



GREAT YARMOUTH SWIMMING CLUB

Affiliated to Swim England East Region and Norfolk ASA

WINTER WIPEOUT 2023

Held under Swim England Laws and Regulations, the Swim England Technical Rules of Swimming and to the Swim England Open Meet Licensing Criteria

Level 3 License 3ER231744

Saturday 2nd/ Sunday 3rd December 2023

at UEA Sportspark, Norwich

Meet Conditions

1. The meet will take place at Norwich Sportspark on December 2nd and 3rd 2023 and is licensed by Swim England at Level 3 under License No. 3ER231744
2. The meet will be run in accordance with Swim England Regulations, Swim England Technical Rules of Swimming, and these conditions.
3. Competitors must be Club Compete members of an affiliated club, eligible to compete and registered in accordance with Swim England Regulations and Technical Rules and may enter in the name of one club only. Entries will only be accepted from competitors registered as members of Swim England, SASA or WASA or competitors from a country affiliated to FINA.
4. The promoter is Joanne Gordon on behalf of Great Yarmouth Swimming Club
5. The age groups for Female and Open/Male are 9, 10, 11, 12, 13, 14, 15 & over
6. Ages are as of 3rd December 2023
7. Medals will be awarded for 1st, 2nd, and 3rd place finishes in all events in the age categories above.
8. The pool is [25m], anti-wave devices will be in place and AOE will be used. A secondary strobe for the starting system is available
9. Heats will be swum as mixed age with swimmers seeded by entry times.
10. Over the top starts may be used at the referee's discretion.
11. Cut-off times are provided and entries with No Time will be accepted.
12. Valid entries (which must include payment) will be accepted in the order of receipt, that is: first come first served. Complete entries for each club are required together with a single cheque or electronic payment. Individual entries will only be accepted at the Promoter's discretion. [Late entries, day of meet entries and day of meet alterations will not be accepted, unless due to administrative error.]
13. Those swimmers in possession of a Swim England Certificate of Swimming Disability or those swimmers whose membership details record a disability Sport Class are welcome to enter the competition.

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14. Entry shall be by an Individual Entry Form. Where five or more competitors enter from the same club, entry shall be made using SPORTSYSTEMS Entry Manager and sending the Entry file to the Promoter. The Entry Manager software may be downloaded free of charge from the SPORTSYSTEMS website <http://www.sportsys.co.uk/entry/index.php> and the required Entry File for the meet will be available on request.
15. If electronic entries are not being made, entry forms should be emailed to gyscevents@gmail.com and a BACS payment made.
16. Entries together with entry fees must be received by the Promoter by October 20th, 2023.
17. The entry fee is £6.00 per event.
18. The Promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced programme. In the event that entries are rejected, fees will be refunded by a single payment to club in question.
19. Accepted and rejected entries will be emailed to clubs within 2 weeks of the closing date.
20. Swimmers must withdraw from events that they no longer wish to swim. Each club will be provided with a schedule of their accepted entries. Withdrawal may be made on the day, or can be e-mailed in advance, but must be made at least 45 minutes prior to the start of the first event in each session. Refunds are not available for withdrawals after the accepted entries have been posted, other than for medical reasons.
21. Coaches' passes will be issued at a cost of £10 per day or £20 per day including lunch. There will be no entry to poolside without a pass and passes must be worn at all times.
22. Warm up protocol: Each warm up session will be divided into four equal length sessions]. There is to be strictly no diving during warm-up, with the exception of designated sprint lanes. Odd lanes will swim clockwise and even lanes will swim anti-clockwise. Swimmers must leave the water by the side of the pool and not over the timing pads.
23. Results will be available online at www.gysc.org.uk/results/WinterWipeout2023, emailed to clubs after the competition and will be supplied to British Swimming for entry into the national rankings database.
24. Sportspark have a ban on the use of cameras, camera phones and image capturing devices in the pool, deck area, spectator gallery and changing rooms. Anyone not adhering to the policy may be asked to leave by Sportspark staff.
25. All Participants must observe the safety precautions in operation at the Sportspark. Neither the promoter nor Great Yarmouth Swimming Club will be responsible for any loss or damage occurred during the meet.
26. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
27. Entries will be made using Female/ Male competition categories, as these are the recognised categories at this time. You will notice a transition into the use of Female and Open/Male as the new competition categories following the launch of the Swim England Transgender and Non-binary Competition Policy on 1st September.
28. The Female Category is for birth sex females in accordance with Swim England's Transgender and non-Binary Competition policy. By entering the Female category, a swimmer confirms that their birth sex is female.
29. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Regulations and Technical Rules of Racing.

