15	Co Cambridge		4:26.42	636				
	50m 29.77	100m 1:02.48	150m 1:35.80		200m 2:09.94	250m 2:43.88	300m 3:18.69	350m 3:52.79	400m 4:26.42	
7.	Matthew ROTHWELL	15	Co Peterboro		4:30.45	610				
	50m -	100m 1:05.36	150m 1:40.28		200m 2:15.15	250m -	300m 3:24.12	350m 3:58.68	400m 4:30.45	
8.	Thomas CADENHEAD	15	Co St Albans		4:30.48	610				
	50m 29.93	100m 1:03.67	150m 1:38.86		200m 2:13.02	250m 2:47.84	300m 3:23.05	350m 3:57.88	400m 4:30.48	
9.	Manfred BATTLE	15	Stowmarket		4:31.48	603				
	50m 29.95	100m 1:03.98	150m 1:38.93		200m 2:14.00	250m 2:48.87	300m 3:24.02	350m 3:58.70	400m 4:31.48	
10.	Ben PARADISE	15	Basildon Ph		4:36.52	573				
	50m 30.56	100m 1:04.45	150m 1:39.32		200m 2:14.58	250m 2:50.11	300m 3:26.10	350m 4:01.81	400m 4:36.52	
11.	Daniel ENGLISH	15	Hitchin		4:42.63	537				
	50m 30.94	100m 1:05.94	150m 1:42.16		200m 2:18.41	250m 2:54.22	300m 3:30.38	350m 4:07.55	400m 4:42.63	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts				
1.	Max JELFS	16	Hatfield		4:13.68	725				
	50m 28.31	100m 59.72	150m 1:31.49		200m 2:03.65	250m 2:36.36	300m 3:09.27	350m 3:42.26	400m 4:13.68	
2.	Ralph MUNCER	16	Co St Albans		4:19.09	686				
	50m 29.43	100m 1:01.44	150m 1:34.31		200m 2:07.27	250m 2:40.78	300m 3:14.52	350m 3:47.89	400m 4:19.09	
3.	Jamie MCCAFFRAY	16	Modernian		4:20.50	676				
	50m 29.51	100m 1:01.33	150m 1:34.33		200m -	250m 2:41.57	300m 3:15.29	350m 3:48.52	400m 4:20.50	
4.	James CHENNELLS	16	Berkhamsted		4:24.76	647				
	50m 29.68	100m 1:02.96	150m 1:36.64		200m 2:10.60	250m 2:44.63	300m 3:18.57	350m 3:52.60	400m 4:24.76	
5.	Jude LIDDARD	16	Co St Albans		4:25.89	639				
	50m 29.55	100m 1:02.22	150m 1:35.29		200m 2:09.30	250m 2:43.10	300m 3:17.92	350m 3:52.27	400m 4:25.89	
6.	Callum WOLLASTON	16	Cheshunt		4:29.37	617				
	50m 30.42	100m 1:03.62	150m 1:37.73		200m 2:12.31	250m 2:47.23	300m 3:22.05	350m 3:56.47	400m 4:29.37	
7.	Charles WHYTE	16	West Suffolk		4:29.60	615				
	50m 30.29	100m 1:04.02	150m 1:38.95		200m 2:14.09	250m 2:48.48	300m 3:23.54	350m 3:57.67	400m 4:29.60	
8.	Billy LO	16	Basildon Ph		4:33.10	593				
	50m 30.19	100m 1:03.09	150m 1:36.40		200m 2:11.07	250m 2:45.59	300m 3:21.35	350m 3:57.16	400m 4:33.10	
9.	Harrison LEES	16	Watford SC		4:35.26	580				
	50m 30.67	100m 1:04.29	150m 1:38.60		200m 2:14.49	250m 2:49.69	300m 3:25.59	350m 4:01.52	400m 4:35.26	
10.	Michael RIPPER	16	Co St Albans		4:36.04	575				
	50m 30.32	100m 1:04.77	150m 1:40.10		200m 2:15.89	250m 2:52.10	300m 3:28.55	350m 4:05.58	400m 4:36.04	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts				
1.	Luke TURLEY	17	Hatfield		3:58.86	845				
	50m 27.75	100m 57.56	150m 1:28.04		200m 1:58.02	250m 2:28.16	300m 2:58.40	350m 3:29.39	400m 3:58.86	
2.	Nathan WELLS	19	West Norfolk		4:03.80	803				
	50m 27.79	100m 57.73	150m 1:28.59		200m 1:58.97	250m 2:30.70	300m 3:02.05	350m 3:33.42	400m 4:03.80	
3.	Regan LLOYD	20	teampipswich		4:06.71	779				
	50m 27.44	100m 57.23	150m 1:27.84		200m 1:59.31	250m 2:30.75	300m 3:02.95	350m 3:34.95	400m 4:06.71	
4.	Jamie SCHOLES	17	Co Peterboro		4:09.53	757				
	50m 26.95	100m 57.43	150m -		200m 2:00.82	250m -	300m 3:04.90	350m -	400m 4:09.53	
5.	Max WILSON	17	Modernian		4:12.72	732				
	50m 29.01	100m 1:00.35	150m 1:33.16		200m 2:06.06	250m 2:38.33	300m 3:11.11	350m 3:42.85	400m 4:12.72	
6.	Bayley FINBOW	17	teampipswich		4:13.70	725				
	50m -	100m 1:00.54	150m -		200m 2:06.43	250m 2:38.60	300m 3:10.89	350m 3:42.43	400m 4:13.70	
7.	Harry CONSTANTINE	17	Hatfield		4:13.93	723				
	50m 27.71	100m 58.97	150m 1:30.97		200m 2:03.55	250m 2:36.10	300m 3:09.45	350m 3:42.22	400m 4:13.93	
8.	Luke SUGDEN	18	Hatfield		4:15.26	713				
	50m 28.02	100m 59.18	150m 1:31.23		200m 2:03.96	250m 2:36.33	300m 3:09.89	350m 3:43.42	400m 4:15.26	
9.	Reece NICHOLLS	17	Basildon Ph		4:15.28	713				
	50m 29.08	100m 1:00.79	150m 1:33.31		200m 2:06.29	250m 2:39.59	300m 3:11.75	350m 3:44.01	400m 4:15.28	
10.	Myles TURNER	17	West Suffolk		4:15.68	710				
	50m 29.08	100m 1:00.65	150m 1:33.00		200m 2:06.05	250m -	300m 3:11.32	350m -	400m 4:15.68	
11.	Harry WHITEMAN	17	Co Peterboro		4:18.29	691				
	50m 29.89	100m 1:02.32	150m 1:35.90		200m 2:08.99	250m 2:41.86	300m 3:15.26	350m 3:47.85	400m 4:18.29	
12.	Bradley VEITCH	18	Bishop Stort		4:18.52	690				
	50m 29.98	100m 1:01.47	150m 1:34.78		200m 2:08.17	250m 2:41.09	300m 3:14.40	350m 3:47.24	400m 4:18.52	
13.	Alex MASON	21	Team Luton		4:19.24	685				
	50m 29.95	100m 1:02.09	150m 1:34.89		200m 2:07.99	250m 2:41.16	300m 3:14.53	350m 3:47.71	400m 4:19.24	



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14. Erik SULLIVAN	23	Co Cambridge	4:20.55	675				
50m 28.99	100m 1:00.48	150m 1:33.20	200m 2:06.40	250m 2:39.70	300m 3:13.14	350m 3:47.31	400m 4:20.55	
15. James BAYLEY	17	Basildon Ph	4:21.80	667				
50m 29.75	100m 1:02.74	150m 1:35.53	200m 2:09.22	250m 2:42.76	300m 3:16.26	350m 3:49.80	400m 4:21.80	
16. Luke BRYAN	17	West Norfolk	4:23.44	656				
50m 30.16	100m 1:02.77	150m 1:35.70	200m 2:09.32	250m 2:42.52	300m 3:16.34	350m 3:50.13	400m 4:23.44	
17. Joshua FOWLES	18	Witham Dolph	4:25.73	640				
50m 30.33	100m 1:03.13	150m 1:36.89	200m 2:11.30	250m 2:45.27	300m 3:19.67	350m 3:52.69	400m 4:25.73	
18. Jake THOMAS-MANSFIELD	17	St Felix Sch	4:26.42	636				
50m 29.19	100m 1:01.23	150m 1:34.51	200m 2:08.41	250m 2:42.17	300m 3:17.95	350m 3:54.37	400m 4:26.42	
19. Spencer PRIOR	18	Colchester	4:32.14	599				
50m 30.39	100m 1:03.97	150m 1:38.42	200m 2:13.22	250m 2:48.31	300m 3:23.54	350m 3:58.28	400m 4:32.14	
20. Callum HODGSON	17	Basildon Ph	14 5:07.85	414				
50m -	100m 1:12.68	150m 1:51.95	200m 2:30.97	250m 3:10.54	300m 3:49.90	350m -	400m 5:07.85	
21. Mark EVENS	21	Hitchin	14 5:35.06	312				
50m 37.31	100m 1:18.40	150m 2:01.50	200m 2:44.10	250m 3:28.55	300m 4:11.11	350m 4:55.10	400m 5:35.06	

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints			
1.	Callum HODGSON	17	Basildon Ph	14	5:07.85	559			
	50m -	100m 1:12.68	150m 1:51.95		200m 2:30.97	250m 3:10.54	300m 3:49.90	350m -	400m 5:07.85
2.	Mark EVENS	21	Hitchin	14	5:35.06	434			
	50m 37.31	100m 1:18.40	150m 2:01.50		200m 2:44.10	250m 3:28.55	300m 4:11.11	350m 4:55.10	400m 5:35.06



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Weekend One - Luton
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EVENT 221 Mens 200m Backstroke

Regional Records - Junior 2:05.90 Senior 1:56.05

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	James COOPER	15	Basildon Ph	2:13.86	689	31.14	1:05.16	1:39.92
2.	Jonathon ADAM	15	Co Cambridge	2:14.31	683	-	1:05.18	1:39.26
3.	Manfred BATTLE	15	Stowmarket	2:15.59	666	31.36	1:05.85	1:41.62
4.	Liam BRENNAN	15	Basildon Ph	2:16.56	653	31.60	1:06.01	1:41.90
5.	Herbie KINDER	15	Co Peterboro	2:17.59	640	31.76	1:07.06	1:43.14
6.	Samuel PERKS	15	Basildon Ph	2:17.75	638	32.10	1:08.49	1:44.90
7.	Jack TREMAIN	15	Modernian	2:19.28	619	-	1:08.61	-
8.	Myles ROBINSON-YOUNG	15	Co Peterboro	2:23.38	570	32.53	1:08.76	1:46.48
9.	Henry PEARCE	15	Co Peterboro	2:23.79	565	34.58	1:10.72	1:47.82
10.	Matthew ROTHWELL	15	Co Peterboro	2:23.88	564	34.01	1:11.22	1:48.26
11.	Tanin KURSIDIM	15	Co St Albans	2:23.90	564	-	1:09.69	-
12.	Edward CAMPFIELD	15	Harpenden	2:24.41	558	32.99	1:09.73	1:47.99
13.	Aidan HOWARD	15	Leiston	2:25.02	552	34.36	1:11.27	1:49.12
14.	Elliott DAY	15	teamipswich	2:25.22	549	34.50	1:11.46	1:49.09
15.	Tom WARD	15	Chelmsford	2:25.66	545	33.70	1:10.96	1:29.58
16.	Benjamin HARVEY	15	Basildon Ph	2:26.26	538	34.78	1:11.78	1:50.13
17.	Ben BLOWERS	15	UEA Norwich	2:26.91	531	33.43	1:10.77	1:49.30
18.	Nicholas BOTHA	15	Bishop Stort	2:27.00	530	-	1:12.58	-
19.	Ayotobi LAGUDA	15	Hatfield	2:27.26	527	34.74	-	1:50.36
20.	Matthew ANDERSON	15	Deben	2:29.80	501	34.90	1:13.04	1:52.91
21.	Collins SALIBOKO	15	St Felix Sch	2:31.07	489	34.79	1:12.14	1:50.76
22.	Kieron HARRIS	15	Thurrock	2:34.12	460	34.90	1:13.79	1:54.75

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Thomas CLARE	16	teamipswich	2:10.76	734	30.83	1:05.00	1:38.18
2.	Max JELFS	16	Hatfield	2:13.50	694	31.29	1:05.16	1:39.58
3.	Jack SANGSTER	16	Modernian	2:16.29	657	31.33	1:05.78	1:40.96
4.	Samuel WORTLEY	16	West Suffolk	2:20.06	609	33.01	1:08.69	1:44.87
5.	Lewis BAYLEY	16	Southend	2:20.11	608	32.97	1:08.33	1:44.72
6.	Daniel CHADA	16	Bishop Stort	2:20.31	606	-	1:06.93	1:13.98
7.	James CHENNELLS	16	Berkhamsted	2:21.04	597	32.36	1:07.93	1:45.09
8.	Charles WHYTE	16	West Suffolk	2:22.24	583	32.87	1:10.00	1:46.55
9.	Michael RIPPER	16	Co St Albans	2:22.25	583	32.41	1:08.40	1:45.44
10.	George HART	16	C Beds SS	2:22.86	576	33.13	1:08.90	1:46.33
11.	Thomas STANBURY	16	Potters Bar	2:24.80	554	32.62	1:09.39	1:47.48
12.	Matteo TONTODONATI	16	Bishop Stort	2:25.18	550	32.90	1:09.14	1:46.96
13.	John BOYLE	16	DunmowAtlant	2:27.38	526	33.02	1:10.25	1:48.82

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Jamie SCHOLDS	17	Co Peterboro	2:08.63	765	30.68	1:03.78	1:36.98
2.	Nathan WELLS	19	West Norfolk	2:09.38	754	30.27	1:02.69	1:36.56
3.	Ryan KELLY	18	Chelmsford	2:10.48	738	30.99	1:04.49	1:38.34
4.	Elliott WYLIE	18	Hatfield	2:12.16	713	31.38	1:05.01	1:38.80
5.	Myles TURNER	17	West Suffolk	2:12.99	702	31.91	1:05.52	1:39.65
6.	Oliver FITT	18	St Ives	2:13.11	700	28.57	1:01.27	1:38.61
7.	Harry WHITEMAN	17	Co Peterboro	2:14.35	683	-	1:06.64	-
8.	Samuel PEASE	18	Basildon Ph	2:14.75	677	31.37	1:06.54	1:41.28
9.	Tyler BERRY	17	Basildon Ph	2:16.02	660	31.39	1:05.88	1:40.93
10.	Ruben DEKKER	24	Co Cambridge	2:16.16	658	31.14	1:04.49	1:39.90
11.	Matthew GRAY	17	Co Peterboro	2:16.51	654	31.50	1:06.79	1:42.49
12.	Ben POGSON	25	West Norfolk	2:17.46	642	-	1:06.30	-
13.	Harry FOX	18	Basildon Ph	2:17.55	640	-	1:07.24	-
14.	Joshua GAINES	19	Hemel Hemp	2:17.89	636	32.15	1:07.43	1:43.35
15.	Cavan BECK	18	Rochford	2:19.34	618	32.40	1:07.33	1:44.05
16.	Joseph WELLS	18	West Norfolk	2:19.80	612	32.24	1:07.52	1:43.90
17.	Reece NICHOLLS	17	Basildon Ph	2:21.40	593	32.12	1:07.04	1:43.76
18.	Lucas DYSON-DIAZ	17	Hatfield	2:22.31	582	32.46	1:08.18	1:45.48
19.	Oliver KENNY	20	West Norfolk	2:22.66	578	32.45	1:08.12	1:45.40
20.	Thomas BOYT	18	Felixstowe	2:24.03	563	33.78	1:09.74	1:45.93
21.	Bayley FINBOW	17	teamipswich	2:28.53	514	32.46	1:08.58	1:48.38
22.	Kazimir UZWYSHYN-JONES	18	Co St Albans	2:30.81	491	34.44	1:11.62	1:51.96



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EVENT 222 Womens 100m Freestyle

Regional Records - Junior 57.15 Senior 55.09

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Macy LAWRENCE	15	Basildon Ph		59.36	774	28.38
2.	Rebecca WATT	15	DunmowAtlant		1:00.05	752	28.80
3.	Abbie LOW	15	Chelmsford		1:00.22	746	29.39
4.	Mia MASPERS	15	teamipswich		1:00.83	727	29.63
5.	Sarah CARROLL	15	Bishop Stort		1:00.84	726	29.78
5.	Charlotte WALKER	15	UEA Norwich		1:00.84	726	-
7.	Mackenzie WHYATT	15	Co Peterboro		1:00.88	725	29.61
8.	Mia CARTER	15	Bishop Stort		1:01.11	718	29.47
9.	Tia WILSON	15	Modernian		1:01.41	709	-
10.	Anna BLAKELEY	15	Co Peterboro		1:01.79	697	29.10
11.	Lija RADZIUNAITE	15	Stowmarket		1:02.09	688	30.09
12.	Chloe MOLONEY	15	DunmowAtlant		1:02.14	687	29.42
13.	Erin LEE	15	Basildon Ph		1:02.22	685	30.37
14.	Emily JONES	15	Modernian		1:02.26	683	30.13
15.	Rebecca STROUD	15	Brentwood		1:02.46	677	29.55
16.	Tia GARDINER	15	Chelmsford		1:02.53	675	30.25
17.	Megan PYE	15	UEA Norwich		1:02.58	674	29.82
18.	Niamh PERRY	15	West Suffolk		1:02.71	670	30.74
19.	Billie GRANT	15	Hatfield		1:02.95	663	30.79
20.	Shona MCKENNA	15	Hemel Hemp		1:02.98	662	29.84
21.	Lauren THOMAS	15	C Beds SS		1:03.22	656	30.42
22.	Emily LUSH	15	Cheshunt		1:03.27	654	-
23.	Nicole CHANDLER	15	teamipswich		1:03.80	639	30.88
24.	Olivia NORMAN	15	Colchester		1:03.85	638	30.49
25.	Lauren STOTT	15	Hatfield		1:03.87	638	30.99
26.	Sophie PAYNE	15	Hatfield		1:04.00	634	-
27.	Millie WARD	15	Brentwood		1:04.03	633	30.79

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Poppy RICHARDSON	16	Co Peterboro		1:00.36	742	-
2.	Sonia TUMIOTTO	16	St Felix Sch		1:00.93	724	30.36
3.	Lauren WATT	16	Newmarket		1:01.37	710	29.39
4.	Alice FENDER	16	Hemel Hemp		1:01.56	704	-
5.	Amy PEMBERTON	16	Berkhamsted		1:01.97	692	30.05
6.	Caitlin WATSON-DOTCHIN	16	Basildon Ph		1:03.38	651	31.08
7.	Josie PRETIOUS-WHITE	16	Bishop Stort		1:03.61	645	29.79
8.	Niamh ADCOCK	16	UEA Norwich		1:03.78	640	31.34

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Martha DULEY	18	Colchester		58.00	821	28.13
2.	Mollie ALLEN	19	Co Peterboro		58.25	812	28.40
3.	Rebecca SHERWIN	17	teamipswich		58.87	791	28.62
4.	Meghan MAYBANKS	17	DunmowAtlant		59.18	780	27.92
5.	Amy YOUNG	18	Bishop Stort		59.57	767	29.24
6.	Molly OLLINGTON	19	West Suffolk		59.61	766	29.06
7.	Bethany SAUNDERS	18	Co Peterboro		59.66	764	28.96
8.	Rikke NAGELL-KLEVEN	22	UEA Norwich		1:00.01	753	29.35
8.	Lauren SIMPKINS	19	Putteridge		1:00.01	753	28.57
10.	Elinor DULEY	17	Colchester		1:00.09	750	29.00
11.	Katrin HEIDER	25	Co Cambridge		1:00.37	741	28.99
12.	Abigail WHITING	18	West Norfolk		1:00.89	725	29.44
13.	Rachel WELLINGS	17	Co Peterboro		1:00.99	722	28.79
14.	Tara COLEMAN	21	Deben		1:01.18	716	-
15.	Jessica WESTLAKE	18	St Felix Sch		1:01.25	714	29.55
16.	Lauren HALL	18	Co Cambridge		1:01.28	713	29.53
17.	Katie CONYERS	17	Potters Bar		1:01.43	708	29.45
18.	Amber SWALES	22	Biggleswade		1:01.53	705	29.92
19.	Shannon STOTT	17	Hatfield		1:01.54	705	-
20.	Rebecca BURTON	19	Co Peterboro		1:01.68	701	29.39
21.	Cathryn THOMSON	27	St Ives		1:01.88	695	29.63
22.	Kioni BROOMFIELD	17	Dereham		1:02.16	686	29.69
23.	Amelia PEDDLE	17	Epping For't		1:02.27	683	29.61
24.	Lauren GRICE	18	Leighton Buz		1:02.49	677	30.02
25.	Leanne CAREY	18	Watford SC		1:02.74	669	29.48
26.	Faye HERMON	18	Felixstowe		1:03.72	642	30.92
27.	Beatrice BARDER	18	Co St Albans		1:04.92	609	30.60

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Bethany LEVETT	14	Stowmarket	9	1:28.88	324	43.59



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EVENT 223 Mens 50m Breaststroke

Regional Records - Junior 31.11 Senior 27.45

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Reese HOUSDEN	15	Hatfield		31.62	702
2.	Joshua BRISTOW	15	Modernian		31.75	695
3.	Jack WILLIAMS	15	Basildon Ph		31.76	694
4.	Sam PERKINS	15	teamipswich		32.53	651
5.	Adam HARDY	15	teamipswich		32.84	634
6.	Kieran MCCARTHY	15	Co St Albans		33.45	602
7.	Lewis MOORE	15	Deben		33.54	598
8.	Oliver CASHIN	15	Co Cambridge		33.71	589
9.	Mal STAFF	15	UEA Norwich		33.74	588
10.	Bryn COUSER	15	Bishop Stort		33.90	580
11.	Tommy CHANDLER	15	Gt Yarmouth		34.05	573
12.	Yannik WILSON	15	Harpenden		34.15	568
13.	Freddie SYMONDS	15	Team Luton		34.16	567
14.	Joseph COLDWELL	15	Hemel Hemp		34.26	563
15.	William HANDLEY	15	Stowmarket		34.53	550
16.	Liam BRENNAN	15	Basildon Ph		34.58	548
17.	Callum HAROLD	15	Bishop Stort		34.91	533
17.	Kai BORROMEO	15	Modernian		34.91	533
19.	Tolu ELESIN	15	Potters Bar		35.08	525
20.	Jack MANSFIELD	15	Harlow Pen		35.17	521
21.	Finley PAWLE	15	Leiston		35.18	521
22.	Cameron DAY	15	Diss Otters		35.24	518
23.	Ashley EDGAR	15	West Suffolk		35.32	515
24.	Dominic MCCARTHY	15	Hoddesdon		35.50	507
25.	Manfred BATTLE	15	Stowmarket		35.61	502
26.	Sam MEAD	15	Dunstable		35.66	500
27.	Evan TAYLOR	15	St Ives		35.75	496
28.	Henry PEARCE	15	Co Peterboro		35.81	494
29.	Luca CLARKE	15	West Suffolk		35.85	492
30.	Myles ROBINSON-YOUNG	15	Co Peterboro		35.88	491
31.	Jonathan SCOTT	15	Chelmsford		36.00	486
32.	Ben PARADISE	15	Basildon Ph		36.42	469

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Charles RAYNER	16	Hatfield		31.52	708
2.	Ralph MUNCER	16	Co St Albans		32.23	667
2.	Cole JAMES	16	Hatfield		32.23	667
4.	Samuel BRYAN	16	Basildon Ph		32.25	666
5.	Charles RENNIE	16	Braintree		32.53	651
6.	Nathan SWIFT	16	Putteridge		32.75	639
7.	Raffaele GRACI	16	Putteridge		32.80	636
8.	Maxim DE WILDT	16	Co Cambridge		32.94	629
9.	Samuel SKUSE	16	Beccles Town		33.24	613
10.	Jamie COLES	16	Colchester		33.31	609
11.	Billy LO	16	Basildon Ph		33.43	603
12.	Conor FERGUSON	16	C Beds SS		33.45	602
13.	William RICHARDS	16	Dunstable		33.50	600
14.	Joseph RICHARDSON	16	Harpenden		33.56	597
15.	Jack RICHES	16	UEA Norwich		33.61	594
16.	Oliver HARRIS	16	West Norfolk		33.95	577
17.	Taylor BOWEN	16	West Suffolk		34.25	563
18.	Marcus KEMP	16	Watford SC		34.42	555
19.	Daniel THURSTON-WOOLNO	16	Beccles Town		34.43	555
20.	Samuel GAINES	16	Hemel Hemp		34.74	540
21.	Louis DUTCH	16	Stanway		34.83	536
22.	Ralph DAVIES	16	Harlow Pen		34.84	536
22.	Thomas HAMILTON	16	Royston		34.84	536
24.	Lewis BAYLEY	16	Southend		35.04	527
25.	Matthew WOULDHAM	16	Co Peterboro		35.36	513
26.	George HART	16	C Beds SS		35.42	510
27.	Fraser RYAN	16	Norwich Swan		35.82	493
28.	Azar AITMARRI	16	Thurrock		36.36	472



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Weekend One - Luton
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(Licensed Meet No. 1ER170219)

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Lawrence PALMER	25	Putteridge		28.20	936
2.	Brandon NABARRO	20	Putteridge		29.88	813
3.	Cameron MANLEY	18	C Beds SS		30.33	783
4.	Benjamin ARKLE	18	Co Cambridge		30.56	768
5.	Thomas WIGGINS	18	Co Peterboro		30.63	763
6.	Hayden THOMAS	22	Harlow Pen		30.76	755
7.	Jordan BATSON	21	Putteridge		30.89	747
8.	Jack CHRISTIE	19	Hemel Hemp		30.95	743
9.	David SHIPMAN	17	Potters Bar		31.18	729
10.	Ole MILLS	18	Halstead		31.35	718
11.	Samuel COTTEE	17	teamipswich		31.65	701
12.	Robin TURNER	17	Bishop Stort		31.79	692
13.	Christopher SEARLE	25	Dereham		31.86	688
13.	Samuel JOHNSON	19	Halstead		31.86	688
15.	Finlay RYAN	18	Norwich Swan		31.91	685
16.	Oliver PYLE	17	West Suffolk		31.95	683
17.	Alex FLORANCE	17	West Norfolk		31.97	682
18.	William LOVEMAN	17	Co St Albans		32.08	676
18.	Harry WAGNER	19	Newmarket		32.08	676
20.	Samuel PEASE	18	Basildon Ph		32.17	671
21.	Jack FILER	19	Berkhamsted		32.18	670
22.	Kyle PANTON	22	DunmowAtlant		32.35	661
23.	David HENSMAN	17	Co St Albans		32.42	657
24.	Zhi ONG	18	Co St Albans		32.47	654
25.	Jed SNELL	22	Dereham		32.55	649
26.	Christopher GREENHALGH	21	West Suffolk		32.71	641
27.	Daniel HURST	18	Berkhamsted		32.85	633
28.	Jack POPE	18	Modernian		32.98	626
29.	Martin RUSSELL-ROGERS	19	Hitchin		33.00	625
30.	Matthew MCLAUGHLIN	24	DunmowAtlant		33.01	625
31.	Oliver KENNY	20	West Norfolk		33.21	614
32.	Joseph COLLINS	18	Bishop Stort		33.22	614
33.	Luke BRYAN	17	West Norfolk		33.27	611
33.	Ryan SYKES	21	West Norfolk		33.27	611
35.	Liam NICHOLSON	18	Chelmsford		33.32	609
36.	Nicholas MITCHELL	18	Colchester		33.48	601
37.	Michael JUDD	19	Dunstable		33.71	589
38.	Henry BUTLER	17	Leiston		33.73	588
39.	Sydney NEWNHAM-STEBBIN	18	Lstof & OB		33.80	585
40.	Joshua FOWLES	18	Witham Dolph		33.97	576
41.	Joshua GAINES	19	Hemel Hemp		34.03	574
42.	Luke CROFTS	17	Thurrock		34.06	572
43.	Jack MCGARRY	23	Leighton Buz		34.16	567
44.	Harry WESTON	17	Norwich Swan		34.99	529
	Ryan JARVIS	18	Putteridge		DNC	



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Weekend One - Luton

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EVENT 224 Womens 400m IM

Regional Records - Junior 4:45.21 Senior 4:45.21

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts				
1.	Ellie WHEELER	15	Basildon Ph	5:00.11	795				
	50m 32.73	100m 1:10.12	150m 1:49.26	200m 2:26.93	250m 3:09.23	300m 3:51.26	350m 4:26.60	400m 5:00.11	
2.	Amelia MONAGHAN	15	Co Peterboro	5:05.91	757				
	50m 32.58	100m 1:10.24	150m 1:49.40	200m 2:28.00	250m 3:09.22	300m 3:50.77	350m 4:29.38	400m 5:05.91	
3.	Mia LEECH	15	Co Peterboro	5:07.64	746				
	50m 31.70	100m 1:08.06	150m 1:47.83	200m 2:26.00	250m 3:11.30	300m 3:58.05	350m 4:33.56	400m 5:07.64	
4.	Olivia NORMAN	15	Colchester	5:13.49	710				
	50m 32.32	100m 1:10.23	150m 1:49.20	200m 2:27.74	250m 3:15.44	300m 4:02.49	350m 4:39.37	400m 5:13.49	
5.	Tia WILSON	15	Modernian	5:19.35	676				
	50m 33.62	100m 1:11.58	150m 1:52.19	200m 2:31.85	250m 3:18.42	300m 4:07.33	350m 4:43.81	400m 5:19.35	
6.	Zara KEEGAN	15	Co Cambridge	5:20.82	668				
	50m 33.72	100m 1:12.62	150m 1:57.46	200m 2:40.23	250m 3:24.35	300m 4:09.78	350m 4:47.41	400m 5:20.82	
7.	Niamh PERRY	15	West Suffolk	5:21.34	665				
	50m 34.48	100m 1:12.07	150m 1:54.54	200m 2:36.10	250m 3:24.39	300m 4:10.65	350m 4:46.67	400m 5:21.34	
8.	Annabelle KITCHING	15	Chelmsford	5:21.53	664				
	50m 33.97	100m 1:11.41	150m 1:51.43	200m 2:31.30	250m 3:20.51	300m 4:08.35	350m 4:45.49	400m 5:21.53	
9.	Rebecca WEST	15	Thurrock	5:28.08	628				
	50m -	100m 1:14.10	150m 1:54.71	200m 2:34.56	250m 3:23.80	300m 4:11.48	350m 4:50.63	400m 5:28.08	
10.	Tia GARDINER	15	Chelmsford	5:30.60	615				
	50m 34.61	100m 1:14.82	150m 1:56.65	200m 2:37.21	250m 3:27.56	300m 4:17.65	350m 4:54.78	400m 5:30.60	
11.	Eloise BAILEY	15	Modernian	5:30.87	613				
	50m -	100m 1:19.62	150m 2:02.52	200m 2:44.96	250m 3:30.95	300m 4:16.11	350m 4:53.98	400m 5:30.87	
12.	Amber HEAD	15	Rochford	5:31.30	611				
	50m 33.86	100m 1:13.65	150m 1:57.40	200m 2:39.76	250m 3:25.77	300m 4:12.62	350m 4:52.81	400m 5:31.30	
13.	Ellie RUNNALLS	15	DunmowAtlant	5:33.91	598				
	50m 35.34	100m 1:16.57	150m 2:00.11	200m 2:42.00	250m 3:31.43	300m 4:19.37	350m 4:57.43	400m 5:33.91	
14.	Rachael JOHNSON	15	West Norfolk	5:35.10	592				
	50m 35.07	100m 1:18.16	150m 2:00.90	200m 2:42.40	250m 3:31.54	300m 4:19.25	350m 4:58.43	400m 5:35.10	
15.	Almudena VISSER VELEZ	15	Co Cambridge	5:35.73	589				
	50m 35.99	100m 1:17.63	150m 2:00.20	200m 2:40.07	250m 3:30.51	300m 4:20.61	350m 4:59.58	400m 5:35.73	
16.	Olivia SEAL	15	Hatfield	5:35.98	587				
	50m 36.10	100m 1:14.67	150m 2:00.49	200m 2:44.32	250m 3:34.46	300m 4:21.50	350m 4:59.89	400m 5:35.98	
17.	Lauren THOMAS	15	C Beds SS	5:37.24	581				
	50m 34.38	100m 1:15.82	150m 1:59.32	200m 2:41.20	250m 3:31.96	300m 4:23.17	350m 5:00.90	400m 5:37.24	
18.	Aoife MARLEY	15	Witham Dolph	5:43.53	551				
	50m 35.84	100m 1:17.72	150m -	200m 2:49.74	250m 3:34.76	300m 4:21.12	350m 5:03.34	400m 5:43.53	
19.	Jennifer READ	15	West Norfolk	5:52.56	511				
	50m 35.28	100m 1:19.41	150m 2:05.82	200m 2:49.74	250m 3:42.24	300m 4:35.03	350m 5:14.24	400m 5:52.56	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts				
1.	Sophie TAYLOR	16	St Felix Sch	5:13.46	710				
	50m -	100m 1:12.06	150m 1:51.31	200m 2:29.50	250m -	300m 4:03.28	350m 4:39.68	400m 5:13.46	
2.	Celyn WALMSLEY	16	Team Luton	5:14.70	703				
	50m 34.08	100m 1:13.86	150m 1:53.27	200m 2:32.38	250m 3:18.10	300m 4:02.42	350m 4:39.30	400m 5:14.70	
3.	Lauren HARRISON	16	Co Peterboro	5:14.86	702				
	50m 33.16	100m 1:11.74	150m 1:54.38	200m 2:35.77	250m 3:18.28	300m 4:01.70	350m 4:39.45	400m 5:14.86	
4.	Tilly ANEMA	16	Norwich Swan	5:32.71	604				
	50m 35.39	100m 1:16.35	150m 1:58.01	200m 2:37.26	250m 3:28.57	300m 4:16.74	350m 4:56.00	400m 5:32.71	
5.	Rebecca MERRILL	16	Norwich Swan	5:41.43	561				
	50m 35.35	100m 1:18.63	150m 2:04.02	200m 2:48.49	250m -	300m 4:23.85	350m 5:03.64	400m 5:41.43	
6.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	5:46.67	537				
	50m 37.78	100m 1:22.32	150m 2:09.19	200m 2:53.68	250m 3:40.41	300m 4:28.09	350m 5:08.21	400m 5:46.67	
7.	Hannah TAPLIN	16	Deben	5:49.21	525				
	50m 37.23	100m 1:19.41	150m 2:02.78	200m 2:46.51	250m 3:38.44	300m 4:28.69	350m 5:09.29	400m 5:49.21	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts				
1.	Philippa SHUTTLEWORTH	20	Hatfield	5:10.44	729				
	50m 33.00	100m 1:08.48	150m 1:48.29	200m 2:27.04	250m 3:13.69	300m 4:00.80	350m 4:36.98	400m 5:10.44	
2.	Laura COPPING	17	Hatfield	5:10.47	728				
	50m -	100m 1:08.69	150m 1:49.98	200m 2:29.93	250m -	300m 3:59.06	350m 4:36.60	400m 5:10.47	
3.	Millie EMMANS	18	Co Cambridge	5:14.58	704				
	50m 32.16	100m 1:09.44	150m 1:53.79	200m 2:35.95	250m 3:20.26	300m 4:05.59	350m 4:41.15	400m 5:14.58	
4.	Chantal SMITH	17	Team Luton	5:18.37	681				
	50m 33.89	100m 1:10.26	150m 1:53.83	200m 2:36.04	250m 3:21.69	300m 4:07.50	350m 4:43.90	400m 5:18.37	
5.	Danielle RAYNER	21	March	5:19.20	677				
	50m 22.02	100m 1:11.06	150m 1:50.65	200m 2:30.10	250m 3:17.20	300m 4:05.34	350m 4:42.16	400m 5:19.20	
6.	Lauren GRICE	18	Leighton Buz	5:23.88	651				
	50m 33.34	100m 1:10.61	150m 1:51.99	200m 2:33.62	250m 3:23.27	300m 4:10.41	350m 4:47.56	400m 5:23.88	
7.	Bethany PALMER	19	UEA Norwich	5:34.74	594				
	50m 34.94	100m 1:13.66	150m 1:57.45	200m 2:39.48	250m -	300m 4:18.41	350m 4:57.56	400m 5:34.74	
8.	Melissa ELEY	17	Chelmsford	5:36.83	583				



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	50m 34.26	100m 1:15.09	150m 1:59.00	200m 2:41.56	250m 3:32.83	300m 4:22.61	350m 5:00.33	400m 5:36.83
9. Peyton EWBANK		17 Norwich Swan		5:38.35		576		
	50m 33.57	100m 1:13.01	150m 1:55.82	200m 2:37.46	250m -	300m 4:23.01	350m 5:01.24	400m 5:38.35
10. Juliet MERELIE		19 Harpenden		5:39.38		571		
	50m 36.53	100m 1:21.95	150m 2:07.13	200m 2:50.98	250m 3:38.22	300m 4:23.90	350m 5:03.23	400m 5:39.38
11. Megan CLAYDON		17 Deben		5:40.81		564		
	50m 33.88	100m 1:15.87	150m 1:59.97	200m 2:43.01	250m 3:33.13	300m 4:24.31	350m 5:03.85	400m 5:40.81
12. Lauren GOODYER		17 C Beds SS		5:41.06		563		
	50m -	100m 1:16.25	150m 1:59.20	200m 2:42.55	250m 3:31.88	300m 4:21.89	350m 5:01.12	400m 5:41.06
13. Gemma TROTT		18 C Beds SS		5:46.17		539		
	50m 34.72	100m 1:17.78	150m 2:00.82	200m 2:43.27	250m 3:35.06	300m 4:27.19	350m 5:07.24	400m 5:46.17
14. Emily SELLEN		18 Watford SC		5:46.59		537		
	50m 37.15	100m 1:22.64	150m 2:11.29	200m 2:56.56	250m 3:42.10	300m 4:27.91	350m 5:08.81	400m 5:46.59
Amber HUGHES		18 Hatfield		DNC				



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Weekend One - Luton

29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 225 Mens 14/16 Yrs 800m Freestyle Team