We are looking for help to run this competition, any official who can help please sign up via swim meet.

<https://swim-meet.com/officialsSignup/greatyarmouth/>

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Programme of Events

Saturday 2nd December 2023

Session 1-Warm up 8.15am			Session 2 - Warm up TBA		
Event Number	Sex	Event	Event Number	Sex	Event
101	Open/Male	400m IM	201	Female	400m IM
102	Female	200m Free	202	Open/Male	200m Back
103	Open/Male	100m Brst	203	Female	200m Brst
104	Female	100m Back	204	Open/Male	100m Fly
105	Open/Male	50m Back	205	Female	100m Free
106	Female	50m Brst	206	Open/Male	50m Free
107	Open/Male	200m Fly	207	Female	50m Fly
108	Female	200m IM	208	Open/Male	100m IM

Sunday 3rd December 2023

Session 1-Warm up 8.15am			Session 2 - Warm up TBA		
Event Number	Sex	Event	Event Number	Sex	Event
301	Female	400m Free	401	Open/Male	400m Free
302	Open/Male	200m Free	402	Female	200m Back
303	Female	100m Brst	403	Open/Male	200m Brst
304	Open/Male	100m Back	404	Female	100m Fly
305	Female	50m Back	405	Open/Male	100m Free
306	Open/Male	50m Fly	406	Female	50m Free
307	Female	200m Fly	407	Open/Male	50m Brst
308	Open/Male	200m IM	408	Female	100m IM

- Closing date for entries is Friday 20th October 2023
- Age as of 3rd December 2023
- Awards for top 3 places
- Age groups 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs/OV
- £6.00 per event

GREAT YARMOUTH SWIMMING CLUB

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Cut off Times

Open/Male Cut Off Times							Short Course Times	Female Cut Off Times						
9	10	11	12	13	14	15/OV	Event	9	10	11	12	13	14	15/OV
33.71	32.32	29.93	28.54	26.98	25.68	23.50	50m Free	30.63	29.91	29.17	28.45	27.77	26.55	26.28
01:12.60	01:09.40	01:06.00	01:02.70	00:59.30	00:56.00	00:52.00	100m Free	01:06.90	01:05.20	01:03.50	01:01.70	00:59.70	00:57.40	00:56.50
02:34.00	02:28.00	02:20.00	02:15.0	02:08.00	02:00.00	01:52.20	200m Free	02:23.70	02:20.20	02:16.70	02:13.20	02:08.50	02:04.40	02:02.70
05:18.10	05:08.10	04:59.10	04:42.20	04:31.40	04:18.80	04:06.20	400m Free	05:15.70	05:11.60	05:04.40	04:49.30	04:38.50	04:30.10	04:15.80
43.27	40.19	36.12	35.94	33.68	32.75	30.82	50m Breast	40.06	39.15	38.25	37.34	35.45	34.04	33.61
01:34.80	01:27.00	01:20.30	01:15.50	01:11.80	01:08.60	01:06.30	100m Breast	01:27.60	01:25.40	01:23.20	01:20.00	01:16.00	01:13.00	01:11.4
03:10.00	03:00.0	02:49.10	02:38.20	02:29.10	02:24.90	02:19.60	200m Breast	03:04.50	03:00.40	02:56.40	02:50.00	02:40.00	02:38.00	02:35.00
36.50	33.17	31.36	29.50	28.40	27.50	26.14	50m Fly	35.04	34.05	32.06	31.07	30.62	29.00	28.12
01:20.90	01:15.80	01:10.70	01:06.50	01:04.30	01:01.80	57.20	100m Fly	01:21.30	01:17.60	01:12.90	01:09.10	01:06.50	01:04.50	01:02.50
03:15.00	02:50.00	02:39.00	02:22.10	02:18.60	02:14.60	02:08.60	200m Fly	03:08.10	02:51.20	02:44.20	02:39.70	02:29.70	02:24.10	02:19.30
37.48	36.95	34.40	32.87	31.38	29.82	27.25	50m Back	35.01	34.20	33.39	32.59	31.45	30.65	30.15
01:21.40	01:18.00	01:14.60	01:11.20	01:07.40	01:04.20	01:00.0	100m Back	01:15.20	01:13.30	01:11.40	01:09.50	01:06.70	01:04.80	01:03.90
02:48.10	02:41.80	02:35.40	02:29.10	02:23.30	02:16.20	02:09.10	200m Back	02:36.40	02:33.30	02:30.30	02:27.30	02:23.70	02:21.20	02:18.20
01:24.00	01:20.00	01:14.00	01:06.00	01:00.00	00:55.00	00:54.00	100m IM	01:20.00	01:18.00	01:10.0	01:04.00	01:00.00	00:58.00	00:57.00
02:55.00	02:45.00	02:40.00	02:30.00	02:20.00	02:15.00	02:10.00	200m IM	02:45.00	02:40.00	02:35.00	02:30.00	02:27.00	02:21.00	02:19.00
06:15.00	06:00.00	05:30.00	05:10.00	04:50.00	04:40.00	04:30.00	400m IM	05:45.00	05:35.00	05:30.00	05:20.00	05:10.00	05:00.00	04:50.00