Regional Record - 7:32.34

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Cambridge SC	Co Cambridge	8:03.24	737
	50m 28.12	100m 59.20	150m 1:31.24	200m 2:03.04
	450m 4:31.42	500m 5:02.41	550m 5:33.98	600m 6:05.55
2.	City of Peterborough A	Co Peterboro	8:07.16	721
	50m 27.32	100m 57.38	150m 1:27.12	200m 1:56.78
	450m 4:25.35	500m 4:56.58	550m 5:28.70	600m 6:00.66
3.	City of St Albans SC	Co St Albans	8:18.66	678
	50m 28.25	100m 59.29	150m 1:31.71	200m 2:03.85
	450m 4:36.09	500m 5:09.18	550m 5:43.73	600m 6:16.66
4.	Modernian SC	Modernian	8:26.23	651
	50m 28.83	100m 1:00.19	150m 1:32.20	200m 2:03.65
	450m 4:43.22	500m 5:14.86	550m 5:48.06	600m 6:20.51
5.	Basildon & Phoenix SC	Basildon Ph	8:28.44	643
	50m 29.51	100m 1:01.14	150m 1:34.29	200m 2:06.68
	450m 4:45.39	500m 5:16.26	550m 5:48.76	600m 6:20.51
6.	Hatfield SC B	Hatfield	8:56.82	552
	50m 30.06	100m 1:04.28	150m 1:40.63	200m 2:16.02
	450m 4:58.95	500m 5:33.82	550m 6:10.14	600m 6:44.16
7.	Hemel Hempstead SC	Hemel Hemp	8:59.65	543
	50m 30.10	100m 1:05.15	150m 1:41.67	200m 2:18.25
	450m 5:03.76	500m 5:36.87	550m 6:13.46	600m 6:49.12
8.	Harpenden SC A	Harpenden	9:16.49	496
	50m 29.24	100m 1:02.99	150m 1:38.78	200m 2:11.95
	450m 5:03.56	500m 5:39.37	550m 6:16.63	600m 6:53.53
	Hatfield SC A	Hatfield	DQ	

EVENT 226 Mens 17 Yrs/Over 800m Free Team

Regional Record - 7:32.34

Full Results

Place	Name	Club	Time	GB Pts
1.	Hatfield SC A	Hatfield	7:45.24	812
	50m 27.53	100m 57.50	150m 1:29.05	200m 1:59.88
	450m 4:21.33	500m 4:51.52	550m 5:22.02	600m 5:51.39
2.	Basildon & Phoenix SC	Basildon Ph	8:00.70	747
	50m 27.81	100m 57.96	150m 1:29.27	200m 2:00.72
	450m 4:31.64	500m 5:01.93	550m 5:33.53	600m 6:05.11
3.	City of Peterborough A	Co Peterboro	8:00.83	746
	50m 27.24	100m 56.87	150m 1:27.86	200m 1:58.27
	450m -	500m 4:55.56	550m 5:27.77	600m 5:58.61
4.	City of Cambridge SC	Co Cambridge	8:07.93	718
	50m 27.46	100m 57.37	150m 1:29.05	200m 2:00.74
	450m 4:30.05	500m 5:01.07	550m 5:31.84	600m 6:02.35
5.	Bishops Stortford SC	Bishop Stort	8:09.05	714
	50m 27.92	100m 58.77	150m 1:32.20	200m 2:04.84
	450m 4:33.10	500m 5:03.80	550m 5:36.01	600m 6:08.24
6.	Hatfield SC B	Hatfield	8:24.23	658
	50m 29.25	100m 1:00.34	150m 1:33.12	200m 2:06.23
	450m 4:40.06	500m 5:12.93	550m 5:47.72	600m 6:20.63



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EVENT 231 FINAL OF EVENT 211 Mens 15 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Mason HUNNISETT	15	Basildon Ph	2:13.81	666	30.54	1:03.75	1:39.37
2.	Collins SALIBOKO	15	St Felix Sch	2:16.84	626	31.85	1:05.54	1:42.17
3.	Oliver REEK	15	UEA Norwich	2:16.92	625	30.02	1:04.25	1:40.65
4.	Samuel PERKS	15	Basildon Ph	2:22.72	556	31.89	1:06.45	1:44.64
5.	Henry PEARCE	15	Co Peterboro	2:24.10	540	33.15	1:09.41	1:47.86
6.	Elliott DAY	15	teamipswich	2:24.29	538	32.34	1:08.93	1:46.79
7.	Tanin KURSIDIM	15	Co St Albans	2:24.55	536	31.85	1:08.18	1:47.14
8.	Angus HARROW	15	Harpenden	2:26.43	516	-	1:06.82	-

EVENT 232 FINAL OF EVENT 211 Mens 16 Yrs 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Max JELFS	16	Hatfield	2:15.62	642	30.13	1:03.55	1:40.08
2.	Jamie MCCAFFRAY	16	Modernian	2:16.95	625	31.25	1:05.65	1:42.70
3.	James MCFARLAND	16	C Beds SS	2:17.42	619	30.88	1:05.35	1:41.34
4.	Samuel BRYAN	16	Basildon Ph	2:18.99	599	30.22	1:05.65	1:42.94
5.	Charles WHYTE	16	West Suffolk	2:21.06	575	30.92	1:06.01	1:44.76
6.	Harrison LEES	16	Watford SC	2:21.75	567	-	1:05.97	-
7.	Andrei GARE	16	Southend	2:22.60	557	32.27	1:06.96	1:45.81
8.	Samuel GAINES	16	Hemel Hemp	2:24.91	532	33.00	1:09.45	1:47.75

EVENT 233 FINAL OF EVENT 211 Mens 17 Yrs/Over 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Nathan HUGHES	17	Hatfield	2:07.20	761	28.33	1:00.13	-
2.	James WOODWARD	17	Potters Bar	2:09.46	727	28.69	1:01.40	1:35.54
3.	Luke SUGDEN	18	Hatfield	2:12.64	682	30.07	1:02.13	1:37.54
4.	Harry WHITEMAN	17	Co Peterboro	2:14.01	663	29.11	1:02.95	1:38.80
5.	Benjamin GARRATT	17	Hatfield	2:14.24	660	29.32	1:03.16	1:39.70
6.	Christopher GREENHALGH	21	West Suffolk	2:17.98	612	30.11	1:04.19	1:40.84
7.	Luke BRYAN	17	West Norfolk	2:20.00	587	22.44	1:04.06	1:41.67
8.	Harry FOX	18	Basildon Ph	2:24.57	535	-	1:05.74	2:11.25

EVENT 234 FINAL OF EVENT 212 Womens 15 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Lija RADZIUNAITE	15	Stowmarket	29.93	854
2.	Mia CARTER	15	Bishop Stort	30.91	788
3.	Maisie EASTER	15	UEA Norwich	31.01	782
4.	Amie PHILPOT	15	teamipswich	31.03	780
5.	Olivia NORMAN	15	Colchester	31.61	744
6.	Macy LAWRENCE	15	Basildon Ph	31.73	737
7.	Megan PYE	15	UEA Norwich	32.03	719
8.	Anna BLAKELEY	15	Co Peterboro	32.30	703

EVENT 235 FINAL OF EVENT 212 Womens 16 Yrs 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Grace WYLIE	16	Hatfield	31.61	744
2.	Josie PRETIOSUS-WHITE	16	Bishop Stort	31.72	737
3.	Niamh JAMES	16	Bishop Stort	31.73	737
4.	Claire BURRELL	16	Harpenden	31.96	723
5.	Poppy RICHARDSON	16	Co Peterboro	32.06	717
6.	Emma LESLIE	16	Co Peterboro	32.60	686
7.	Sonia TUMIOTTO	16	St Felix Sch	32.62	685
8.	Martine TRAN	16	Thurrock	33.36	644

EVENT 236 FINAL OF EVENT 212 Womens 17 Yrs/Over 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Mollie ALLEN	19	Co Peterboro	28.90	930
2.	Rebecca SHERWIN	17	teamipswich	30.12	841
3.	Martha DULEY	18	Colchester	30.34	826
4.	Bethany SAUNDERS	18	Co Peterboro	30.85	792
5.	Georgina PRYOR	19	Harlow Pen	31.24	767
6.	Molly OLLINGTON	19	West Suffolk	31.45	754
7.	Lauren HALL	18	Co Cambridge	31.51	750
8.	Elinor DULEY	17	Colchester	31.78	734



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EVENT 237 FINAL OF EVENT 213 Mens 15 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Reese HOUSDEN	15	Hatfield	24.75	705
2.	Jake MOXHAM	15	Co Cambridge	25.20	671
3.	Lewis MOORE	15	Deben	25.39	658
4.	Myles ROBINSON-YOUNG	15	Co Peterboro	25.51	650
4.	Ayotobi LAGUDA	15	Hatfield	25.51	650
6.	Jonathon ADAM	15	Co Cambridge	25.85	626
7.	James COOPER	15	Basildon Ph	26.07	612
8.	Manfred BATTLE	15	Stowmarket	26.13	608

EVENT 238 FINAL OF EVENT 213 Mens 16 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Matthew TITMAN	16	Co Cambridge	24.94	690
2.	Evan THOMAS-MANSFIELD	16	West Suffolk	25.13	677
3.	Daniel CHADA	16	Bishop Stort	25.29	665
4.	Thomas CLARE	16	teamipswich	25.64	641
5.	James CHENNELLS	16	Berkhamsted	25.70	636
6.	Joshua SMITH	16	DunmowAtlant	26.02	615
6.	Ashley COOMBS	16	Hemel Hemp	26.02	615
8.	Michael RIPPER	16	Co St Albans	26.11	609

EVENT 239 FINAL OF EVENT 213 Mens 17 Yrs/Over 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Andrew WEATHERITT	26	St Ives	23.48	807
2.	Harry CONSTANTINE	17	Hatfield	23.87	774
3.	Ignacio LARGHERO	18	Newmarket	24.23	745
4.	Ruben DEKKER	24	Co Cambridge	24.33	737
5.	Luke TURLEY	17	Hatfield	24.58	718
5.	Lee BAKER	22	Harlow Pen	24.58	718
7.	Oliver FITT	18	St Ives	24.76	704
8.	Samuel COTTEE	17	teamipswich	25.33	662

EVENT 240 FINAL OF EVENT 214 Womens 15 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Amelia MONAGHAN	15	Co Peterboro	1:14.50	754	36.43
2.	Keira FROSDICK	15	West Norfolk	1:15.10	738	35.19
3.	Sophie PAYNE	15	Hatfield	1:17.28	684	36.99
4.	Vejune PETRAITYTE	15	Basildon Ph	1:17.51	679	36.93
5.	India WESTON	15	Norfolk Vikg	1:19.14	642	37.52
6.	Aoife MARLEY	15	Witham Dolph	1:19.23	640	36.70
7.	Lauren SCOTT	15	Chelmsford	1:19.45	635	37.79
8.	Nicole CHANDLER	15	teamipswich	1:20.35	615	37.58

EVENT 241 FINAL OF EVENT 214 Womens 16 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Molly LEE	16	West Norfolk	1:14.72	748	35.84
2.	Abigail HURST	16	Berkhamsted	1:15.24	735	36.34
3.	Lauren HARRISON	16	Co Peterboro	1:17.92	669	37.20
4.	Honey HARVEY	16	Gt Yarmouth	1:18.25	662	37.50
5.	Celyn WALMSLEY	16	Team Luton	1:18.28	661	37.16
6.	Nadine SMITH	16	Hatfield	1:18.71	651	36.72
7.	Alara NORTON	16	Hatfield	1:19.85	626	37.57
8.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	1:21.56	590	39.17

EVENT 242 FINAL OF EVENT 214 Womens 17 /Over 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Rebecca BURTON	19	Co Peterboro	1:12.26	815	34.42
2.	Louise BUSH	26	UEA Norwich	1:15.07	739	34.86
3.	Roxanne UYS	18	West Norfolk	1:15.59	726	36.32
4.	Kathryn LOVEYS	30	Co Cambridge	1:15.61	725	34.80
5.	Cira FLETCHER	19	Bishop Stort	1:16.10	713	36.48
6.	Laura COPPING	17	Hatfield	1:17.18	687	37.49
7.	Natalie COOGANS	20	West Norfolk	1:17.82	672	37.36
8.	Rachel ROBINSON	17	UEA Norwich	1:19.27	639	36.87



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EVENT 243 FINAL OF EVENT 215 Mens 15 Yrs 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Sam PERKINS	15	teamipswich	2:31.41	667	34.76	1:13.33	1:52.94
2.	Oliver CASHIN	15	Co Cambridge	2:34.75	628	34.12	1:13.16	1:53.53
3.	Mal STAFF	15	UEA Norwich	2:38.88	584	37.18	1:17.28	1:59.57
4.	Bryn COUSER	15	Bishop Stort	2:40.46	567	37.05	1:17.68	2:00.56
5.	Lewis MOORE	15	Deben	2:44.83	525	36.75	1:18.26	2:01.96
6.	Jack MANSFIELD	15	Harlow Pen	2:45.80	516	36.76	1:18.46	2:02.72
7.	Freddie SYMONDS	15	Team Luton	2:46.46	510	36.31	1:19.89	2:04.62
8.	Ayotobi LAGUDA	15	Hatfield	2:46.93	505	37.50	1:18.87	2:03.25

EVENT 244 FINAL OF EVENT 215 Mens 16 Yrs 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Charles RAYNER	16	Hatfield	2:27.89	710	34.30	1:10.98	1:49.64
2.	Ralph MUNCER	16	Co St Albans	2:29.18	694	33.17	1:10.88	1:50.70
3.	Cole JAMES	16	Hatfield	2:32.30	656	34.28	1:12.22	1:52.07
4.	William RICHARDS	16	Dunstable	2:40.44	567	35.58	1:15.29	1:57.74
5.	Matthew WOULDHAM	16	Co Peterboro	2:41.60	556	36.28	1:16.32	1:58.61
6.	Joseph RICHARDSON	16	Harpenden	2:42.06	551	36.28	1:17.73	2:01.22
7.	Maxim DE WILDT	16	Co Cambridge	2:45.42	519	36.09	1:17.66	2:01.66
8.	Samuel GAINES	16	Hemel Hemp	2:49.99	478	19.89	1:21.38	2:05.89

EVENT 245 FINAL OF EVENT 215 Mens 17 Yrs/Over 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Lawrence PALMER	25	Putteridge	2:20.87	805	30.47	1:05.54	-
2.	Ole MILLS	18	Halstead	2:31.93	661	33.50	1:11.23	1:51.11
3.	Robin TURNER	17	Bishop Stort	2:32.65	652	33.97	1:12.39	1:53.27
4.	Finlay RYAN	18	Norwich Swan	2:33.33	644	35.19	1:13.22	1:54.02
5.	Christopher GREENHALGH	21	West Suffolk	2:33.51	642	35.69	1:13.97	1:55.02
6.	Myles TURNER	17	West Suffolk	2:35.49	620	33.92	1:13.70	1:54.38
7.	William LOVEMAN	17	Co St Albans	2:35.63	619	33.90	1:13.14	1:54.10
8.	Thomas WIGGINS	18	Co Peterboro	2:36.14	613	34.17	1:13.78	1:55.12

EVENT 246 FINAL OF EVENT 216 Womens 15 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Amie PHILPOT	15	teamipswich	1:04.00	760	30.38
2.	Mia LEECH	15	Co Peterboro	1:04.66	740	30.73
3.	Lauren STOTT	15	Hatfield	1:04.98	731	31.70
4.	Olivia NORMAN	15	Colchester	1:07.53	660	31.43
5.	Abbie LOW	15	Chelmsford	1:07.96	648	32.63
6.	Lauren THOMAS	15	C Beds SS	1:08.30	639	32.61
7.	Niamh PERRY	15	West Suffolk	1:08.71	629	32.60
8.	Millie WARD	15	Brentwood	1:09.20	617	33.35

EVENT 247 FINAL OF EVENT 216 Womens 16 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Poppy RICHARDSON	16	Co Peterboro	1:04.96	732	30.26
2.	Bryony PACK	16	West Norfolk	1:08.23	641	32.87
3.	Martine TRAN	16	Thurrock	1:08.90	624	32.21
4.	Emily GREEN	16	Brentwood	1:09.65	606	32.59
5.	Niamh ADCOCK	16	UEA Norwich	1:09.90	600	-
6.	Lauren HARRISON	16	Co Peterboro	1:10.06	596	32.22
7.	Celeste ANDREW	16	Harlow Pen	1:11.02	573	32.43
8.	Ellie-Mae SMITH	16	teamipswich	1:13.16	526	33.38

EVENT 248 FINAL OF EVENT 216 Womens 17 Yrs/Over 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Shannon STOTT	17	Hatfield	1:03.82	766	29.70
2.	Elinor DULEY	17	Colchester	1:04.22	754	30.33
3.	Georgina PRYOR	19	Harlow Pen	1:04.29	752	29.75
4.	Amy YOUNG	18	Bishop Stort	1:04.78	737	30.58
5.	Bethany SAUNDERS	18	Co Peterboro	1:04.87	734	30.26
6.	Philippa SHUTTLEWORTH	20	Hatfield	1:05.76	708	31.85
7.	Rikke NAGELL-KLEVEN	22	UEA Norwich	1:06.28	694	31.81
8.	Emily DOWDING	19	teamipswich	1:06.43	689	30.51



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EVENT 249 FINAL OF EVENT 221 Mens 15 Yrs 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Jonathon ADAM	15	Co Cambridge	2:14.26	684	31.60	1:05.92	1:41.59
2.	James COOPER	15	Basildon Ph	2:14.91	675	31.41	1:05.62	1:41.47
3.	Manfred BATTLE	15	Stowmarket	2:15.24	671	31.38	1:05.74	1:41.37
4.	Liam BRENNAN	15	Basildon Ph	2:17.96	635	31.56	1:06.69	1:42.79
5.	Herbie KINDER	15	Co Peterboro	2:18.87	624	31.61	1:06.51	1:42.94
6.	Samuel PERKS	15	Basildon Ph	2:21.15	596	32.33	1:08.73	1:45.86
7.	Jack TREMAIN	15	Modernian	2:21.65	590	32.56	1:08.09	1:45.05
8.	Myles ROBINSON-YOUNG	15	Co Peterboro	2:24.59	556	30.49	1:06.65	1:46.50

EVENT 250 FINAL OF EVENT 221 Mens 16 Yrs 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Thomas CLARE	16	teamipswich	2:11.73	719	30.50	1:03.52	1:37.45
2.	Max JELFS	16	Hatfield	2:15.61	666	31.22	1:05.40	1:41.42
3.	Daniel CHADA	16	Bishop Stort	2:16.14	659	31.80	1:06.72	1:41.95
4.	Jack SANGSTER	16	Modernian	2:16.75	651	31.81	1:06.45	1:42.61
5.	Lewis BAYLEY	16	Southend	2:19.66	614	32.03	1:07.26	1:44.00
6.	Samuel WORTLEY	16	West Suffolk	2:20.69	601	32.68	1:08.50	1:45.36
7.	George HART	16	C Beds SS	2:25.91	542	33.37	1:09.59	1:47.81
8.	Charles WHYTE	16	West Suffolk	2:28.29	517	33.43	1:10.83	1:50.06

EVENT 251 FINAL OF EVENT 221 Mens 17 Yrs/Over 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Jamie SCHOLLES	17	Co Peterboro	2:06.76	795	30.28	1:03.30	1:35.51
2.	Nathan WELLS	19	West Norfolk	2:08.65	765	29.83	1:01.92	1:35.66
3.	Samuel PEASE	18	Basildon Ph	2:09.83	747	29.90	1:03.27	1:37.08
4.	Oliver FITT	18	St Ives	2:10.50	737	30.68	1:04.63	1:38.55
5.	Elliot WYLLIE	18	Hatfield	2:11.83	718	31.07	1:04.73	1:38.52
6.	Ryan KELLY	18	Chelmsford	2:12.52	708	31.11	1:05.02	1:39.99
7.	Myles TURNER	17	West Suffolk	2:15.80	663	32.24	1:06.45	1:41.61
8.	Harry WHITEMAN	17	Co Peterboro	2:19.38	617	31.11	1:06.70	1:43.54

EVENT 252 FINAL OF EVENT 222 Womens 15 Yrs 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mia MASPERS	15	teamipswich	58.41	807	28.20
2.	Macy LAWRENCE	15	Basildon Ph	58.74	795	28.32
3.	Abbie LOW	15	Chelmsford	59.58	767	29.33
4.	Rebecca WATT	15	DunmowAtlant	59.93	756	28.97
5.	Mackenzie WHYATT	15	Co Peterboro	1:00.49	738	29.64
6.	Charlotte WALKER	15	UEA Norwich	1:00.52	737	28.92
7.	Sarah CARROLL	15	Bishop Stort	1:00.75	729	29.56
8.	Mia CARTER	15	Bishop Stort	1:00.92	724	29.32

EVENT 253 FINAL OF EVENT 222 Womens 16 Yrs 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Sonia TUMIOTTO	16	St Felix Sch	1:00.14	749	29.58
2.	Lauren WATT	16	Newmarket	1:00.17	748	29.01
3.	Alice FENDER	16	Hemel Hemp	1:00.43	739	28.96
4.	Poppy RICHARDSON	16	Co Peterboro	1:00.55	736	29.39
5.	Amy PEMBERTON	16	Berkhamsted	1:02.02	690	29.98
6.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	1:03.17	657	30.64
7.	Niamh ADCOCK	16	UEA Norwich	1:04.37	624	30.94

EVENT 254 FINAL OF EVENT 222 Womens 17 Yrs/Over 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mollie ALLEN	19	Co Peterboro	57.54	838	27.83
2.	Martha DULEY	18	Colchester	57.87	826	28.20
3.	Rebecca SHERWIN	17	teamipswich	58.08	818	28.35
4.	Bethany SAUNDERS	18	Co Peterboro	59.10	783	28.49
5.	Meghan MAYBANKS	17	DunmowAtlant	59.24	778	27.91
6.	Lauren SIMPKINS	19	Putteridge	59.97	754	28.78
7.	Molly OLLINGTON	19	West Suffolk	1:00.12	749	28.94



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EVENT 255 FINAL OF EVENT 223 Mens 15 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Reese HOUSDEN	15	Hatfield	31.67	699
2.	Joshua BRISTOW	15	Modemian	31.81	691
3.	Jack WILLIAMS	15	Basildon Ph	32.06	677
4.	Sam PERKINS	15	teamipswich	32.15	672
5.	Adam HARDY	15	teamipswich	33.16	617
6.	Oliver CASHIN	15	Co Cambridge	33.88	581
7.	Kieran MCCARTHY	15	Co St Albans	34.01	574
8.	Lewis MOORE	15	Deben	34.16	567

EVENT 256 FINAL OF EVENT 223 Mens 16 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Charles RAYNER	16	Hatfield	31.30	721
2.	Cole JAMES	16	Hatfield	32.00	680
3.	Ralph MUNCER	16	Co St Albans	32.05	677
4.	Charles RENNIE	16	Braintree	32.41	657
5.	Raffaele GRACI	16	Putteridge	32.73	640
6.	Samuel BRYAN	16	Basildon Ph	32.76	638
7.	Nathan SWIFT	16	Putteridge	32.79	637
8.	Maxim DE WILDT	16	Co Cambridge	33.54	598

EVENT 257 FINAL OF EVENT 223 Mens 17 Yrs/Over 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Lawrence PALMER	25	Putteridge	28.38	922
2.	Brandon NABARRO	20	Putteridge	29.72	824
3.	Cameron MANLEY	18	C Beds SS	30.34	782
4.	Benjamin ARKLE	18	Co Cambridge	30.63	763
5.	Hayden THOMAS	22	Harlow Pen	30.93	744
6.	Thomas WIGGINS	18	Co Peterboro	31.00	740
7.	Jack CHRISTIE	19	Hemel Hemp	31.10	734
8.	David SHIPMAN	17	Potters Bar	31.36	718



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EVENT 258 Womens 14/16 Yrs 400m Medley Team

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	4:28.62	746
	50m 33.12	100m 1:09.20	150m 1:43.91	200m 2:22.59
			250m 2:53.54	300m 3:27.76
			350m 3:56.94	400m 4:28.62
2.	Hatfield SC A	Hatfield	4:33.43	712
	50m 32.89	100m 1:07.60	150m 1:45.06	200m 2:25.63
			250m 2:55.90	300m 3:30.94
			350m 4:00.75	400m 4:33.43
3.	City of Peterborough B	Co Peterboro	4:34.89	702
	50m 33.59	100m 1:09.26	150m 1:45.67	200m 2:26.52
			250m 2:56.48	300m 3:31.24
			350m 4:00.68	400m 4:34.89
4.	West Suffolk SC	West Suffolk	4:35.95	695
	50m 34.19	100m 1:11.82	150m 1:44.41	200m 2:23.10
			250m 2:55.91	300m 3:31.78
			350m 4:02.31	400m 4:35.95
5.	West Norfolk SC	West Norfolk	4:36.76	690
	50m 33.62	100m 1:09.50	150m 1:44.03	200m 2:25.12
			250m 2:57.60	300m 3:35.23
			350m 4:04.08	400m 4:36.76
6.	Hatfield SC B	Hatfield	4:41.30	660
	50m 34.27	100m 1:11.32	150m 1:48.37	200m 2:30.64
			250m 3:02.25	300m 3:38.39
			350m 4:08.10	400m 4:41.30
7.	Basildon & Phoenix SC	Basildon Ph	4:42.38	653
	50m 34.24	100m 1:11.63	150m 1:49.02	200m 2:29.94
			250m 3:03.06	300m 3:41.20
			350m 4:09.92	400m 4:42.38
8.	City of Cambridge SC	Co Cambridge	4:43.91	644
	50m 34.90	100m 1:12.72	150m 1:49.16	200m 2:32.24
			250m 3:05.09	300m 3:41.63
			350m 4:11.68	400m 4:43.91
9.	Cheshunt SC	Cheshunt	4:49.88	608
	50m 36.29	100m 1:16.11	150m 1:55.57	200m 2:39.19
			250m 3:11.82	300m 3:47.68
			350m 4:16.89	400m 4:49.88
10.	Harpenden SC	Harpenden	4:52.22	594
	50m -	100m 1:09.33	150m -	200m 2:35.19
			250m -	300m 3:48.48
			350m 4:18.45	400m 4:52.22
11.	Modemian SC	Modemian	4:53.84	585
	50m 34.95	100m 1:12.95	150m 1:53.10	200m 2:37.77
			250m 3:10.63	300m 3:49.24
			350m 4:19.46	400m 4:53.84
12.	Hemel Hempstead SC A	Hemel Hemp	4:58.18	561
	50m 34.88	100m 1:13.88	150m -	200m 2:40.19
			250m 3:14.33	300m 3:57.74
			350m 4:26.76	400m 4:58.18
13.	Potters Bar SC	Potters Bar	4:58.80	557
	50m 37.60	100m 1:18.15	150m 1:57.24	200m 2:41.67
			250m 3:15.12	300m 3:52.72
			350m 4:24.56	400m 4:58.80
14.	Linslade Crusaders SC	Linslade	5:00.82	547
	50m 34.74	100m 1:11.83	150m 1:54.46	200m 2:39.85
			250m 3:13.67	300m 3:55.70
			350m 4:26.36	400m 5:00.82
15.	Hemel Hempstead SC B	Hemel Hemp	5:12.90	486
	50m 36.55	100m 1:16.89	150m 1:57.67	200m 2:42.73
			250m 3:19.30	300m 4:04.14
			350m 4:36.00	400m 5:12.90

EVENT 259 Womens 17 Yrs/Over 400m Medley Team

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Peterborough A	Co Peterboro	4:17.70	829
	50m 31.03	100m 1:03.68	150m 1:36.83	200m 2:14.65
			250m 2:44.72	300m 3:19.33
			350m 3:47.47	400m 4:17.70
2.	Hatfield SC A	Hatfield	4:29.58	739
	50m 31.76	100m 1:06.19	150m -	200m 2:23.77
			250m 2:54.80	300m 3:29.32
			350m 3:58.21	400m 4:29.58
3.	City of Cambridge SC	Co Cambridge	4:30.92	730
	50m 33.05	100m 1:07.86	150m 1:42.79	200m 2:24.60
			250m 2:55.61	300m 3:31.00
			350m 3:59.20	400m 4:30.92
4.	Watford SC	Watford SC	4:45.69	633
	50m 35.63	100m 1:14.15	150m 1:51.22	200m 2:34.15
			250m 3:06.56	300m 3:44.78
			350m 4:13.80	400m 4:45.69
5.	Leighton Buzzard SC	Leighton Buz	4:51.01	601
	50m 33.36	100m 1:11.00	150m 1:50.57	200m 2:37.64
			250m 3:09.23	300m 3:44.26
			350m 4:15.11	400m 4:51.01
6.	Potters Bar SC	Potters Bar	4:56.98	567
	50m 36.18	100m 1:15.17	150m 1:56.95	200m 2:46.74
			250m 3:19.25	300m 3:55.85
			350m 4:25.02	400m 4:56.98
	Hemel Hempstead SC A	Hemel Hemp	DQ	



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Luton
29th, 30th April, & 1st May 2017
 (Licensed Meet No. 1ER170219)

EVENT 260 Mens 14/16 Yrs 400m Freestyle Team

Full Results

Place	Name	Club	Time	GB Pts
1.	City of Cambridge SC	Co Cambridge	3:38.11	727
	50m 26.33	100m 54.49 150m 1:20.34	200m 1:48.82	250m 2:15.54 300m 2:45.22 350m 3:10.19 400m 3:38.11
2.	Hatfield SC A	Hatfield	3:39.52	714
	50m 26.96	100m 55.62 150m 1:21.38	200m 1:50.29	250m 2:17.56 300m 2:46.91 350m 3:12.26 400m 3:39.52
3.	City of Peterborough A	Co Peterboro	3:47.45	649
	50m 26.34	100m 54.40 150m 1:21.38	200m 1:50.49	250m 2:18.51 300m 2:48.25 350m 3:16.41 400m 3:47.45
4.	City of St Albans SC	Co St Albans	3:50.25	628
	50m 26.98	100m 56.56 150m 1:24.28	200m 1:55.35	250m 2:23.44 300m 2:53.39 350m 3:20.63 400m 3:50.25
5.	Basildon & Phoenix SC	Basildon Ph	3:52.65	610
	50m 28.05	100m 58.48 150m 1:25.69	200m 1:57.02	250m 2:25.38 300m 2:56.33 350m 3:22.76 400m 3:52.65
6.	Hemel Hempstead SC	Hemel Hemp	3:59.47	562
	50m 30.29	100m 1:02.52 150m 1:30.87	200m 2:04.22	250m 2:31.92 300m 3:02.60 350m 3:29.10 400m 3:59.47
7.	Hatfield SC B	Hatfield	4:03.61	535
	50m 28.88	100m 1:01.01 150m 1:29.64	200m 2:01.28	250m 2:31.65 300m 3:04.30 350m 3:32.18 400m 4:03.61
8.	Potters Bar SC	Potters Bar	4:05.64	522
	50m 28.91	100m 1:00.22 150m 1:30.43	200m 2:04.95	250m 2:33.58 300m 3:06.34 350m 3:34.38 400m 4:05.64
9.	Harpenden SC A	Harpenden	4:06.34	517
	50m 27.57	100m 58.78 150m 1:29.41	200m 2:02.92	250m 2:32.96 300m 3:06.44 350m 3:34.74 400m 4:06.34
10.	City of Peterborough B	Co Peterboro	4:09.32	499
	50m 29.10	100m 1:00.88 150m 1:30.42	200m 2:02.86	250m 2:32.41 300m 3:06.32 350m 3:35.78 400m 4:09.32
11.	Harpenden SC B	Harpenden	4:21.42	432
	50m 30.27	100m 1:04.07 150m 1:34.68	200m 2:09.76	250m 2:41.63 300m 3:17.18 350m 3:46.96 400m 4:21.42

EVENT 261 Mens 17 Yrs/Over 400m Free. Team

Full Results

Place	Name	Club	Time	GB Pts
1.	Hatfield SC A	Hatfield	3:32.71	775
	50m 25.49	100m 52.43 150m -	200m 1:46.08	250m 2:11.59 300m 2:37.95 350m 3:04.04 400m 3:32.71
2.	City of Cambridge SC	Co Cambridge	3:35.29	752
	50m 25.92	100m 54.18 150m 1:19.40	200m 1:48.37	250m 2:13.74 300m 2:42.16 350m 3:07.86 400m 3:35.29
3.	Basildon & Phoenix SC	Basildon Ph	3:36.82	738
	50m 26.54	100m 55.28 150m 1:21.07	200m 1:50.65	250m 2:15.35 300m 2:44.11 350m 3:09.09 400m 3:36.82
4.	City of Peterborough A	Co Peterboro	3:39.87	711
	50m 26.12	100m 54.04 150m 1:20.84	200m 1:50.06	250m 2:16.37 300m 2:45.91 350m 3:11.50 400m 3:39.87
5.	Potters Bar SC	Potters Bar	3:42.29	691
	50m 26.49	100m 56.63 150m 1:22.98	200m 1:53.15	250m 2:19.62 300m 2:49.01 350m 3:14.64 400m 3:42.29
6.	Hatfield SC B	Hatfield	3:42.85	686
	50m 26.73	100m 54.68 150m 1:21.09	200m 1:50.29	250m 2:17.01 300m 2:46.68 350m 3:13.53 400m 3:42.85
7.	Hemel Hempstead SC	Hemel Hemp	3:49.54	633
	50m 16.76	100m 56.75 150m 1:24.55	200m 1:56.82	250m 2:23.97 300m 2:53.78 350m 3:20.46 400m 3:49.54



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Luton
 29th, 30th April, & 1st May 2017
 (Licensed Meet No. 1ER170219)

EVENT 311 Womens 800m Freestyle

Regional Records Junior- 8:48.71 Senior- 8:44.32

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Tia WILSON	15	Modernian	9:20.24	753
	50m 31.54	100m 1:05.48	150m 1:40.48	200m 2:15.75	250m 2:51.12
	450m 5:13.37	500m 5:48.92	550m 6:24.13	600m 6:59.69	650m 7:35.30
					700m 8:10.83
					750m 8:46.15
					800m 9:20.24
2.	Mia LEECH	15	Co Peterboro	9:25.57	734
	50m 32.00	100m 1:06.80	150m 1:41.53	200m 2:17.11	250m 2:52.60
	450m 5:15.90	500m 5:51.62	550m 6:27.13	600m 7:03.11	650m 7:38.89
					700m 8:15.01
					750m 8:50.61
					800m 9:25.57
3.	Ellie WHEELER	15	Basildon Ph	9:27.85	727
	50m 31.90	100m 1:06.65	150m 1:42.58	200m 2:19.10	250m 2:55.62
	450m 5:19.53	500m 5:55.97	550m 6:32.52	600m 7:08.62	650m 7:43.73
					700m 8:19.60
					750m 8:54.21
					800m 9:27.85
4.	Mackenzie WHYATT	15	Co Peterboro	9:31.65	714
	50m 32.21	100m 1:07.81	150m 1:43.37	200m 2:19.67	250m 2:55.84
	450m 5:20.41	500m 5:56.76	550m 6:32.83	600m 7:08.87	650m 7:44.70
					700m 8:20.97
					750m 8:56.66
					800m 9:31.65
5.	Charlotte WALKER	15	UEA Norwich	9:36.28	699
	50m 31.70	100m 1:06.67	150m 1:42.47	200m 2:18.72	250m 2:54.92
	450m 5:19.61	500m 5:56.29	550m 6:32.88	600m 7:09.35	650m 7:46.53
					700m 8:23.55
					750m 9:00.11
					800m 9:36.28
6.	Billie GRANT	15	Hatfield	9:36.67	698
	50m 32.24	100m 1:07.84	150m 1:44.05	200m 2:20.24	250m 2:56.30
	450m 5:22.15	500m 5:58.97	550m 6:35.86	600m 7:12.64	650m 7:49.31
					700m 8:26.19
					750m 9:02.06
					800m 9:36.67
7.	Niamh PERRY	15	West Suffolk	9:40.10	687
	50m 31.58	100m 1:06.53	150m 1:42.34	200m 2:18.61	250m 2:55.26
	450m 5:22.72	500m 5:59.43	550m 6:36.68	600m 7:13.67	650m 7:50.81
					700m 8:27.81
					750m 9:05.19
					800m 9:40.10
8.	Natasha BENTLEY	15	Hatfield	9:42.38	679
	50m 33.06	100m 1:09.00	150m 1:45.24	200m 2:21.44	250m 2:57.83
	450m 5:24.69	500m 6:01.76	550m 6:38.84	600m 7:15.82	650m 7:52.76
					700m 8:30.14
					750m 9:06.92
					800m 9:42.38
9.	Chloe MOLONEY	15	DunmowAtlant	9:43.47	676
	50m 31.93	100m 1:07.06	150m 1:42.87	200m 2:19.19	250m 2:55.85
	450m 5:22.87	500m 6:00.14	550m 6:37.45	600m 7:14.88	650m 7:52.88
					700m 8:30.30
					750m 9:07.59
					800m 9:43.47
10.	Katy CHAMBERS	15	St Felix Sch	9:47.04	665
	50m 32.15	100m 1:07.76	150m 1:44.62	200m 2:21.44	250m 2:58.46
	450m 5:27.95	500m 6:05.22	550m 6:42.51	600m 7:19.80	650m 7:57.22
					700m 8:34.39
					750m 9:11.07
					800m 9:47.04
11.	Ellie RUNNALLS	15	DunmowAtlant	9:51.75	651
	50m 31.96	100m 1:07.35	150m 1:44.46	200m 2:21.83	250m 2:59.26
	450m 5:29.66	500m 6:06.51	550m 6:44.39	600m 7:22.18	650m 7:59.87
					700m 8:37.48
					750m 9:15.17
					800m 9:51.75
12.	Georgia PURKIS	15	Hemel Hemp	9:53.98	644
	50m 32.88	100m 1:08.93	150m 1:46.18	200m 2:23.22	250m 3:01.26
	450m 5:32.68	500m 6:10.66	550m 6:48.79	600m 7:26.60	650m 8:04.42
					700m 8:41.96
					750m 9:18.63
					800m 9:53.98