- Age as of the 3rd December 2023
- Swimmers may only enter the event if their time is SLOWER than the time listed above.
- Long Course converted times are acceptable. The conversion accepted is that built into the Sportsystems software.

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Individual Entry Form

First Name:		Surname:	
Club:			
Sex:			
E-Mail Address			
Phone Number		SE Registration Number:	
Event	Cost	Entry Time	
50m Free	£6.00		
100m Free	£6.00		
200m Free	£6.00		
400m Free	£6.00		
50m Back	£6.00		
100m Back	£6.00		
200m Back	£6.00		
50m Brst	£6.00		
100m Brst	£6.00		
200m Brst	£6.00		
50m Fly	£6.00		
100m Fly	£6.00		
200m Fly	£6.00		
100m IM	£6.00		
200m IM	£6.00		
400m IM	£6.00		
Total		£	
Admin Fee (GYSC Swimmers only)		+£5.00	
Total		£	

Closing date for entries is Friday 20th October 2023

**GREAT YARMOUTH SWIMMING CLUB
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CLUB SUMMARY FORM

Club		
Contact Name		
Email		
	Number	Total
NUMBER OF ENTRIES @£6.00 each		£
NUMBER OF COACH PASSES @£10.00 EACH PER DAY	SATURDAY = SUNDAY =	£
COACH PASSES WITH LUNCH @£20.00 EACH PER DAY	SATURDAY = SUNDAY =	£
Total		£

ONE PAYMENT PER CLUB ENTRY PLEASE (BACS PREFERRED)
Sort Code: 40-22-22 Account Number 00401315 Ref: WW23 and add your club name.
Cheques made payable to Great Yarmouth Swimming Club

Please list any dietary requirements for any of your coaches/team managers below

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Coach Pass Form

Coach passes must be applied for in advanced using the form below. All coaches and team managers must be Swim England members, have the relevant coaching/team manger qualification, a safeguarding certificate and DBS check that expires after the last day of the competition.

GYSC requests that clubs have sufficient coaches/chaperones on poolside to maintain a ratio of 1 per 10 swimmers in a session.

No persons shall be permitted poolside without a poolside pass unless they are a swimmer, official or part of the technical team.

Name	SE Membership No	DBS Number	DBS Expiry	Safeguarding Expiry

By submitting this form Swimming Club confirms that the individuals listed above have the relevant coaching/team manger qualification, a safeguarding certificate and DBS check that expires after the last day of the competition.