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Chloe LENCE	16	Modernian	9:24.97	736
	50m 31.80	100m 1:05.31	150m 1:40.12	200m 2:15.38	250m 2:50.73
	450m 5:13.31	500m 5:49.59	550m 6:25.42	600m 7:01.32	650m 7:37.41
					700m 8:13.69
					750m 8:49.89
					800m 9:24.97
2.	Alice FENDER	16	Hemel Hemp	9:43.85	675
	50m 30.99	100m 1:05.41	150m 1:41.20	200m 2:17.40	250m 2:54.47
	450m 5:23.75	500m 6:01.51	550m 6:39.29	600m 7:16.60	650m 7:54.28
					700m 8:31.50
					750m 9:08.04
					800m 9:43.85
3.	Sophie TAYLOR	16	St Felix Sch	9:47.02	665
	50m 31.81	100m 1:07.41	150m 1:43.90	200m 2:20.32	250m 2:57.62
	450m 5:26.61	500m 6:03.48	550m 6:41.21	600m 7:18.33	650m 7:56.03
					700m 8:33.55
					750m 9:11.01
					800m 9:47.02
4.	Caitlin WATSON-DOTCHIN	16	Basildon Ph	9:54.97	641
	50m 32.76	100m 1:08.99	150m 1:46.69	200m 2:24.27	250m 3:01.83
	450m 5:33.01	500m 6:10.64	550m 6:48.68	600m 7:26.66	650m 8:04.74
					700m 8:42.82
					750m 9:19.24
					800m 9:54.97
5.	Tilly ANEMA	16	Norwich Swan	10:01.14	623
	50m 32.96	100m 1:09.46	150m 1:47.09	200m 2:24.34	250m 3:02.69
	450m 5:34.47	500m 6:12.68	550m 6:51.01	600m 7:29.22	650m 8:07.66
					700m 8:46.02
					750m 9:24.61
					800m 10:01.14

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Chantal SMITH	17	Team Luton	9:14.45	773
	50m 31.21	100m 1:04.99	150m 1:39.76	200m 2:14.30	250m 2:49.64
	450m 5:09.59	500m 5:44.63	550m 6:19.94	600m 6:54.97	650m 7:30.44
					700m 8:05.56
					750m 8:40.67
					800m 9:14.45
2.	Millie EMMANS	18	Co Cambridge	9:25.51	735
	50m 30.92	100m 1:04.51	150m 1:39.74	200m 2:14.73	250m 2:50.52
	450m 5:13.91	500m 5:49.72	550m 6:25.95	600m 7:02.02	650m 7:38.46
					700m 8:14.73
					750m 8:50.84
					800m 9:25.51
3.	Emily DOWDING	19	teampswich	9:36.51	698
	50m 31.85	100m 1:06.66	150m 1:42.08	200m 2:18.00	250m 2:54.10
	450m 5:20.37	500m 5:57.14	550m 6:34.29	600m 7:11.34	650m 7:48.30
					700m 8:25.21
					750m 9:01.56
					800m 9:36.51
4.	Jessica WESTLAKE	18	St Felix Sch	9:48.24	661
	50m 31.38	100m 1:05.83	150m 1:41.63	200m 2:18.03	250m 2:54.80
	450m 5:23.47	500m 6:01.47	550m 6:39.28	600m 7:16.94	650m 7:54.63
					700m 8:32.49
					750m 9:10.48
					800m 9:48.24



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Luton

29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 312 Mens 1500m Freestyle

Regional Records Junior-15:42.85 Senior-15:07.50

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Henry PEARCE	15	Co Peterboro	16:48.61	720
	50m 30.01	100m 1:02.17	150m 1:35.13	200m 2:08.07	250m 2:41.64
	450m 4:55.27	500m 5:28.73	550m 6:02.32	600m 6:36.12	650m 7:10.00
	850m 9:25.45	900m 9:59.26	950m 10:33.09	1000m 11:07.30	1050m 11:41.66
	1250m 13:59.35	1300m 14:33.30	1350m 15:07.54	1400m 15:41.54	1450m 16:15.50
2.	Joshua BRISTOW	15	Modernian	17:38.61	632
	50m 29.72	100m 1:03.57	150m 1:38.19	200m 2:12.88	250m 2:47.81
	450m 5:07.44	500m 5:43.33	550m 6:18.95	600m 6:54.55	650m 7:30.53
	850m 9:53.45	900m 10:29.35	950m 11:05.33	1000m 11:41.41	1050m 12:16.55
	1250m 14:42.74	1300m 15:19.30	1350m 15:55.42	1400m 16:31.78	1450m 17:06.74
3.	Matthew ROTHWELL	15	Co Peterboro	18:05.14	589
	50m 31.92	100m 1:08.01	150m 1:44.67	200m 2:21.76	250m 2:59.17
	450m 5:28.30	500m 6:05.07	550m 6:41.82	600m 7:17.80	650m 7:54.38
	850m 10:18.75	900m 10:54.92	950m 11:31.72	1000m 12:07.99	1050m 12:43.68
	1250m 15:07.23	1300m 15:43.20	1350m 16:20.04	1400m 16:56.30	1450m 17:31.92
4.	Ayotobi LAGUDA	15	Hatfield	18:30.59	551
	50m 33.44	100m 1:09.19	150m 1:45.96	200m 2:22.13	250m 2:59.78
	450m 5:29.88	500m 6:06.98	550m 6:43.85	600m 7:21.19	650m 7:58.94
	850m 10:28.62	900m 11:05.62	950m 11:43.39	1000m 12:20.45	1050m 12:57.62
	1250m 15:26.52	1300m 16:03.06	1350m 16:40.54	1400m 17:17.81	1450m 17:54.86
5.	Ben PARADISE	15	Basildon Ph	18:45.68	530
	50m 33.36	100m 1:09.60	150m 1:46.34	200m 2:22.85	250m 3:00.52
	450m 5:30.50	500m 6:08.25	550m 6:46.51	600m 7:24.39	650m 8:02.37
	850m 10:35.60	900m 11:13.94	950m 11:52.63	1000m 12:30.87	1050m 13:09.82
	1250m 15:41.55	1300m 16:19.36	1350m 16:56.89	1400m 17:34.04	1450m 18:10.46

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Max JELFS	16	Hatfield	16:37.06	742
	50m 29.14	100m 1:01.19	150m 1:34.52	200m 2:08.06	250m 2:41.68
	450m 4:54.98	500m 5:28.41	550m 6:01.45	600m 6:34.73	650m 7:08.20
	850m 9:22.24	900m 9:55.96	950m 10:29.73	1000m 11:03.59	1050m 11:36.90
	1250m 13:51.39	1300m 14:25.07	1350m 14:58.71	1400m 15:32.51	1450m 16:05.59
2.	Jamie MCCAFFRAY	16	Modernian	16:55.51	707
	50m -	100m 1:03.75	150m 1:37.41	200m 2:11.33	250m 2:45.30
	450m 5:00.76	500m 5:34.85	550m 6:09.13	600m 6:42.88	650m 7:17.17
	850m 9:34.05	900m 10:08.36	950m 10:42.78	1000m 11:16.64	1050m 11:50.80
	1250m 14:07.18	1300m 14:41.71	1350m 15:16.27	1400m 15:50.21	1450m 16:23.81
3.	Ralph MUNCER	16	Co St Albans	17:00.99	697
	50m 29.79	100m 1:02.34	150m 1:35.54	200m 2:08.70	250m 2:42.42
	450m 4:58.66	500m 5:33.03	550m 6:07.42	600m 6:41.84	650m 7:16.37
	850m 9:34.75	900m 10:09.24	950m 10:43.86	1000m 11:18.10	1050m 11:52.73
	1250m 14:11.28	1300m 14:46.14	1350m 15:20.81	1400m 15:55.76	1450m 16:29.63

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Nathan WELLS	19	West Norfolk	16:18.45	779
	50m 28.75	100m 1:00.35	150m 1:32.66	200m 2:04.84	250m 2:37.44
	450m 4:48.07	500m 5:20.53	550m 5:53.38	600m 6:25.73	650m 6:58.54
	850m 9:09.50	900m 9:41.87	950m 10:14.69	1000m 10:46.88	1050m 11:19.88
	1250m 13:32.08	1300m 14:05.07	1350m 14:38.67	1400m 15:12.21	1450m 15:45.86
2.	Jamie SCHOLES	17	Co Peterboro	16:29.14	757
	50m 29.57	100m 1:02.03	150m 1:35.03	200m 2:08.32	250m 2:41.75
	450m 4:55.00	500m 5:28.36	550m 6:01.27	600m 6:34.38	650m 7:06.59
	850m 9:16.56	900m 9:49.32	950m 10:22.23	1000m 10:55.46	1050m 11:28.92
	1250m 13:42.23	1300m 14:16.11	1350m 14:49.68	1400m 15:23.24	1450m 15:56.65
3.	Bayley FINBOW	17	teamipswich	16:39.47	737
	50m 29.22	100m 1:02.40	150m 1:36.27	200m 2:09.50	250m 2:42.98
	450m 4:57.67	500m 5:31.12	550m 6:04.71	600m 6:38.28	650m 7:11.90
	850m 9:27.22	900m 10:01.08	950m 10:34.76	1000m 11:08.47	1050m 11:41.64
	1250m 13:56.18	1300m 14:29.65	1350m 15:03.03	1400m 15:35.87	1450m 16:07.97
4.	Harry WHITEMAN	17	Co Peterboro	16:50.58	716
	50m 30.18	100m 1:03.73	150m 1:37.67	200m 2:11.70	250m 2:45.38
	450m 5:01.27	500m 5:35.11	550m 6:08.29	600m 6:41.94	650m 7:15.33
	850m 9:30.45	900m 10:04.50	950m 10:38.52	1000m 11:12.65	1050m 11:46.57
	1250m 14:02.79	1300m 14:36.81	1350m 15:10.68	1400m 15:44.54	1450m 16:18.12
5.	Luke BRYAN	17	West Norfolk	17:03.15	693
	50m 30.46	100m 1:03.27	150m 1:36.25	200m 2:09.60	250m 2:43.12
	450m 4:58.46	500m 5:32.56	550m 6:06.84	600m 6:40.97	650m 7:15.11
	850m 9:33.31	900m 10:08.03	950m 10:42.86	1000m 11:17.68	1050m 11:52.03
	1250m 14:11.16	1300m 14:46.24	1350m 15:21.12	1400m 15:55.99	1450m 16:30.61
6.	Christopher GREENHALGH	21	West Suffolk	17:15.05	672
	50m 30.04	100m 1:02.73	150m 1:36.82	200m 2:10.71	250m 2:45.35
	450m 5:02.27	500m 5:35.73	550m 6:10.78	600m 6:44.61	650m 7:20.30
	850m 9:39.48	900m 10:13.99	950m 10:49.18	1000m 11:23.81	1050m 11:59.45
	1250m 14:20.37	1300m 14:55.35	1350m 15:30.79	1400m 16:05.86	1450m 16:40.98



East Swimming
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Weekend One - Luton
29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

7.	James BAYLEY	17	Basildon Ph	17:15.70	671				
	50m 30.60	100m 1:04.40	150m 1:38.49	200m 2:12.42	250m 2:47.07	300m 3:21.28	350m 3:56.03	400m 4:30.44	
	450m 5:04.76	500m 5:39.28	550m 6:13.47	600m 6:48.04	650m 7:22.41	700m 7:57.21	750m 8:31.78	800m 9:06.65	
	850m 9:41.55	900m 10:16.40	950m 10:51.52	1000m 11:26.40	1050m 12:01.42	1100m 12:36.52	1150m 13:11.74	1200m 13:46.89	
	1250m 14:22.35	1300m 14:57.71	1350m 15:32.62	1400m 16:08.35	1450m 16:42.93	1500m 17:15.70			
8.	Myles TURNER	17	West Suffolk	17:21.96	660				
	50m 30.68	100m 1:04.20	150m 1:38.83	200m 2:13.30	250m 2:47.91	300m 3:22.32	350m 3:57.25	400m 4:31.66	
	450m 5:06.38	500m 5:41.05	550m 6:15.51	600m 6:49.81	650m 7:24.46	700m 7:59.46	750m 8:34.37	800m 9:09.22	
	850m 9:44.54	900m 10:19.84	950m 10:55.34	1000m 11:30.43	1050m 12:05.78	1100m 12:41.09	1150m 13:16.65	1200m 13:52.25	
	1250m 14:27.95	1300m 15:03.30	1350m 15:38.16	1400m 16:13.17	1450m 16:48.15	1500m 17:21.96			
9.	Cavan BECK	18	Rochford	17:31.20	644				
	50m 29.86	100m 1:03.12	150m 1:36.85	200m 2:11.04	250m 2:45.50	300m 3:20.43	350m 3:55.57	400m 4:30.96	
	450m 5:06.01	500m 5:41.30	550m 6:16.67	600m 6:51.93	650m 7:27.63	700m 8:02.90	750m 8:38.18	800m 9:13.57	
	850m 9:49.09	900m 10:24.39	950m 10:59.54	1000m 11:35.18	1050m 12:10.84	1100m 12:46.68	1150m 13:22.77	1200m 13:58.12	
	1250m 14:34.41	1300m 15:10.24	1350m 15:46.50	1400m 16:22.01	1450m 16:57.22	1500m 17:31.20			



East Swimming

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Weekend One - Luton

29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 321 Mens 200m IM

Regional Records - Junior 2:07.70 Senior 1:58.22

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Herbie KINDER	15	Co Peterboro		2:18.94	652	29.42	1:03.77	1:46.86
2.	Liam BRENNAN	15	Basildon Ph		2:19.32	647	-	1:04.39	1:47.20
3.	Sam PERKINS	15	teamipswich		2:20.40	634	30.47	1:08.34	1:48.53
4.	Myles ROBINSON-YOUNG	15	Co Peterboro		2:20.81	629	28.37	1:03.29	-
5.	Manfred BATTLE	15	Stowmarket		2:21.76	617	28.91	1:03.74	1:48.37
6.	Henry PEARCE	15	Co Peterboro		2:22.83	604	30.71	1:08.62	1:52.59
7.	Ayotobi LAGUDA	15	Hatfield		2:23.23	599	30.34	1:08.43	1:52.26
8.	Mason HUNNISETT	15	Basildon Ph		2:25.49	573	29.32	1:08.22	1:51.07
9.	Harvey SKELLERN	15	Co Cambridge		2:25.50	573	31.65	1:09.06	1:54.10
10.	Yannik WILSON	15	Harpenden		2:25.99	568	32.21	1:10.03	1:53.92
11.	William HANDLEY	15	Stowmarket		2:26.26	565	31.82	1:10.54	-
12.	Ismail RAHIM	15	Berkhamsted		2:26.29	564	30.20	1:07.55	1:53.15
13.	Oliver REEK	15	UEA Norwich		2:26.58	561	30.46	1:07.23	1:53.94
14.	Jake MOXHAM	15	Co Cambridge		2:27.19	555	29.75	1:07.80	1:53.99
15.	Benjamin HARVEY	15	Basildon Ph		2:27.72	549	31.57	1:09.88	1:54.56
16.	Matthew ROTHWELL	15	Co Peterboro		2:28.86	537	32.07	1:08.46	1:56.13
17.	Tanin KURSIDIM	15	Co St Albans		2:29.06	535	31.51	1:06.52	1:55.57
18.	Nicholas BOWEN	15	Bishop Stort		2:30.58	519	32.81	1:11.99	-
19.	Tommy CHANDLER	15	Gt Yarmouth		2:33.97	485	32.86	1:11.06	1:56.45

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Taylor BOWEN	16	West Suffolk		2:17.98	665	28.89	1:04.64	1:46.20
2.	James CHENNELLS	16	Berkhamsted		2:20.15	637	29.28	1:03.36	1:48.79
3.	Cole JAMES	16	Hatfield		2:21.40	621	30.81	1:08.87	1:48.17
4.	Samuel BRYAN	16	Basildon Ph		2:22.49	608	29.85	1:09.06	1:49.66
5.	James MCFARLAND	16	C Beds SS		2:23.11	601	30.06	1:08.17	1:52.20
6.	Zachary PATEL	16	Berkhamsted		2:24.48	585	29.07	1:07.66	1:51.85
7.	Harrison LEES	16	Watford SC		2:25.13	577	29.23	1:07.40	1:52.31
8.	Samuel GAINES	16	Hemel Hemp		2:27.36	553	32.05	1:10.29	1:55.86
	Charles WHYTE	16	West Suffolk		DQ				

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Brandon NABARRO	20	Putteridge		2:09.26	789	27.79	1:01.27	1:37.76
2.	Nathan WELLS	19	West Norfolk		2:11.81	750	28.61	59.97	1:41.49
3.	Thomas WIGGINS	18	Co Peterboro		2:14.21	716	29.58	1:02.92	1:42.60
4.	James WOODWARD	17	Potters Bar		2:14.76	708	28.12	1:03.06	1:43.75
5.	Max WILSON	17	Modernian		2:16.07	690	29.93	1:04.82	1:44.88
6.	Myles TURNER	17	West Suffolk		2:16.56	683	29.79	1:04.49	1:45.05
7.	Finlay RYAN	18	Norwich Swan		2:16.63	682	30.07	1:04.84	1:44.58
8.	Samuel COTTEE	17	teamipswich		2:16.87	679	29.57	1:05.59	1:45.26
9.	Robin TURNER	17	Bishop Stort		2:17.92	665	30.32	1:06.23	1:45.55
10.	Alex MASON	21	Team Luton		2:18.56	657	30.73	1:05.72	1:47.15
11.	Ryan KELLY	18	Chelmsford		2:19.61	644	30.27	1:05.47	1:48.54
12.	Joseph WELLS	18	West Norfolk		2:19.76	642	28.29	1:04.04	1:48.01
13.	Jake THOMAS-MANSFIELD	17	St Felix Sch		2:19.95	639	30.34	1:06.51	1:50.07
14.	Joshua GAINES	19	Hemel Hemp		2:20.16	637	30.08	1:05.57	1:47.98
15.	Oliver KENNY	20	West Norfolk		2:20.21	636	29.28	1:03.30	1:45.66
16.	Ole MILLS	18	Halstead		2:20.30	635	29.95	1:05.96	1:46.79
17.	Christopher GREENHALGH	21	West Suffolk		2:21.17	624	30.03	1:07.36	1:48.34
18.	Jack WEARS	18	C Beds SS		2:21.57	619	29.66	1:06.01	1:48.99
19.	Louis SPONG	18	DunmowAtlant		2:26.60	561	31.09	1:08.36	1:52.72
20.	Louis HINES	20	Watford SC	14	2:41.98	415	33.26	1:14.43	-
21.	Joshua WELLS	20	Gt Yarmouth	14	3:06.87	254	37.83	1:22.39	2:29.02

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Louis HINES	20	Watford SC	14	2:41.98	504	33.26	1:14.43	-
2.	Joshua WELLS	20	Gt Yarmouth	14	3:06.87	328	37.83	1:22.39	2:29.02



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Weekend One - Luton
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(Licensed Meet No. 1ER170219)

EVENT 322 Womens 200m IM

Regional Records - Junior 2:16.12 Senior 2:15.96

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Amelia MONAGHAN	15	Co Peterboro		2:26.15	750	32.27	1:09.96	1:50.65
2.	Ellie WHEELER	15	Basildon Ph		2:26.83	741	-	1:10.53	1:53.12
3.	Mia LEECH	15	Co Peterboro		2:27.17	737	32.05	1:08.57	1:53.45
4.	Olivia NORMAN	15	Colchester		2:29.67	705	31.66	1:08.25	1:56.06
5.	Tia WILSON	15	Modernian		2:31.37	684	33.33	1:12.66	1:57.28
6.	Nicole CHANDLER	15	teamipswich		2:32.18	674	34.11	1:14.50	1:57.83
7.	India WESTON	15	Norfolk Vikg		2:33.14	663	33.91	1:14.75	1:58.17
8.	Keira FROSDICK	15	West Norfolk		2:33.16	663	34.57	1:16.32	1:59.03
9.	Rachael JOHNSON	15	West Norfolk		2:33.19	662	34.12	1:12.01	1:57.88
10.	Zara KEEGAN	15	Co Cambridge		2:34.23	650	34.40	1:16.78	1:59.66
11.	Freya WRIGHT	15	West Suffolk		2:35.61	634	33.31	1:12.48	1:59.39
12.	Amber HEAD	15	Rochford		2:36.38	626	33.21	1:14.38	2:00.57
12.	Ellie RUNNALLS	15	DunmowAtlant		2:36.38	626	33.54	1:14.18	2:02.66
14.	Annabelle KITCHING	15	Chelmsford		2:36.66	623	33.76	1:12.56	2:00.44
15.	Abbie MCCARTHY	15	Colchester		2:36.77	622	34.18	1:13.04	2:01.09
16.	Rebecca WEST	15	Thurrock		2:37.53	613	32.89	1:11.79	2:00.13
17.	Sophie PAYNE	15	Hatfield		2:37.90	609	34.97	1:16.77	2:00.97
18.	Freya LINES	15	St Felix Sch		2:39.69	590	33.98	1:13.83	2:01.42

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Sophie TAYLOR	16	St Felix Sch		2:30.73	692	34.82	1:11.81	1:57.89
2.	Sonia TUMIOTTO	16	St Felix Sch		2:30.90	690	33.13	1:10.64	1:58.41
3.	Lauren HARRISON	16	Co Peterboro		2:31.48	683	33.14	1:13.54	1:56.65
4.	Celyn WALMSLEY	16	Team Luton		2:31.54	682	33.92	1:11.66	1:55.95
5.	Lauren WATT	16	Newmarket		2:32.10	675	33.81	1:12.17	1:56.92
6.	Emily GREEN	16	Brentwood		2:35.58	635	33.65	1:12.54	1:59.14
7.	Honey HARVEY	16	Gt Yarmouth		2:36.32	626	33.42	1:15.06	1:58.46
8.	Megan SAMUELS	16	Chelmsford		2:39.42	593	33.30	1:13.22	2:01.80
9.	Amy PEMBERTON	16	Berkhamsted		2:43.48	552	32.04	1:14.14	2:06.39

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Rebecca BURTON	19	Co Peterboro		2:22.34	803	31.14	1:07.23	1:48.02
2.	Mollie ALLEN	19	Co Peterboro		2:24.77	769	29.72	1:05.42	1:49.80
3.	Laura COPPING	17	Hatfield		2:25.66	757	30.74	1:07.43	1:51.23
4.	Georgina CURTIS	17	C Beds SS		2:31.05	688	31.40	1:08.91	1:54.93
5.	Emily DOWDING	19	teamipswich		2:31.94	677	31.67	1:09.45	1:57.57
6.	Martha DULEY	18	Colchester		2:32.14	675	30.56	1:09.16	1:56.22
7.	Lauren GRICE	18	Leighton Buz		2:33.07	664	-	1:09.34	-
8.	Sophie BURNS	17	Watford SC		2:41.27	574	35.40	1:14.90	-



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Weekend One - Luton
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EVENT 323 Mens 100m Backstroke

Regional Records - Junior 58.37 Senior 54.78

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Jonathon ADAM	15	Co Cambridge		1:01.49	692	29.99
2.	Samuel PERKS	15	Basildon Ph		1:01.93	679	30.15
3.	James COOPER	15	Basildon Ph		1:02.44	664	30.45
4.	Manfred BATTLE	15	Stowmarket		1:02.94	650	30.62
5.	Liam BRENNAN	15	Basildon Ph		1:03.19	643	-
6.	Herbie KINDER	15	Co Peterboro		1:03.41	637	30.95
7.	Jack TREMAIN	15	Modernian		1:03.52	634	31.05
8.	Myles ROBINSON-YOUNG	15	Co Peterboro		1:05.16	590	30.65
9.	Edward CAMPFIELD	15	Harpenden		1:06.20	564	32.07
10.	Aidan HOWARD	15	Leiston		1:06.53	556	32.16
11.	Matthew ROTHWELL	15	Co Peterboro		1:06.84	549	32.49
12.	Tom WARD	15	Chelmsford		1:07.08	543	32.42
13.	Matthew ANDERSON	15	Deben		1:07.27	538	33.08
14.	Tanin KURSIDIM	15	Co St Albans		1:07.28	538	32.64
15.	Elliott LEDGER	15	March		1:07.36	536	32.58
16.	Oliver REEK	15	UEA Norwich		1:07.60	531	33.27
17.	Thomas SAUVARY-HINES	15	Basildon Ph		1:08.21	517	32.93
18.	Benjamin HARVEY	15	Basildon Ph		1:08.31	515	33.91
19.	Thomas CADENHEAD	15	Co St Albans		1:08.41	512	33.34
20.	Henry PEARCE	15	Co Peterboro		1:08.48	511	33.24
21.	Ben BLOWERS	15	UEA Norwich		1:08.99	500	33.18
22.	Glenn HARRISON	15	Hitchin		1:09.01	499	33.43
23.	Connor RODGERS	15	Putteridge		1:09.37	491	32.97
24.	Samrahn SANDHU	15	Harpenden		1:09.71	484	33.91
25.	Samuel WHEARTY	15	Colchester	9	1:42.40	117	49.99

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Thomas CLARE	16	teamipswich		1:00.83	712	29.92
2.	Joshua SMITH	16	DunmowAtlant		1:02.65	658	29.81
3.	Jack SANGSTER	16	Modernian		1:03.97	621	31.13
4.	Charles WHYTE	16	West Suffolk		1:03.99	621	31.01
5.	Daniel CHADA	16	Bishop Stort		1:04.18	616	30.72
6.	Lewis BAYLEY	16	Southend		1:04.40	610	31.25
7.	Samuel WORTLEY	16	West Suffolk		1:04.78	600	32.14
8.	George HART	16	C Beds SS		1:05.08	592	31.85
9.	John BOYLE	16	DunmowAtlant		1:05.68	577	31.35
10.	Matteo TONTODONATI	16	Bishop Stort		1:05.75	575	31.91
11.	Callum WOLLASTON	16	Cheshunt		1:06.50	557	32.13
12.	Thomas STANBURY	16	Potters Bar		1:06.58	555	31.83
13.	Jamie BRACKSTON	16	Hitchin		1:06.94	546	31.86
14.	Charles RENNIE	16	Braintree		1:07.14	541	32.19
15.	Matthew TATUM	16	Diss Otters		1:07.62	530	32.79
16.	Marcus KEMP	16	Watford SC		1:07.76	527	32.01
17.	Harrison LEES	16	Watford SC		1:07.97	522	33.64
18.	Samuel GAINES	16	Hemel Hemp		1:08.91	501	33.26
19.	James CHENNELLS	16	Berkhamsted		1:11.05	457	34.22

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50
1.	Oliver FITT	18	St Ives		58.10	802	27.95
2.	Jamie SCHOLDS	17	Co Peterboro		59.48	755	29.10
2.	Nathan WELLS	19	West Norfolk		59.48	755	29.62
4.	Ruben DEKKER	24	Co Cambridge		59.89	742	29.20
5.	Harry CONSTANTINE	17	Hatfield		1:00.34	728	29.36
6.	Samuel PEASE	18	Basildon Ph		1:00.36	727	29.32
7.	Matthew GRAY	17	Co Peterboro		1:00.58	720	29.33
8.	Charlie POND THOMPSON	24	Hatfield		1:00.99	707	29.80
9.	Ryan KELLY	18	Chelmsford		1:01.53	691	30.08
10.	Elliot WYLIE	18	Hatfield		1:01.82	682	30.09
11.	Joshua GAINES	19	Hemel Hemp		1:01.85	681	30.10
12.	Ben POGSON	25	West Norfolk		1:02.51	662	30.07
13.	Harry FOX	18	Basildon Ph		1:03.27	641	30.92
14.	Sam GAMBLE	18	Hitchin		1:03.30	640	30.62
15.	Reece NICHOLLS	17	Basildon Ph		1:03.36	638	30.78
16.	Lucas DYSON-DIAZ	17	Hatfield		1:03.55	633	30.58
17.	Tyler BERRY	17	Basildon Ph		1:03.89	624	30.63
18.	Myles TURNER	17	West Suffolk		1:04.77	600	31.82
19.	Thomas BOYT	18	Felixstowe		1:05.44	583	31.76
20.	Louis SPONG	18	DunmowAtlant		1:06.27	562	31.67
21.	Michael LARDNER	18	St Ives		1:06.50	557	31.36
22.	Louis HINES	20	Watford SC	14	1:13.74	406	36.36



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23.	Joshua WELLS	20	Gt Yarmouth	14	1:21.64	288	39.52
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Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Louis HINES	20	Watford SC	14	1:13.74	519	36.36
2.	Joshua WELLS	20	Gt Yarmouth	14	1:21.64	382	39.52
3.	Roan BRENNAN	11	Basildon Ph	9	1:35.58	269	46.11
4.	Samuel WHEARTY	15	Colchester	9	1:42.40	219	49.99



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Weekend One - Luton
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(Licensed Meet No. 1ER170219)

EVENT 324 Womens 100m Backstroke

Regional Records - Junior 1:02.75 Senior 1:02.75

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mia CARTER	15	Bishop Stort	1:07.22	731	32.23
2.	Lija RADZIUNAITE	15	Stowmarket	1:07.33	728	32.22
3.	Olivia NORMAN	15	Colchester	1:08.17	705	32.76
4.	Scarlett MORINE	15	Chelmsford	1:08.79	688	33.26
5.	Abbie LOW	15	Chelmsford	1:08.90	685	33.42
6.	Lara-Grace MOUNT	15	West Norfolk	1:09.00	682	33.51
7.	Maisie EASTER	15	UEA Norwich	1:09.02	682	32.26
8.	Lauren STOTT	15	Hatfield	1:09.38	672	33.78
9.	Emily JONES	15	Modernian	1:10.02	656	33.78
10.	Megan PYE	15	UEA Norwich	1:10.24	650	33.61
11.	Emma SHOOBERT	15	C Beds SS	1:10.56	642	34.58
12.	Amie PHILPOT	15	teamipswich	1:10.72	638	33.73
13.	Macy LAWRENCE	15	Basildon Ph	1:10.77	637	34.01
14.	Amber HILL	15	Linslade	1:11.13	628	34.61
15.	Rebecca WEST	15	Thurrock	1:11.21	626	34.74
16.	Francesca COLLINS	15	Chelmsford	1:11.40	621	34.28
17.	Amber JORDAN	15	Colchester	1:11.55	618	34.75
18.	Mackenzie WHYATT	15	Co Peterboro	1:11.69	614	34.38
19.	Ella TOLLIDAY	15	St Felix Sch	1:11.73	613	34.62
20.	Emily LUSH	15	Cheshunt	1:11.95	608	34.81
21.	Georgia PEASE	15	Basildon Ph	1:12.62	593	35.14
22.	Chloe MOLONEY	15	DunmowAtlant	1:12.65	592	34.89
23.	Abbie MCCARTHY	15	Colchester	1:12.68	591	34.66
24.	Freya LINES	15	St Felix Sch	1:12.98	584	35.05
25.	Tori WESTON	15	Co St Albans	1:13.01	584	35.27
26.	Hannah ADAMS	15	Co Cambridge	1:13.22	579	35.38
27.	Nicole CHANDLER	15	teamipswich	1:13.50	573	36.21
28.	Shona MCKENNA	15	Hemel Hemp	1:13.79	566	34.83
29.	Rachael JOHNSON	15	West Norfolk	1:13.86	565	35.98
30.	Annabelle KITCHING	15	Chelmsford	1:14.11	559	36.36
31.	Emily RAYDEN	15	Co St Albans	1:15.84	523	35.84

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Niamh JAMES	16	Bishop Stort	1:07.70	718	32.72
1.	Grace WYLIE	16	Hatfield	1:07.70	718	32.80
3.	Emma LESLIE	16	Co Peterboro	1:07.86	713	33.69
4.	Claire BURRELL	16	Harpenden	1:09.42	671	33.77
5.	Tilly ANEMA	16	Norwich Swan	1:10.02	656	34.46
6.	Bailey WILKES	16	Hatfield	1:11.33	623	34.94
7.	Phoebe HAYDEN	16	teamipswich	1:11.45	620	34.39
8.	Emily GREEN	16	Brentwood	1:11.60	617	34.91
9.	Agnes BURNS	16	Harpenden	1:12.55	594	35.41
10.	Josie PRETIOUS-WHITE	16	Bishop Stort	1:12.66	592	34.14
11.	Eleanor WHITE	16	Linslade	1:12.97	585	35.03
12.	Molly BRADLEY	16	Tring	1:13.16	580	35.12
13.	Martine TRAN	16	Thurrock	1:14.13	559	35.51

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mollie ALLEN	19	Co Peterboro	1:04.58	810	31.24
2.	Martha DULEY	18	Colchester	1:04.78	804	31.58
3.	Rebecca SHERWIN	17	teamipswich	1:05.05	796	31.43
4.	Rachel WELLINGS	17	Co Peterboro	1:05.86	771	32.14
5.	Amelia PEDDLE	17	Epping For't	1:06.08	764	31.88
6.	Georgina PRYOR	19	Harlow Pen	1:06.24	760	31.73
7.	Bethany SAUNDERS	18	Co Peterboro	1:06.36	756	32.17
8.	Meghan MAYBANKS	17	DunmowAtlant	1:06.58	750	31.92
9.	Lauren HALL	18	Co Cambridge	1:07.51	723	32.76
10.	Eleanor KING	17	Dunstable	1:09.30	674	33.60
11.	Francesca CROCKER	17	St Ives	1:10.81	636	33.81
12.	Hannah BRECKNELL	17	West Suffolk	1:11.08	629	34.25
13.	Sammy HUMPHREY	21	Leighton Buz	1:11.57	617	34.31
14.	Beatrice BARDER	18	Co St Albans	1:14.70	546	34.72



East Swimming

2017 Long Course Championships

(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing & to ASA Open Meet Licensing Criteria)



Weekend One - Luton

29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 325 Mens 200m Freestyle

Regional Records - Junior 1:52.79 Seni

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Reese HOUSDEN	15	Hatfield		1:57.81	756	27.34	58.24	1:28.56
2.	Jake MOXHAM	15	Co Cambridge		1:59.83	723	27.47	58.52	1:29.86
3.	Myles ROBINSON-YOUNG	15	Co Peterboro		2:00.14	718	28.09	58.51	1:30.24
4.	Harvey SKELLERN	15	Co Cambridge		2:02.76	678	28.87	1:00.47	1:32.26
5.	James COOPER	15	Basildon Ph		2:04.93	647	28.95	1:00.39	1:33.34
6.	Lewis MOORE	15	Deben		2:05.34	641	28.43	59.74	1:32.59
7.	Collins SALIBOKO	15	St Felix Sch		2:05.48	639	29.89	1:01.75	1:33.85
8.	Ayotobi LAGUDA	15	Hatfield		2:05.55	638	29.37	1:02.08	1:33.12
9.	Ben BLOWERS	15	UEA Norwich		2:05.94	632	28.49	1:00.49	1:33.70
10.	Henry PEARCE	15	Co Peterboro		2:06.00	632	28.82	1:00.21	1:33.11
11.	Elliott DAY	15	teamipswich		2:06.17	629	29.45	1:01.59	1:34.59
12.	Herbie KINDER	15	Co Peterboro		2:06.26	628	28.48	59.72	1:33.25
13.	Manfred BATTLE	15	Stowmarket		2:07.54	611	29.11	1:01.54	1:35.20
14.	Jude GOULD	15	Hitchin		2:07.71	608	28.44	1:00.59	1:33.83
15.	Thomas CADENHEAD	15	Co St Albans		2:08.43	599	29.78	1:02.48	1:35.78
16.	Ben PARADISE	15	Basildon Ph		2:09.91	580	30.00	1:03.01	1:37.14
17.	Ewan STURGEON	15	Chelmsford		2:10.58	571	29.51	1:02.78	1:38.09
18.	Matthew ROTHWELL	15	Co Peterboro		2:11.99	554	29.75	1:02.81	1:37.50
19.	Tanin KURSIDIM	15	Co St Albans		2:13.16	540	29.81	1:03.73	1:39.02

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Max JELFS	16	Hatfield		2:00.37	715	28.14	58.50	1:30.07
2.	Michael RIPPER	16	Co St Albans		2:03.03	674	27.89	58.84	1:30.88
3.	Thomas CLARE	16	teamipswich		2:03.11	673	27.90	58.02	1:30.57
4.	Jude LIDDARD	16	Co St Albans		2:03.19	672	27.91	59.05	1:31.41
5.	Jamie MCCAFFRAY	16	Modernian		2:03.94	661	29.01	1:00.19	1:32.40
6.	Ralph MUNCER	16	Co St Albans		2:04.44	654	28.44	1:00.26	1:32.83
7.	Jack SANGSTER	16	Modernian		2:06.12	630	28.97	1:00.46	1:33.85
8.	James CHENNELLS	16	Berkhamsted		2:07.03	618	28.52	1:00.76	1:34.77
9.	Callum WOLLASTON	16	Cheshunt		2:07.58	610	29.19	1:01.20	1:34.98
10.	Taylor BOWEN	16	West Suffolk		2:07.90	606	28.94	1:01.22	1:34.60
11.	Harrison LEES	16	Watford SC		2:08.42	599	30.10	1:01.97	1:35.83
12.	John BOYLE	16	DunmowAtlant		2:17.63	489	30.17	1:04.96	1:41.35

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Luke TURLEY	17	Hatfield		1:55.05	803	27.51	55.99	1:25.48
2.	Regan LLOYD	20	teamipswich		1:55.07	803	27.47	56.43	1:25.90
3.	Harry CONSTANTINE	17	Hatfield		1:56.23	783	26.99	56.65	1:27.28
4.	Conor HARROLD	24	Basildon Ph		1:56.78	773	27.36	57.05	1:27.13
5.	Daniel LEIGH	18	Co Peterboro		1:57.84	755	27.51	56.92	1:27.71
6.	Nathan WELLS	19	West Norfolk		1:58.08	751	27.46	56.93	1:27.23
7.	Jamie SCHOLES	17	Co Peterboro		1:58.67	742	27.55	57.84	1:28.48
8.	Erik SULLIVAN	23	Co Cambridge		1:59.81	723	27.94	57.78	1:29.07
9.	Max WILSON	17	Modernian		1:59.99	721	28.08	58.36	1:29.64
10.	Luke SUGDEN	18	Hatfield		2:00.49	713	-	58.23	-
11.	Stuart CLARKE	33	Bishop Stort		2:00.57	711	29.05	59.77	1:29.99
12.	Reece NICHOLLS	17	Basildon Ph		2:00.76	709	28.14	58.80	1:30.38
13.	Jake THOMAS-MANSFIELD	17	St Felix Sch		2:00.87	707	28.39	59.03	1:29.93
14.	Dominic SCIFO	18	teamipswich		2:01.16	702	27.17	57.62	1:29.56
15.	Bradley VEITCH	18	Bishop Stort		2:01.17	702	22.61	58.71	1:30.06
16.	Alex MASON	21	Team Luton		2:02.13	688	27.88	58.62	1:30.41
17.	Joseph WELLS	18	West Norfolk		2:02.14	687	28.12	58.63	1:30.70
18.	Joshua FOWLES	18	Witham Dolph		2:02.27	685	28.17	59.06	1:30.97
19.	Samuel COTTEE	17	teamipswich		2:02.32	685	27.82	58.25	-
20.	Harvey JOLLY	17	Basildon Ph		2:03.61	666	27.60	59.65	1:32.18
21.	Tyler BERRY	17	Basildon Ph		2:04.14	658	28.65	59.85	1:31.87
22.	Harry WHITEMAN	17	Co Peterboro		2:04.21	657	28.30	59.61	1:32.27
23.	Jack WEARS	18	C Beds SS		2:04.35	655	27.63	58.70	1:31.90
24.	Alex WALMSLEY	17	teamipswich		2:05.51	638	27.97	59.68	1:32.57
25.	Alex EVENS	18	Hitchin		2:06.36	627	20.04	59.05	1:32.82
26.	Myles TURNER	17	West Suffolk		2:06.87	620	-	1:01.03	-
27.	Louis HINES	20	Watford SC	14	2:11.46	560	29.67	1:03.31	1:38.80
28.	Callum HODGSON	17	Basildon Ph	14	2:23.57	430	32.40	1:08.20	1:46.73
29.	Joshua WELLS	20	Gt Yarmouth	14	2:24.64	420	31.95	1:09.94	1:48.07
30.	Mark EVENS	21	Hitchin	14	2:34.46	338	35.13	1:14.52	1:55.52

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Louis HINES	20	Watford SC	14	2:11.46	691	29.67	1:03.31	1:38.80
2.	Callum HODGSON	17	Basildon Ph	14	2:23.57	531	32.40	1:08.20	1:46.73
3.	Joshua WELLS	20	Gt Yarmouth	14	2:24.64	519	31.95	1:09.94	1:48.07
4.	Mark EVENS	21	Hitchin	14	2:34.46	426	35.13	1:14.52	1:55.52



East Swimming
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Weekend One - Luton
29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 326 Womens 200m Freestyle

Regional Records - Junior 2:02.50 Senior 2:00.85

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Abbie LOW	15	Chelmsford		2:09.60	758	29.77	1:02.48	1:36.89
2.	Charlotte WALKER	15	UEA Norwich		2:10.03	752	-	1:03.27	-
3.	Mia LEECH	15	Co Peterboro		2:10.14	750	30.54	1:03.93	1:37.42
4.	Tia WILSON	15	Modernian		2:11.18	735	-	1:03.18	-
5.	Mia CARTER	15	Bishop Stort		2:12.03	723	30.77	1:03.97	1:38.02
6.	Niamh PERRY	15	West Suffolk		2:12.49	716	30.58	1:04.17	1:38.30
7.	Erin LEE	15	Basildon Ph		2:12.63	714	30.91	1:04.99	1:39.08
8.	Tia GARDINER	15	Chelmsford		2:12.96	709	30.88	1:04.83	1:39.01
9.	Sarah CARROLL	15	Bishop Stort		2:13.31	704	31.77	1:04.82	1:39.08
10.	Mackenzie WHYATT	15	Co Peterboro		2:14.02	694	31.20	1:05.15	1:39.81
11.	Billie GRANT	15	Hatfield		2:14.71	685	30.97	1:05.13	1:40.42
12.	Ellie WHEELER	15	Basildon Ph		2:15.11	680	31.07	1:04.98	1:40.42
13.	India WESTON	15	Norfolk Vikg		2:15.21	678	31.82	1:06.31	1:41.19
14.	Katy CHAMBERS	15	St Felix Sch		2:15.28	677	30.63	1:04.38	1:39.75
15.	Natasha BENTLEY	15	Hatfield		2:15.82	670	31.92	1:06.89	1:41.93
16.	Rebecca WATT	15	DunmowAtlant		2:16.05	667	30.47	1:05.00	1:41.67
17.	Chloe MOLONEY	15	DunmowAtlant		2:16.84	657	-	1:06.12	-
18.	Amelia MONAGHAN	15	Co Peterboro		2:17.02	654	31.96	1:06.97	1:42.54
19.	Rebecca STROUD	15	Brentwood		2:17.92	643	31.61	1:06.58	1:43.00
20.	Lauren THOMAS	15	C Beds SS		2:18.65	633	31.17	1:06.69	1:42.76
21.	Lucy BAILEY	15	Rochford		2:19.89	618	31.10	1:05.83	1:42.76
22.	Jessica TURLEY	15	Hitchin		2:20.48	611	-	1:07.23	-
23.	Sophie PAYNE	15	Hatfield		2:20.71	608	33.20	1:09.51	1:45.37
24.	Mia FURSEDONNE	15	Basildon Ph		2:26.86	538	32.19	1:08.30	1:47.70

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Sonia TUMIOTTO	16	St Felix Sch		2:09.51	760	30.83	1:03.74	1:37.17
2.	Poppy RICHARDSON	16	Co Peterboro		2:10.49	745	30.67	1:03.74	1:37.60
3.	Alice FENDER	16	Hemel Hemp		2:14.79	684	30.10	1:03.45	1:39.00
4.	Isabelle MARSHALL	16	Basildon Ph		2:15.67	672	31.19	1:05.12	1:40.17
5.	Lauren WATT	16	Newmarket		2:16.05	667	30.99	1:05.06	1:40.19
6.	Lauren HARRISON	16	Co Peterboro		2:17.74	645	-	1:05.88	-
7.	Amy PEMBERTON	16	Berkhamsted		2:17.78	644	31.41	1:06.76	1:43.87
8.	Sophie TAYLOR	16	St Felix Sch		2:20.92	605	32.40	1:08.00	1:44.61

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts	50	100	150
1.	Rebecca SHERWIN	17	teamipswich		2:05.65	820	29.02	1:00.71	1:33.46
2.	Chantal SMITH	17	Team Luton		2:09.47	760	30.10	1:03.23	1:36.54
3.	Shannon STOTT	17	Hatfield		2:09.66	757	30.45	1:04.00	1:37.61
4.	Abigail WHITING	18	West Norfolk		2:10.06	751	30.66	1:03.80	1:37.09
5.	Millie EMMANS	18	Co Cambridge		2:10.09	751	30.48	1:03.40	1:37.25
6.	Molly OLLINGTON	19	West Suffolk		2:11.44	731	30.26	1:03.90	1:37.62
7.	Bethany SAUNDERS	18	Co Peterboro		2:11.60	729	30.20	1:03.06	1:36.72
8.	Katrin HEIDER	25	Co Cambridge		2:11.90	724	30.23	1:03.44	1:37.69
9.	Amy YOUNG	18	Bishop Stort		2:12.00	723	30.52	1:03.14	1:37.43
10.	Laura COPPING	17	Hatfield		2:12.28	719	30.70	1:03.71	1:38.21
11.	Jessica WESTLAKE	18	St Felix Sch		2:12.43	717	30.04	1:03.46	1:38.06
12.	Martha DULEY	18	Colchester		2:13.43	703	30.80	1:04.97	1:40.04
13.	Emily DOWDING	19	teamipswich		2:14.18	692	30.64	1:04.64	1:39.83
14.	Tegan WOLLASTON	18	Cheshunt		2:15.02	681	31.58	1:05.95	1:40.57
15.	Leanne CAREY	18	Watford SC		2:16.68	659	31.34	1:06.08	1:41.84
16.	Lauren GRICE	18	Leighton Buz		2:17.26	651	-	1:06.00	-
17.	Katie CONYERS	17	Potters Bar		2:17.89	643	30.97	1:06.14	1:42.41



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Weekend One - Luton
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(Licensed Meet No. 1ER170219)

EVENT 327 Mens 50m Butterfly

Regional Records - Junior 26.36 Senior 23.96

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jonathon ADAM	15	Co Cambridge	27.24	679
2.	Collins SALIBOKO	15	St Felix Sch	27.55	659
3.	Myles ROBINSON-YOUNG	15	Co Peterboro	27.69	650
4.	Manfred BATTLE	15	Stowmarket	27.79	643
4.	Jake MOXHAM	15	Co Cambridge	27.79	643
6.	Samuel PERKS	15	Basildon Ph	27.82	642
7.	Reese HOUSDEN	15	Hatfield	27.92	635
8.	Mason HUNNISETT	15	Basildon Ph	28.06	626
9.	Ayotobi LAGUDA	15	Hatfield	28.07	626
10.	Elliott DAY	15	teampswich	28.13	622
11.	James COOPER	15	Basildon Ph	28.14	622
12.	Ismail RAHIM	15	Berkhamsted	28.20	618
13.	Oliver REEK	15	UEA Norwich	28.50	600
14.	Angus HARROW	15	Harpenden	28.62	593
15.	Henry PEARCE	15	Co Peterboro	28.95	574
16.	Tolu ELESIN	15	Potters Bar	29.22	559
17.	Isaac BACHU	15	Diss Otters	29.61	538
18.	Yannik WILSON	15	Harpenden	29.72	532
19.	Harry GARNER	15	Lstof & OB	29.74	531
20.	Logan PYLE	15	West Suffolk	29.88	523
21.	Matthew ANDERSON	15	Deben	29.93	521
22.	Cameron DAY	15	Diss Otters	30.27	504
23.	Matthew ROTHWELL	15	Co Peterboro	30.42	496
24.	Jack TREMAIN	15	Modernian	30.54	490
25.	Luca CLARKE	15	West Suffolk	30.57	489
26.	Jude GOULD	15	Hitchin	30.58	488
27.	Connor RODGERS	15	Putteridge	30.67	484

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Matthew TITMAN	16	Co Cambridge	26.58	725
2.	Zachary PATEL	16	Berkhamsted	27.11	688
3.	Taylor BOWEN	16	West Suffolk	27.38	670
4.	Joshua SMITH	16	DunmowAtlant	27.54	660
5.	Thomas CLARE	16	teampswich	27.86	639
6.	Samuel BRYAN	16	Basildon Ph	27.92	635
7.	Evan THOMAS-MANSFIELD	16	West Suffolk	27.97	632
8.	James MCFARLAND	16	C Beds SS	28.27	614
9.	Michael SHARP	16	Epping For't	28.41	605
10.	William STEEL	16	Huntingdon	28.54	597
11.	James CHENNELLS	16	Berkhamsted	28.59	595
12.	Ralph DAVIES	16	Harlow Pen	28.61	593
13.	Nathan SWIFT	16	Putteridge	28.66	590
14.	Harrison LEES	16	Watford SC	28.70	588
15.	Charles WHYTE	16	West Suffolk	28.73	586
16.	Jude LIDDIARD	16	Co St Albans	28.79	583
17.	Jacob CLARKE	16	West Suffolk	28.86	579
18.	Andrei GARE	16	Southend	28.88	578
19.	Samuel GAINES	16	Hemel Hemp	28.99	571
20.	John TELENSKY	16	Harpenden	29.18	561
21.	Lewis CARROLL	16	Runnymede	29.26	556
22.	Kohei WATANABE	16	Hatfield	29.80	528
23.	Thomas ALLISON	16	Newmarket	30.02	516
24.	Joshua TRAPP	16	Hertford	30.58	488
25.	John BOYLE	16	DunmowAtlant	30.76	480



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17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Sonny TRIGG	22	teamipswich	26.26	748
2.	Benjamin GARRATT	17	Hatfield	26.46	734
3.	Lee BAKER	22	Harlow Pen	26.56	727
4.	Alec BURCHELL	19	Hitchin	26.62	722
5.	Dominic SCIFO	18	teamipswich	26.70	717
6.	Liam BARNETT	30	Co Cambridge	26.74	714
7.	David SHIPMAN	17	Potters Bar	26.76	712
8.	Jamie MCLAUGHLIN	20	DunmowAtlant	26.78	711
9.	Callum DAVIS	17	Bishop Stort	26.87	705
10.	Cameron MANLEY	18	C Beds SS	26.92	701
11.	Oliver PYLE	17	West Suffolk	26.94	700
12.	Charlie POND THOMPSON	24	Hatfield	26.96	698
13.	Calum FERGUSON	21	Co Cambridge	26.98	697
14.	Lucas DYSON-DIAZ	17	Hatfield	27.00	696
15.	Liam CURRAN	19	Putteridge	27.01	695
16.	Harry WEARS	20	Leighton Buz	27.12	687
17.	Oliver FITT	18	St Ives	27.14	686
18.	Ashley HOLNESS-WRIGHT	21	Watford SC	27.16	685
19.	Yasir NAIMI	17	Co Peterboro	27.17	684
20.	Callum CHAPPLE	21	Team Luton	27.19	683
21.	Harry JONES	17	Hitchin	27.22	681
22.	Liam HALL	21	Bushey	27.24	679
23.	James WOODWARD	17	Potters Bar	27.36	671
24.	James BLOUNT	17	Potters Bar	27.38	670
25.	Christopher MURPHY	21	C Beds SS	27.39	669
26.	Oliver NEWTON	18	West Norfolk	27.42	667
27.	Luke SUGDEN	18	Hatfield	27.46	665
28.	Adam MARTIN	17	Potters Bar	27.47	664
29.	Mason ARNOLD	20	Harlow Pen	27.66	652
30.	Jake THOMAS-MANSFIELD	17	St Felix Sch	27.68	650
31.	Joseph WELLS	18	West Norfolk	27.81	642
32.	Stuart CLARKE	33	Bishop Stort	27.86	639
33.	Thomas BOYT	18	Felixstowe	27.99	631
34.	Samuel PEASE	18	Basildon Ph	28.08	625
35.	Oliver KENNY	20	West Norfolk	28.12	623
36.	Daniel LEIGH	18	Co Peterboro	28.20	618
37.	Jack WEARS	18	C Beds SS	28.22	617
38.	Reece NICHOLLS	17	Basildon Ph	28.73	586
39.	Joshua BIBBY	20	Witham Dolph	28.99	571



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EVENT 328 Womens 50m Butterfly

Regional Records - Junior 27.84 Senior 27.50

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Megan PYE	15	UEA Norwich		29.40	731
2.	Amie PHILPOT	15	teamipswich		29.86	702
3.	Mia MASPERS	15	teamipswich		30.04	691
4.	Mia LEECH	15	Co Peterboro		30.18	682
5.	Madeline WRIGHT	15	UEA Norwich		30.37	671
6.	Lija RADZIUNAITE	15	Stowmarket		30.52	662
7.	Olivia NORMAN	15	Colchester		30.55	660
8.	Grace LEECH	15	Gt Yarmouth		30.68	653
9.	Morgan COATES	15	West Norfolk		30.75	649
10.	Nellie EASTLAND	15	Bishop Stort		30.77	647
11.	Macy LAWRENCE	15	Basildon Ph		30.78	647
12.	Emily JONES	15	Modernian		30.79	646
13.	Georgia PEASE	15	Basildon Ph		30.81	645
14.	India WESTON	15	Norfolk Vikg		30.88	641
15.	Scarlett MORINE	15	Chelmsford		31.15	626
16.	Lauren STOTT	15	Hatfield		31.18	624
17.	Keira FROSDICK	15	West Norfolk		31.25	620
18.	Abbie MCCARTHY	15	Colchester		31.32	616
19.	Ciara GILL-RYAN	15	Newmarket		31.33	616
20.	Tia GARDINER	15	Chelmsford		31.61	601
21.	Anna DUFFIELD	15	Gt Yarmouth		31.62	600
22.	Olivia SEAL	15	Hatfield		31.64	599
23.	Hannah SHARP	15	Modernian		31.72	595
24.	Lauren THOMAS	15	C Beds SS		31.73	594
25.	Amber JORDAN	15	Colchester		31.85	588
26.	Niamh PERRY	15	West Suffolk		31.91	585
27.	Katy CHAMBERS	15	St Felix Sch		31.92	584
28.	Lara-Grace MOUNT	15	West Norfolk		31.93	584
29.	Rebecca WEST	15	Thurrock		31.98	581
30.	Rachael JOHNSON	15	West Norfolk		32.00	580
31.	Zara KEEGAN	15	Co Cambridge		32.01	580
32.	Beth THOMAS	15	C Beds SS		32.14	573
33.	Nia JORDAN	15	Hatfield		32.19	571
34.	Francesca COLLINS	15	Chelmsford		32.22	569
35.	Mia NICHOLLS	15	Basildon Ph		32.23	569
36.	Emily LUSH	15	Cheshunt		32.25	567
37.	Larissa DEAN	15	Harpenden		32.37	561
38.	Chloe WOODRUFF	15	Tring		32.40	560
39.	Billie GRANT	15	Hatfield		32.44	558
40.	Rebecca STROUD	15	Brentwood		32.74	543
41.	Gemma BOOTH	15	Newmarket		33.03	529
42.	Mia FURSEDONNE	15	Basildon Ph		33.17	523
43.	Hannah ADAMS	15	Co Cambridge		33.25	519
44.	Sophie PAYNE	15	Hatfield		33.93	489

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Poppy RICHARDSON	16	Co Peterboro		29.43	729
2.	Josie PRETIOUS-WHITE	16	Bishop Stort		30.10	687
3.	Bryony PACK	16	West Norfolk		30.31	674
4.	Martine TRAN	16	Thurrock		30.37	671
5.	Celeste ANDREW	16	Harlow Pen		30.50	663
6.	Ellie-Mae SMITH	16	teamipswich		31.23	621
7.	Sonia TUMIOTTO	16	St Felix Sch		31.29	618
8.	Isabelle MARSHALL	16	Basildon Ph		31.39	613
9.	Niamh ADCOCK	16	UEA Norwich		31.60	601
10.	Ellen NORTHWOOD	16	Berkhamsted		31.80	591
11.	Lauren NELSON	16	Harlow Pen		31.82	590
12.	Emma LESLIE	16	Co Peterboro		32.84	538



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17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	GB Pts
1.	Mollie ALLEN	19	Co Peterboro		28.40	799
2.	Elinor DULEY	17	Colchester		28.48	794
3.	Rikke NAGELL-KLEVEN	22	UEA Norwich		28.76	774
4.	Georgina PRYOR	19	Harlow Pen		28.80	771
5.	Georgina TALLON	17	Potters Bar		28.87	767
6.	Rachel WELLINGS	17	Co Peterboro		28.93	763
7.	Martha DULEY	18	Colchester		29.04	755
8.	Shannon STOTT	17	Hatfield		29.26	741
9.	Rebecca BURTON	19	Co Peterboro		29.34	735
10.	Bethany SAUNDERS	18	Co Peterboro		29.44	729
11.	Emily DOWDING	19	teamipswich		29.48	726
12.	Molly OLLINGTON	19	West Suffolk		29.58	720
13.	Bethany SAMPHER	18	West Suffolk		29.86	702
14.	Meghan MAYBANKS	17	DunmowAtlant		29.99	694
15.	Georgina CURTIS	17	C Beds SS		30.10	687
16.	Amy YOUNG	18	Bishop Stort		30.31	674
17.	Tara COLEMAN	21	Deben		30.71	651
18.	Peyton EWBANK	17	Norwich Swan		30.91	639
19.	Lauren GRICE	18	Leighton Buz		31.06	631
20.	Eleanor KING	17	Dunstable		31.13	627
21.	Georgia HARROD	17	DunmowAtlant		31.20	623
22.	Abigail WHITING	18	West Norfolk		31.45	609
23.	Ceri HEARD	18	Watford SC		31.74	594
24.	Olivia HARRISON	17	Basildon Ph		31.76	593
25.	Faye HERMON	18	Felixstowe		31.94	583
26.	Beatrice BARDER	18	Co St Albans		32.28	566



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EVENT 331 FINAL OF EVENT 321 Mens 15 Yrs 200m IM

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Herbie KINDER	15	Co Peterboro	2:18.82	654	29.17	1:03.97	1:48.18
2.	Myles ROBINSON-YOUNG	15	Co Peterboro	2:19.11	650	28.60	1:05.00	1:50.22
3.	Liam BRENNAN	15	Basildon Ph	2:19.48	645	29.32	1:03.94	1:46.57
4.	Sam PERKINS	15	teamipswich	2:19.94	639	30.29	1:08.06	1:48.10
5.	Henry PEARCE	15	Co Peterboro	2:23.80	593	30.61	1:08.09	1:51.98
6.	Mason HUNNISETT	15	Basildon Ph	2:24.75	582	30.79	1:08.47	1:51.50
7.	Harvey SKELLERN	15	Co Cambridge	2:25.75	570	31.56	1:08.28	1:53.16
8.	Ayotobi LAGUDA	15	Hatfield	2:30.90	516	32.18	1:11.35	1:56.94

EVENT 332 FINAL OF EVENT 321 Mens 16 Yrs 200m IM

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Taylor BOWEN	16	West Suffolk	2:16.23	688	28.74	1:03.27	1:45.95
2.	James CHENNELLS	16	Berkhamsted	2:17.72	668	28.82	1:03.27	1:47.36
3.	Samuel BRYAN	16	Basildon Ph	2:20.37	634	29.05	1:07.16	1:47.35
4.	Cole JAMES	16	Hatfield	2:21.57	619	30.49	1:08.68	1:48.60
5.	James MCFARLAND	16	C Beds SS	2:23.24	599	-	1:07.90	1:50.30
6.	Samuel GAINES	16	Hemel Hemp	2:25.30	576	21.92	1:10.57	1:54.31
7.	Harrison LEES	16	Watford SC	2:25.73	571	30.19	1:09.03	1:53.86
8.	Zachary PATEL	16	Berkhamsted	2:28.32	542	30.53	1:09.85	1:54.85

EVENT 333 FINAL OF EVENT 321 Mens 17 Yrs/Over 200m IM

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Brandon NABARRO	20	Putteridge	2:07.10	823	28.70	1:01.12	1:36.40
2.	Nathan WELLS	19	West Norfolk	2:11.37	757	28.28	1:00.23	-
3.	James WOODWARD	17	Potters Bar	2:11.94	748	28.04	1:02.35	1:41.67
4.	Thomas WIGGINS	18	Co Peterboro	2:13.13	731	28.97	1:02.91	1:41.98
5.	Finlay RYAN	18	Norwich Swan	2:15.25	701	30.05	1:04.84	1:44.00
6.	Myles TURNER	17	West Suffolk	2:15.74	695	30.52	1:03.62	1:44.47
7.	Max WILSON	17	Modernian	2:19.33	647	-	1:05.68	-
8.	Samuel COTTEE	17	teamipswich	2:20.93	627	29.86	1:06.28	-

EVENT 334 FINAL OF EVENT 322 Womens 15 Yrs 200m IM

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Amelia MONAGHAN	15	Co Peterboro	2:23.39	788	32.38	1:09.72	1:49.28
2.	Ellie WHEELER	15	Basildon Ph	2:23.83	782	31.78	1:08.28	-
3.	Mia LEECH	15	Co Peterboro	2:29.15	711	31.88	1:09.78	1:53.62
4.	Keira FROSDICK	15	West Norfolk	2:30.52	694	33.40	1:13.30	1:56.41
5.	Olivia NORMAN	15	Colchester	2:30.63	693	-	1:08.92	1:56.64
6.	India WESTON	15	Norfolk Vikg	2:32.94	665	33.31	1:14.40	1:58.26
7.	Nicole CHANDLER	15	teamipswich	2:33.10	663	-	1:14.05	1:59.36
8.	Rachael JOHNSON	15	West Norfolk	2:36.23	627	33.19	1:13.65	1:52.17

EVENT 335 FINAL OF EVENT 322 Womens 16 Yrs 200m IM

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Celyn WALMSLEY	16	Team Luton	2:28.78	716	33.89	1:10.86	1:54.02
2.	Sophie TAYLOR	16	St Felix Sch	2:29.23	710	33.07	1:09.37	1:55.87
2.	Lauren WATT	16	Newmarket	2:29.23	710	-	1:11.46	1:55.90
4.	Lauren HARRISON	16	Co Peterboro	2:29.53	707	31.67	1:12.17	1:54.56
5.	Sonia TUMIOTTO	16	St Felix Sch	2:32.01	676	32.55	1:10.97	-
6.	Emily GREEN	16	Brentwood	2:36.16	628	34.08	1:11.59	1:59.56
7.	Amy PEMBERTON	16	Berkhamsted	2:38.29	605	34.30	1:14.56	2:03.97

EVENT 336 FINAL OF EVENT 322 Womens 17 Yrs/Over 200m IM

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Mollie ALLEN	19	Co Peterboro	2:20.59	828	29.41	1:03.93	1:48.38
2.	Rebecca BURTON	19	Co Peterboro	2:21.50	815	31.48	1:07.12	1:47.24
3.	Laura COPPING	17	Hatfield	2:27.47	733	32.06	1:08.78	1:52.79
4.	Georgina CURTIS	17	C Beds SS	2:31.09	687	31.75	1:09.13	1:55.90
5.	Lauren GRICE	18	Leighton Buz	2:32.83	666	-	1:10.38	-



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EVENT 337 FINAL OF EVENT 323 Mens 15 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Jonathon ADAM	15	Co Cambridge	1:00.19	732	29.34
2.	Samuel PERKS	15	Basildon Ph	1:02.24	670	30.07
3.	James COOPER	15	Basildon Ph	1:02.64	658	31.12
4.	Manfred BATTLE	15	Stowmarket	1:03.21	642	30.82
5.	Liam BRENNAN	15	Basildon Ph	1:03.70	629	31.02
6.	Jack TREMAIN	15	Modernian	1:03.84	625	31.42
7.	Herbie KINDER	15	Co Peterboro	1:05.45	583	31.51
8.	Edward CAMPFIELD	15	Harpenden	1:07.66	529	-

EVENT 338 FINAL OF EVENT 323 Mens 16 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Thomas CLARE	16	teamipswich	1:00.66	717	29.85
2.	Daniel CHADA	16	Bishop Stort	1:01.93	679	30.39
3.	Joshua SMITH	16	DunmowAtlant	1:02.78	654	30.19
4.	Jack SANGSTER	16	Modernian	1:03.59	632	31.15
4.	Charles WHYTE	16	West Suffolk	1:03.59	632	30.64
6.	Samuel WORTLEY	16	West Suffolk	1:04.21	615	31.31
7.	Lewis BAYLEY	16	Southend	1:05.90	571	31.66
8.	George HART	16	C Beds SS	1:07.64	530	32.63

EVENT 339 FINAL OF EVENT 323 Mens 17 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Oliver FITT	18	St Ives	58.36	793	28.81
2.	Ruben DEKKER	24	Co Cambridge	58.58	785	28.86
3.	Nathan WELLS	19	West Norfolk	58.63	784	28.92
4.	Jamie SCHOLLES	17	Co Peterboro	59.50	755	29.40
5.	Samuel PEASE	18	Basildon Ph	1:00.01	738	29.14
6.	Matthew GRAY	17	Co Peterboro	1:00.69	717	29.30
7.	Harry CONSTANTINE	17	Hatfield	1:00.72	716	-
8.	Charlie POND THOMPSON	24	Hatfield	1:01.36	696	29.88

EVENT 340 FINAL OF EVENT 324 Womens 15 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Lija RADZIUNAITE	15	Stowmarket	1:05.51	782	31.57
2.	Olivia NORMAN	15	Colchester	1:07.11	734	32.79
3.	Maisie EASTER	15	UEA Norwich	1:07.17	733	32.24
4.	Mia CARTER	15	Bishop Stort	1:07.59	721	32.12
5.	Lauren STOTT	15	Hatfield	1:08.16	705	33.21
6.	Lara-Grace MOUNT	15	West Norfolk	1:08.78	688	33.53
7.	Scarlett MORINE	15	Chelmsford	1:09.31	674	33.11
8.	Emily JONES	15	Modernian	1:10.07	654	33.43

EVENT 341 FINAL OF EVENT 324 Womens 16 Yrs 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Grace WYLIE	16	Hatfield	1:07.35	728	33.11
2.	Niamh JAMES	16	Bishop Stort	1:07.56	722	33.04
3.	Emma LESLIE	16	Co Peterboro	1:08.13	706	33.70
4.	Claire BURRELL	16	Harpenden	1:08.25	702	33.65
5.	Tilly ANEMA	16	Norwich Swan	1:09.49	669	33.82
6.	Phoebe HAYDEN	16	teamipswich	1:11.08	629	34.36
7.	Agnes BURNS	16	Harpenden	1:11.49	619	34.79
8.	Bailey WILKES	16	Hatfield	1:11.57	617	34.97

EVENT 342 FINAL OF EVENT 324 Womens 17 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	GB Pts	50
1.	Mollie ALLEN	19	Co Peterboro	1:03.50	845	30.79
2.	Martha DULEY	18	Colchester	1:03.85	834	31.32
3.	Rachel WELLINGS	17	Co Peterboro	1:04.93	799	31.64
4.	Bethany SAUNDERS	18	Co Peterboro	1:05.82	772	32.04
5.	Amelia PEDDLE	17	Epping For	1:06.47	753	32.14
6.	Meghan MAYBANKS	17	DunmowAtlant	1:06.93	740	32.12
7.	Georgina PRYOR	19	Harlow Pen	1:06.94	739	31.94
8.	Lauren HALL	18	Co Cambridge	1:07.50	723	32.57



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EVENT 343 FINAL OF EVENT 325 Mens 15 Yrs 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Reese HOUSDEN	15	Hatfield	1:57.01	769	27.22	57.75	1:27.65
2.	Myles ROBINSON-YOUNG	15	Co Peterboro	1:57.23	766	27.83	58.15	1:28.64
3.	Jake MOXHAM	15	Co Cambridge	1:59.16	734	27.47	57.83	1:29.09
4.	Ayotobi LAGUDA	15	Hatfield	2:03.50	667	28.66	1:00.43	1:17.63
5.	James COOPER	15	Basildon Ph	2:03.58	666	28.58	59.56	1:31.73
6.	Harvey SKELLERN	15	Co Cambridge	2:03.61	666	28.65	1:00.46	1:32.39
7.	Collins SALIBOKO	15	St Felix Sch	2:08.75	595	29.16	1:00.47	1:34.55

EVENT 344 FINAL OF EVENT 325 Mens 16 Yrs 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Thomas CLARE	16	teamipswich	1:58.87	739	28.47	58.80	1:28.79
2.	Max JELFS	16	Hatfield	2:00.29	716	27.91	57.80	1:28.94
3.	Jude LIDDIARD	16	Co St Albans	2:01.93	691	27.91	58.61	1:30.15
4.	Ralph MUNCER	16	Co St Albans	2:03.03	674	28.64	59.60	1:31.87
5.	Michael RIPPER	16	Co St Albans	2:03.04	674	27.80	58.73	1:30.80
6.	James CHENNELLS	16	Berkhamsted	2:03.08	673	28.25	59.65	1:31.59
7.	Jamie MCCAFFRAY	16	Modernian	2:03.54	667	29.26	1:00.45	1:32.48
8.	Jack SANGSTER	16	Modernian	2:06.41	626	29.59	1:01.09	1:33.85

EVENT 345 FINAL OF EVENT 325 Mens 17 Yrs/Over 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Luke TURLEY	17	Hatfield	1:52.15	856	27.31	55.91	1:24.56
2.	Regan LLOYD	20	teamipswich	1:54.00	822	26.97	55.94	1:24.89
3.	Harry CONSTANTINE	17	Hatfield	1:54.90	806	27.29	56.53	1:25.86
4.	Conor HARROLD	24	Basildon Ph	1:56.35	780	26.87	56.11	1:25.93
5.	Nathan WELLS	19	West Norfolk	1:58.06	752	27.25	57.10	1:27.70
6.	Jamie SCHOLLES	17	Co Peterboro	1:59.01	736	26.99	57.12	1:28.57
7.	Daniel LEIGH	18	Co Peterboro	1:59.15	734	27.28	57.00	1:28.24
8.	Erik SULLIVAN	23	Co Cambridge	2:00.45	713	27.74	57.73	1:29.03

EVENT 346 FINAL OF EVENT 326 Womens 15 Yrs 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Abbie LOW	15	Chelmsford	2:07.85	785	29.38	1:02.27	1:36.18
2.	Tia WILSON	15	Modernian	2:08.84	770	30.40	1:03.05	1:36.37
3.	Charlotte WALKER	15	UEA Norwich	2:09.03	767	29.62	1:02.10	1:36.09
4.	Erin LEE	15	Basildon Ph	2:13.59	700	31.38	1:05.18	1:39.94
5.	Niamh PERRY	15	West Suffolk	2:13.63	700	30.59	1:04.30	1:38.77
6.	Mia LEECH	15	Co Peterboro	2:13.68	699	30.78	1:04.09	1:39.20
7.	Tia GARDINER	15	Chelmsford	2:14.17	692	31.09	1:05.27	1:40.04
8.	Mia CARTER	15	Bishop Stort	2:18.50	635	31.68	1:06.17	1:42.61

EVENT 347 FINAL OF EVENT 326 Womens 16 Yrs 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Alice FENDER	16	Hemel Hemp	2:09.00	767	29.92	1:02.28	1:35.48
2.	Poppy RICHARDSON	16	Co Peterboro	2:09.66	757	30.35	1:03.45	1:37.36
3.	Sonia TUMIOTTO	16	St Felix Sch	2:09.79	755	30.88	1:03.68	1:37.46
4.	Isabelle MARSHALL	16	Basildon Ph	2:15.81	670	31.38	1:05.89	1:41.45
5.	Lauren HARRISON	16	Co Peterboro	2:18.84	631	31.28	1:06.75	1:43.12
6.	Lauren WATT	16	Newmarket	2:20.03	616	31.67	1:06.35	1:43.01
7.	Amy PEMBERTON	16	Berkhamsted	2:20.12	615	32.07	1:07.56	1:45.62
	Sophie TAYLOR	16	St Felix Sch	DNC				

EVENT 348 FINAL OF EVENT 326 Womens 17 Yrs/Over 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	GB Pts	50	100	150
1.	Rebecca SHERWIN	17	teamipswich	2:03.56	855	28.77	59.36	1:31.72
2.	Chantal SMITH	17	Team Luton	2:08.67	773	29.56	1:01.92	1:35.69
3.	Millie EMMANS	18	Co Cambridge	2:08.72	772	30.18	1:02.53	1:36.25
4.	Katrin HEIDER	25	Co Cambridge	2:09.86	754	15.58	1:03.54	1:36.82
5.	Shannon STOTT	17	Hatfield	2:10.18	750	30.08	1:02.25	1:36.25
6.	Bethany SAUNDERS	18	Co Peterboro	2:11.91	724	29.66	1:02.66	1:36.63
7.	Molly OLLINGTON	19	West Suffolk	2:12.55	715	30.20	1:04.38	1:38.35
8.	Abigail WHITING	18	West Norfolk	2:13.01	709	29.88	1:03.08	1:37.60



East Swimming
2017 Long Course Championships
*(Under IPC Swimming Rules, ASA Laws and Regulations, ASA Technical Rules of Racing
& to ASA Open Meet Licensing Criteria)*



Weekend One - Luton
29th, 30th April, & 1st May 2017
(Licensed Meet No. 1ER170219)

EVENT 349 FINAL OF EVENT 327 Mens 15 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Jonathon ADAM	15	Co Cambridge	27.15	685
2.	Samuel PERKS	15	Basildon Ph	27.20	682
3.	Myles ROBINSON-YOUNG	15	Co Peterboro	27.24	679
4.	Collins SALIBOKO	15	St Felix Sch	27.52	661
5.	Manfred BATTLE	15	Stowmarket	27.64	653
6.	Mason HUNNISETT	15	Basildon Ph	27.71	649
7.	Jake MOXHAM	15	Co Cambridge	28.02	629
8.	Reese HOUSDEN	15	Hatfield	28.06	626

EVENT 350 FINAL OF EVENT 327 Mens 16 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Matthew TITMAN	16	Co Cambridge	25.94	772
2.	Zachary PATEL	16	Berkhamsted	26.85	706
3.	Taylor BOWEN	16	West Suffolk	26.95	699
4.	Joshua SMITH	16	DunmowAtlant	27.11	688
5.	Thomas CLARE	16	teamipswich	27.40	669
6.	Samuel BRYAN	16	Basildon Ph	27.70	649
7.	James MCFARLAND	16	C Beds SS	28.40	606

EVENT 351 FINAL OF EVENT 327 Mens 17 Yrs/Over 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Benjamin GARRATT	17	Hatfield	26.13	758
2.	Sonny TRIGG	22	teamipswich	26.27	748
3.	Dominic SCIFO	18	teamipswich	26.53	729
4.	Lee BAKER	22	Harlow Pen	26.55	727
5.	Alec BURCHELL	19	Hitchin	26.65	720
6.	Liam BARNETT	30	Co Cambridge	26.75	713
7.	Jamie MCLAUGHLIN	20	DunmowAtlant	26.77	712
8.	David SHIPMAN	17	Potters Bar	26.87	705

EVENT 352 FINAL OF EVENT 328 Womens 15 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Amie PHILPOT	15	teamipswich	28.67	780
2.	Megan PYE	15	UEA Norwich	29.29	739
3.	Mia MASPERS	15	teamipswich	29.92	698
4.	Mia LEECH	15	Co Peterboro	30.10	687
5.	Grace LEECH	15	Gt Yarmouth	30.20	681
6.	Madeline WRIGHT	15	UEA Norwich	30.24	679
7.	Lija RADZIUNAITE	15	Stowmarket	30.33	673
8.	Olivia NORMAN	15	Colchester	30.84	643

EVENT 353 FINAL OF EVENT 328 Womens 16 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Poppy RICHARDSON	16	Co Peterboro	28.88	766
2.	Martine TRAN	16	Thurrock	29.95	696
3.	Celeste ANDREW	16	Harlow Pen	30.02	692
4.	Bryony PACK	16	West Norfolk	30.06	690
5.	Josie PRETIOUS-WHITE	16	Bishop Stort	30.34	673
6.	Ellie-Mae SMITH	16	teamipswich	30.86	642
7.	Ellen NORTHWOOD	16	Berkhamsted	31.15	626
8.	Isabelle MARSHALL	16	Basildon Ph	31.33	616

EVENT 354 FINAL OF EVENT 328 Womens 17 Yrs/Over 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	GB Pts
1.	Mollie ALLEN	19	Co Peterboro	27.94	833
2.	Elinor DULEY	17	Colchester	28.22	812
3.	Rikke NAGELL-KLEVEN	22	UEA Norwich	28.63	783
4.	Georgina PRYOR	19	Harlow Pen	28.75	775
5.	Martha DULEY	18	Colchester	29.00	758
6.	Rachel WELLINGS	17	Co Peterboro	29.02	757
7.	Georgina TALLON	17	Potters Bar	29.18	746
7.	Shannon STOTT	17	Hatfield	29.18	746